



Bev Lewis - SOLANA
Soul & Ascension Midwife, Coach, Mentor & Guide

Attunement Catalogue



Usui Reiki Attunements
(In person only)

Reiki Modality Attunements for existing
Usui Level 1, 2 and Master Practitioners.

Angelic/Celestial Attunements

Energy Healing System Attunements
(do not require prior Reiki Attunement.)

All attunements come with:
PDF format manual/workbooks
Printed or emailed certificates
Personal mentoring/support via email/text

SOLANA Attunements Catalogue

Welcome to SOLANA

Hello and welcome to Solana. My name is Bev Lewis - I am a Celestial Soul and Ascension Midwife, Spiritual Coach, Mentor and Guide practicing spiritual and holistic healing, guidance and teachings, aimed at assisting in lifting the vibration and frequency of your unique soul self. In doing this, we both contribute to the ascension process of our Mother Earth, Gaia, as well as that of all human consciousness. This, in turn, influences and affects the journey of all conscious expressions on their Journey to One, it may be in our wonderful universe. As a Usui Reiki Master Teacher I am registered with the Reiki Guild. I am also attuned to and able to pass on many other Reiki Healing Modalities, Energy and Angelic Healing Systems and I am blessed to be able to channel healing and teaching materials directly from my celestial and extra celestial team in spirit.

Here you will find a wonderful and wide range of energy based healing systems that you will be able to use for healing and guidance for yourself and for friends and family, clients and students of your own. All will give you personal and spiritual growth, many are specifically for that purpose. All are received via distance attunement and come with full, ongoing email support.

I am also in the process of creating distance learning packages for many of the attunements or systems you will find here, for those of you who wish to be more closely guided and supported in your learning and your journey. These will include worksheets that will help you log your development and your understanding, feedback logs for your evidence in practice and will be supported by ongoing email support as always.

You will see that each attunement comes at an affordable fee with many of the systems listed here are price fixed at what they were a decade ago. It is my hope that this will make them accessible to anyone and everyone seeking personal and spiritual development. In asking for a fee, I am not asking you to pay for the energy you will receive, the system you will be able to use or even the manual that has been produced to support and guide you (unless you require a printed manual which does carry an additional fee of £5 towards materials and postage). The fee charged for each attunement contributes to my time taken in attuning you, guiding you through the process and providing help with any questions you have, healings you may need and ongoing support on your personal journey.

I have been performing distant and in person healing and attunements for over 15 years now and have often been amazed at the effects and benefits that energy healing has on my clients, my students, family and friends – and of course on myself! The Golden Rule with all holistic healing is that all healing starts and ends with Self. So, when receiving these attunements, know that first and foremost, their energy is for you and your personal and spiritual development.

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Attunement Packages

If you wish to learn several different modalities, I offer attunement packages which offer considerable savings on individual purchase prices. The packages are listed at the end of this catalogue.

How to purchase and book an attunement

If you would like to receive any attunement from me you can contact me directly by email at bev@solana.co.uk with the name (s) of the healing modality that you would like to receive and how you would like to pay. Payment can be made online via Paypal, by cheque/postal order, BACs transfer or by cash payment if you are able to see me personally. My email address for Paypal payments is bev@solana.co.uk - just remember to send a note letting me know which attunement(s) you require.

I send attunements out usually by appointment, where we establish a convenient date and time for me to send and for you to receive your attunement. I am also able to offer the 'call in' method if that is more convenient, where I send out the intention for you to receive your attunement when you are able to receive it and you then receive when able. Both attunement methods work equally well and are as effective as in person attunements.

I also like to know a little bit about the people I am working with and sending attunements to, so please don't be shy – share a little of yourself with me! Most of the Reiki modality attunements have a prerequisite of Usui Reiki attunement to varying Degrees and some require a Karuna based attunement. Also and as your teacher and guide, it's nice for me to know where you are on your journey and how you got there! ☺



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Preparing to receive the energies.

Ensure your environment is secure while your attention is drawn away during your healing experience and please take care if lighting candles to assist you in relaxing and creating your healing space.

