

Bev Foster

Musician, Speaker, Teacher, Performer Founder - Room 217 Foundation



About Bev Foster MA, BEd, BMus, AMus, ARCT

Bev Foster is the Executive
Director of the Room 217
Foundation, a health arts
organization dedicated to
changing the culture of care
with music. She is an
experienced performer,
songwriter and music
educator. Bev is a
Community Research Fellow
of the Laurier Centre for
Music in Community.

Compelled by their own caregiving situation, Bev and her husband Rob founded the Room 217 Foundation in 2009. The impact of Room 217's work is felt by everyone in circles of care through designed tools, training and certification.

Bev speaks and writes extensively on the power of music, especially in complex care and life-limiting situations. Her passion for music enhancing quality of life and care is contagious!

Be inspired. Be informed.

Choose Your Format Keynote | Workshop | Concert

Bev's Most Requested Topics

- Music for Life's Journey What is so special about music and it's connection to our life? Learn why music matters in care.
- Sounds of Music in Palliative Care Why is music so
 powerful at the end of our lives? Learn how music meets and
 supports us in our final days.
- Music, Memory and Meaning Why does music trigger memories? Learn how music is a brain-nourishing activity as we age and especially in dementia care.
- **Music and Caregiving** What makes music an ideal way to care for others and myself? Learn why music works as care and simple strategies to use today.
- Embedding Music in Caring Communities How can music become a more primary approach operationally? Learn about Room 217's integrated model of music care and the results in certified care organizations.



Every conference needs a session like this one! Informative and healing.



I could have listened to Bev for another hour. She's a wealth of hope and care.

Speaking Highlights: Canadian Hospice Palliative Care, Ontario Hospice Palliative Care, NB Palliative Care, International Hospice Palliative Care, BC Care Providers, Alberta Continuing, Ontario Long Term Care, NB Assoc of Nursing Homes, UK Power of Music Conference, International Parish Nursing, Canadian Association of Gerontology, Various community events