

Gillian Wortley

Musician, Speaker, Teacher



About Gillian Wortley

MA, BEd, BA Hon

Gillian Wortley is the CERTIFY Lead at the Room 217 Foundation, an organization dedicated to care through music. An experienced educator, music teacher and choir director, Gillian transitioned from teaching in the UK and Ontario public school systems to training caregivers in how to use music as a relational, practical and meaningful tool in everyday care practice.

Through her leadership in the CERTIFY program, Gillian has built strong connections with caregivers in long-term care, hospice, adult day programs and school settings.

Gillian speaks and writes widely on the transformative role of music in care and is passionate about integrating wellness and music-based mindfulness strategies to support caregiver self-care.

Be inspired. Be informed.

Choose Your Format Keynote | Workshop

Gillian's Most Requested Topics

- **Music for Wellness** – How does music support wellbeing at any age? Learn a reflective 4-step process for music wellness.
- **Music for Self-Care** – How can music be a part of self-care practices? Learn simple strategies to support emotional regulation, reduce stress and promote wellbeing for caregivers.
- **Embedding Music in Caring Communities** – How can music become a more primary approach operationally? Learn about Room 217's integrated model of music care and the results in certified care organizations.
- **Music Care for the Classroom** – Why is music so powerful for learning and student wellness? Learn how music enhances brain development and supports mental health.
- **Navigating Grief with Music** – How can music help individuals deal with grief and loss? Learn musical strategies that support dignity, meaning-making, and hope.



Gill's workshop was so interesting. I would love to stay longer and learn more.



I loved creating this song. It was my whole life in a song. It felt great to sing it.

Speaking Highlights: Ontario Music Educators Association, Ontario Hospice Palliative Care, Retired Women Teachers of Ontario, Simcoe County District School Board, Various community events