If a situation does arise during your meditation that requires your full attention, you will become fully aware and will be able to deal with it calmly and efficiently.

Begin by finding a time when you will not be disturbed and you will be able to gain maximum benefit from your experience. Prepare your healing space. If you like, light some candles, burn some relaxing essential oil or incense and bring together any comforting objects, pictures, plants or other talisman.

Sit or lie with your spine straight and begin by focusing on the breath.

Take in a deep, full breath through your nose, deep into your body...then gently allow it to escape from your body in its own time.

Simply let it go. Repeat with a second deep breath and again, gently let it go.

Allow your breathing to find its own natural rhythm and go with it.

Breathe in...breathe out... and as you focus on your breath, allow all other thoughts and feelings that may come to your attention to simply drift by, like clouds on a summer sky. Let them go..... let them float on by... and focus on your breathing, on the rhythm of life itself.

Each breath into your body is warmed by a golden sun, bringing healing energies, warmth, protection and comfort to you.

Each out breath allows you to relax and let go... a little at a time... one breath at a time...

Each breath in brings healing, love and light...each out breath releases tension...stress...and worry...

Each breath in brings peace, relaxation and contentment...each out breath allows you to relax and let go...

Be aware of your breath giving back to the Universe your unnecessary burdens... notice them float away on the waiting breeze...

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You are relaxed... calm... and open receiving your attunement and the healing journey it brings...

Your attunement will be received here... Most attunements run for about 20 – 30 minutes, but some will last longer. Please take your time when receiving an attunement to fully benefit from the energies and experience.

When your attunement is complete, you will automatically become distracted or otherwise awake...

take some deep, cleansing breaths and you begin to focus on your breathing...each breath in brings you more awake and aware...aware of your body... your thoughts and your feelings...

Each breath in brings your awareness back to your physical self...your energies are grounded back into your body...

You become aware of the room and your surroundings...as your guardian angel leads you back to the room...safe and protected, empowered and confident...

As you become fully aware of your thoughts and feelings, your body and your surroundings, thank your guides and Angels for their guidance and support today...

and thank the energies we have been working with for sharing their healing gifts with you today.

When you are ready... take a nice full, deep breath into your body...slowly let it go...and open your eyes!

Have a nice big stretch and walk around!

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After receiving your attunement energies.

Please drink lots of water during the 12-24 hours following an attunement as this will aid in any detox/clearing effects which can take place. These can range from cold/flu symptoms to an upset stomach but they will only last for a few days maximum.

If for any reason you also feel a little giddy and light headed after an attunement ground yourself by connecting strongly to Mother Earth, either by picturing roots flowing from your feet deep into the earth or a column of coloured light flowing through your energy body and deep into the Earth - asking for grounding to take place. It might also help to breathe deeply, have a drink or eat something light and easy on the digestive system.



