



# SEPTEMBER 2026

| Monday                                                                                        | Tuesday                                                                                                                 | Wednesday                                                                                              | Thursday                                                                                                    | Friday |
|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|--------|
| 8/31) <b>Pineapple Chicken</b><br>Roasted Veggies w/Feta<br>Wheat Roll<br>Milk and Fruit      | 1) <b>Stuffed Manicotti</b><br>Salad w/Balsamic Vinaigrette<br>Vanilla Ice Cream and<br>Cinnamon Apples                 | 2) <b>White Chicken Chili</b><br>Cornbread<br>Yogurt and Fruit                                         | 3) <b>Cheeseburger</b><br>Lettuce, Tomato, Onion & Pickle<br>Baked Sweet Potato<br>Yogurt and Fruit Compote |        |
| 7)<br><b>MOW</b><br><b>Closed for the Holiday</b>                                             | 8) <b>Harvest Chicken</b><br><b>Sweet Potato Bowl</b><br>Vanilla Ice Cream<br>and Berries                               | 9) <b>Lemon Dill White Fish</b><br>Brown Rice<br>Baked Sweet Potato<br>Green Beans<br>Yogurt and Fruit | 10) <b>Italian Sausage Linguine</b><br>Roasted Broccoli<br>Yogurt and Fruit                                 |        |
| 14) <b>“Corned” Beef and Cabbage</b><br>Salad w/Balsamic<br>Wheat Roll<br>Fruit and Milk      | 15) <b>Pasta Primavera</b><br>Wheat Roll<br>Vanilla Ice Cream<br>and fruit compote                                      | 16) <b>Grilled Chicken Sandwich</b><br>Butternut Squash<br>Yogurt and Fruit                            | 17) <b>Vegetable Quiche</b><br>Home Fries<br>Yogurt and Fruit                                               |        |
| 21) <b>Baked Chicken Parm</b><br>Whole Wheat Pasta<br>Side Salad w/Balsamic<br>Fruit and Milk | 22) <b>Shepherd’s Pie</b><br>Wheat Roll<br>Vanilla Ice Cream and<br>Cinnamon Apples                                     | 23) <b>Roasted Turkey w/Gravy</b><br>Mashed Sweet Potato<br>Green Bean Almondine<br>Yogurt and Fruit   | 24) <b>Butter Chicken</b><br>Rice<br>Sauteed Green Beans<br>Yogurt w/ Fruit compote                         |        |
| 28) <b>Baked Ziti</b><br>Salad w/Balsamic Vinaigrette<br>Fruit and Milk                       | 29) <b>Greek Salad w/Grilled Chicken</b><br>House Made Dressing<br>Wheat Roll<br>Vanilla Ice Cream<br>and Berry Crumble | 30) <b>Pizza</b><br>Salad w/Balsamic<br>Fruit Salad                                                    | 10/1) <b>Beef Chili &amp; Cheese</b><br>Side Salad w/balsamic vinaigrette<br>Cornbread<br>Yogurt and Fruit  |        |