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Attunements Index and Fees

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P2/3	Welcome – How to purchase and book attunements		
P4.	Preparing to receive your attunements		
P6.	After receiving your attunement energies		
P9.	<u>Usui Reiki</u>		
P10.	Usui Reiki First Degree	£95	n/a
P10.	Usui Reiki Second Degree	£125	n/a
P11.	Combined First & Second Degree	£185	n/a
P11.	Usui Reiki Masters	£175	n/a
P11.	Usui Reiki Teacher	£350	n/a
P12.	Combined Reiki Master/teacher	£400	n/a
P14	<u>Angelic System Attunements</u>		
P15.	Angel Light Initiation		£10
P16.	Angel Reiki System – 3 Attunements		£25
P17.	Atlantian Crystal Angels – incl Atlantian Light Temple		£15
P18.	Archangelic Seichim Reiki		£15
P19.	Colours of Angels		£10
P20.	Sapphires of Angels		£10
P21.	Light of Archangels Empowerment		£10
P22.	The Key of Archangel Raziel		£10
P65.	Solana Angelic Attunements Package		£75
P23.	<u>Specialist Reiki Modality Attunements</u>		
P24.	Angel Reiki – for existing Usui Reiki Masters		£10
P25.	Archangelic Seichim Reiki		£15
P26.	Celtic Reiki –levels 1, 2, 3 – per Degree		£10
P26.	Celtic Reiki Master – all 3 Degrees		£25
P26.	Celtic Reiki Package, all 3 Degrees plus CD		£30
P27.	Crystal Reiki		£10
P28.	Ethereal Crystals Reiki 1-9		£10
P29.	Ethereal Crystals Reiki 10 -12		£10
P30.	Ethereal Crystals Reiki Healing Package, incl CD		£30
P31.	Imara Reiki		£10
P32.	Karuna Ki Reiki		£10
P33.	Kundalini Reiki I, II, III – per Degree		£10
P33.	Kundalini Reiki Master – all 3 Degrees		£25
P33.	Kundalini Reiki Boosters – 6 Attunements		£15
P33.	Kundalini Reiki Package, All 3 Degrees and Boosters		£30
P34.	Moon Reiki		£10
P35.	Silver Violet and Gold Flame		£10
P36.	White Dove Reiki		£10
P65.	Solana Reiki Modalities Attunements Package		£125

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P37. Energy Healing Attunements/Systems

P38.	Akashic Records	£10
P39.	Atlantean & Gaian Trilogy – individual attunements	£10
P40.	Atlantean & Gaian Trilogy Complete - all 3 levels	£25
P41.	Golden Triangle Healing System	£15
P42.	Lemurian Facilitator	£10
P42.	Lemurian Seed Crystals 1 and 2	£15
P42.	Lemurian Seed Crystals 4 and 5	£25
P42.	New Lemurian Energies	£25
P43.	Lemurian Energy Healing System Complete	£60
P44.	Orb of Life	£10
P45.	Pleiadian DNA Clearing and Activation	£60
P46.	Rainbow Orb Empowerment	£10
P47.	Rainbow Healing System Level 1	£10
P47.	Rainbow Healing System Level 2 – Rainbow Dove	£10
P48.	Unicorn Healing System	£15
P49.	White Light Healing System - each Level (4)	£25
P50.	White Light Healing System Complete	£60
P65.	Solana Energy Systems Attunements Package	£225

P51. Children's Systems

P52.	Angel Reiki for Children	£10
P52.	Children's Angelic Light	£25
P53.	Indigo Children's Light	£15
P53.	Crystal Children's Light	£15
P53.	Rainbow Children's Light	£15
P54.	Indigo, Crystal and Rainbow Children's Light Trilogy	£35
P63.	Solana Children's Energies Attunements Package	£45

P55. Earth, Elemental and Native American

P56.	Energy and Magic of the Fairies	£10
P57.	Fairy Lightworker's Programme	£60
P59.	Magickal Lightworker's Programme	£60
P61.	One Spirit Healing System	£25
P62.	Sacred Breath Healing System	£25
P63.	Complete System Packages	
P64.	Mix and Match Combination Packages	
P65.	Complete Section or ALL Attunements Packages	

Usui Reiki



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Usui Reiki First Degree

There are 4 initiations to the First Degree of Reiki, one to the heart, one to the hands and one to the top of the head chakra, with each one only taking a couple of minutes. Each one opens the student on a deeper level and enables them to channel healing energies through their hands. The fourth and final initiation closes the initiation process. It's quite normal for one of the initiations to feel stronger or more powerful than the others.

No previous experience of Reiki is required although clients who have benefited from receiving Reiki healing treatments in the past often choose to be initiated themselves, so that they can give self-treatments.

You will receive 4 Reiki Attunement ceremonies during the course of our day together, which cleanse your chakras, open and strengthen your healing gift and personal energies.

You will also learn the background of Mikao Usui.
Learn the Five Reiki Principles behind Usui Reiki.
Gain an understanding of the Human Energy system.
Learn cleansing, grounding & energy protection procedures.
Practice the Usui Meditation and learn self-healing methods.

This is a one day, in person course, with ongoing support via email or telephone. Further in person meetings can be arranged if and as appropriate/required.

You will be issued with a Certificate on completion of your day.

Usui Reiki Second Degree

There are a further 3 initiations for Second Degree Reiki which strengthen your existing First Degree Reiki connection and channel 3 Reiki symbols into the aura and chakras of the recipient. You will learn the 3 Reiki symbols and how to say, draw and use them for healing of self and of others and for distance healing.

You will need to have received your First Degree Reiki attunements before receiving Second Degree. If you have received your First Degree Attunements from a different Usui Reiki Master, I will be glad to continue you on your Reiki journey, but I will need to see your previous attunement manual or otherwise check your present understanding, in order to ensure continuity of learning.

You will receive 3 further Reiki Attunement ceremonies which further increase your connection to the Reiki energy.

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Learn use of and practice drawing the three Reiki healing symbols.
Be shown optional hand positions and methods of treatment on others
Introduce the use of crystals with Reiki.
Send distant healing to loved ones using the distant healing symbol.
Discuss Practitioner Requirements, Ethics and Code of Conduct and Insurance.
You will be required to complete some Evidence in Practice before being issued with your Usui Reiki Second Degree Certificate.

At present, this is a two day, in person course to allow for more practical experience and direct teaching support. However, if you are unable to take two days, I can arrange to condense the course into one long training day.

Combined Usui Reiki First and Second Degree

Combine the learning experiences of First and Second Degree in a three day experiential training course. You will be required to complete some Evidence in Practice before being issued with your Usui Reiki Second Degree Certificate.

This is an energy intensive training package and as such you are offered a third day of training in order to spread the teachings and offer practical experience time without rushing the curriculum. You will also have ongoing support via email, message or telephone. Further in person meetings can be arranged if and as appropriate/required and you will be issued with a Certificate on completion of your First Degree element (first day) and will be issued with a Practitioner certificate after completion of your Evidence in Practice.

Usui Reiki Master Degree

In this Usui Reiki Master Degree you will receive one final attunement to the Master Symbol and will learn how to say, draw and use this symbol for the healing and improvement of self and for the healing of others. You will also learn Japanese Reiki techniques and further explore spiritual development with Reiki.

You will need to have received your First and Second Degree Reiki attunements before receiving the Master Degree. If you have received your First and or Second Degree Attunements from a different Usui Reiki Master, I will be glad to continue you on your Reiki journey, but I will need to see your previous attunement manuals or otherwise check your present understanding, in order to ensure continuity of learning.

This Master Degree does not cover the teaching of attunement ceremonies.

You will be re-attuned to your present Reiki energies and symbols
Receive a further attunement ceremony to channel the Master Symbol
Learn Japanese Reiki initiation and empowerment ceremonies

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Learn how to give powerful Master Healing Attunements
Any additional learning needs will be met

At present, this is a one day, in person course, but if you feel it would be more beneficial, I can arrange to spread the course over 2 days to allow for more practical experience and direct teaching support.

You will be issued with a certificate at the end of the day.

Usui Reiki Teacher Degree

You will be re-attuned to your present level of Reiki energies and symbols and will then receive the Reiki Master/Teacher Attunement.

You will learn go on to learn how to perform and will gain practical experience in giving First, Second and Master Degree Attunement Ceremonies.

You will also be advised on lesson planning and structure, suggested teaching aims and objectives for each Reiki Degree and ways to teach to an adult student group. We will discuss the importance of continued learning and updating of professional considerations for your own Reiki Practice and for the guidance of students.

This can be a one day, in person course, but if you feel it would be more beneficial, I can arrange to spread the course over 2 days to allow for more practical experience and direct teaching support.

I also offer a period of mentorship and support if either you or I feel that it would be beneficial to you, guided by your own confidence and circumstances, where you can observe and ultimately participate in the teaching of the various degrees as your confidence grows. You will be issued with a certificate at the end of your day. Payment for this course can be by instalments, with certification once final and full payment has been received. This may be especially suitable when undertaking mentorship, has obvious benefits and is undertaken in an environment of mutual trust and respect.

Combined Usui Reiki Master Teacher Degree

In some circumstances it may be possible to combine Levels 3 and 4, the Reiki Master and Teacher Degrees. Reiki is a personal journey and for some, it may be more appropriate to learn these two stages together.

The course content is the same as when taken individually and will be tailored to your personal teaching needs. Please contact me for more details.

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Payment for this course can be by instalments, with certification once final and full payment has been received. This may be especially suitable when undertaking mentorship, has obvious benefits, and is undertaken in an environment of mutual trust and respect.



Angel Attunements



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Angel Light Initiation

If you have a desire to walk with your angels then this is for you. Angels have never existed on the earth plane as they are of a higher vibrational consciousness. They bare gifts of pure love & light.

Included is a preparation exercise, a simple Invocation method and 4 initiations which are sent to you as one attunement. The initiations are as below.

The Third Eye Initiation - Although there are different variations of Third Eye Initiations which have been passed down in various beliefs such as Wiccan, Buddhism, Tibetan teachings, we will use the mandala which originated in Eastern religions. It is circular and represents the Universe and wholeness. The mandala has been used by many to align themselves to the Angels.

Upper Astral Crown Initiation - helping you to open up a clear channel to the Angels to help you to accept messages and healing directly.

The Heart Initiation - helps to open the heart chakra, which is important when working with any type of healing energy. This Initiation plants a seed but it is up to you to work with and develop the energy through meditation and practice.

Angel Initiation - These Initiations aim to connect you directly a spiritual presence or a new guide or angel guide. It is the final attunement in the set and the most important. You are open and you are ready. This initiation is for channelling healing, receiving guidance and forming a connection to celestial beings. It is usual to feel waves of pure love and energy washing over you as the Angels make themselves known.

Please note that Angel Light Initiation is not connected with the Lightarian Institute AngelLinks TM

This package includes:

- One Attunement which incorporates all 4 Initiations.
- A Manual
- A Printed Certificate.

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Angel Reiki

Angel Reiki attunements combine the healing qualities of Reiki with that of four primary Archangels - Archangel Raphael, Archangel Gabriel, Archangel Michael and Archangel Uriel. You may also call in other angels as you wish. The Archangels are incorporated into the Reiki attunements and then they are called on and requested to assist in the healing. You can use the traditional hand positions taught in Usui Reiki or you can ask the angels to guide your hands to the appropriate positions.

Angel Reiki learned as a stand-alone system will require no previous experience of or attunement to Usui Reiki. You will receive three separate attunements to First, Second and Master Degree, but these do not constitute attunement to Usui Reiki and you may not call yourself a Usui Reiki Master, only Angel Reiki Master. Usui Reiki requires more in depth information and in person attunements from a registered Usui Reiki Master Teacher.

Once you are attuned to Angel Reiki, you will be able to heal yourself and others using this system. You will also be able to pass this attunement on to others once you have received your Master attunement.

This package includes:

- Three separate attunements or one to Master Level for Usui Masters
- A Manual
- A Printed Certificate.

Atlantian Crystal Angels

This attunement helps you to work with the Angels of Atlantis who hold the knowledge and wisdom of this great civilisation and the Atlantian Crystals. Working with the Atlantian Angels and their ethereal crystal energies will help you to open up to their consciousness which will help to raise your vibrations to much higher levels than you have known before. It will also help assist with your personal journey of transformation. The manual contains a lot of wonderful information and the energies are truly beautiful to receive and work with.

You will also receive a connection and separate manual for the Atlantic Light Temple, where you can journey in meditation to receive healing and connection with the Atlantian Angels. You will also receive a printable Atlantian Power Symbol which can be used as a bracelet or talisman.

You will receive:

- Two Distance Attunements
- Two Manuals
- Printable Atlantis Power Symbol
- Two Printed Certificates

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Archangelic Seichim Reiki

Prerequisites - Seichim or Usui Reiki Master

This system works with the energies of both Seichim and the Archangels.

It is easy to use, just call in the energies of Archangelic Seichim Reiki and the healing will start

When the attunement begins we will work with Archangel Shekinah, the angel of unity and unconditional love and Archangel Metatron who is the angel of thought and responsible for supervising the Akashic Records. They will both help to balance both the energies for the client.

This is a Master/Teacher attunement and you are taught in the manual how to pass the attunement onto others.

This package includes:

- One Attunement to Master Level
- A Manual
- A Printed certificate

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Colours of Angels Attunement

The Colours of Angels energy system offers 7 connections with 7 Archangels and their specific rays. These 7 connections are offered in one distance attunement that will connect you to each Archangel. You will then be able to call upon any or all of these archangels, whenever you wish. Angels never leave or ignore you and will listen to you whatever the time of day or night. The seven archangels and rays are as follows:

Archangel Michael who serves in the first ray, which is the Blue Ray and the Ray of Protection and Power.

Archangel Jophiel who serves on the Second or Yellow Ray, which is the Ray of Illumination and Wisdom.

Archangel Chamuel who serves on the Third or Pink Ray, which is the Ray of Love.

Archangel Gabriel who serves on the Fourth or White Ray, which is the Ray of Harmony and Purity.

Archangel Raphael who serves on the Fifth Ray or Green Ray which is the Ray of Healing.

Archangel Uriel who serves on the Sixth Ray or Gold Ray, which is the Ray of Peace.

Archangel Zadkiel who serves on the Seventh Ray or Violet Ray, which is the Ray of Freedom.

Please Note: Each connection is received one after the other in one distance initiation, which will permanently connect you to each Archangel and Ray.

This package includes:

- One Attunement where you will receive the permanent connections to each Archangel & Ray
- A Manual
- A Printed Certificate.

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Sapphires of Angels Attunements (7 Attunements)

The founder of Sapphires of Angels, Stephen Lovering, has said the following: "Following on from my work with Colours of Angels I was shown Sapphires on many occasions. I have always associated a Sapphire with the colour blue so connected this with Archangel Michael. I was then shown Sapphires in many other colours and during a channelling session was given the connections with the other Archangels." The Seven Sapphire Connections are as follows:

Archangel Michael's Blue Sapphire – spiritual truth and protection.

Archangel Jophiel's Yellow Sapphire – spiritual abundance.

Archangel Chamuel's Pink Sapphire – love and emotions.

Archangel Gabriel's White Sapphire – higher spiritual consciousness.

Archangel Raphael's Green Sapphire – vision and compassion.

Archangel Zadkiel's Purple Sapphire – awakening and calming.

Archangel Uriel's Star Sapphire – intuition.

This package includes:

- Seven Individual or One complete Attunement where you will receive the permanent connection to each Archangels Sapphire
- Seven manuals, 1 for each Sapphire.
- A Printed Certificate.

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Light of Archangels Empowerment

Channelled by Linda C. Colibert, the Light of Archangels Empowerment strengthens your connection to Archangels Uriel, Raphael, Michael, and Gabriel and accelerates your spiritual growth.

By receiving this attunement, your bond with them will be strengthened and communications become easier. They always hear your prayers to them, but because they have never been human, they sometimes find it difficult to communicate with humanity in ways people can understand. People often do not hear, acknowledge, or comprehend the messages. This attunement assists you to recognize and understand the Archangels messages and communications with you.

Through working with this system you will learn How to work with the Archangels for protection, clearing and removing negativity—including clearing of negative spirits and entities that might be around you or a building.

You will also learn how to call upon the Archangels for help with abundance and prosperity matters, healing, help with relationships, solving problems, and much more.

This package includes:

- very beautiful attunement
- A manual
- A Printed Certificate

The Key of Archangel Raziel

Archangel Raziel is the legendary author of The Book of the Angel Raziel – "wherein all celestial and earthly knowledge is set down." This Activation helps you to meet Archangel Raziel, the keeper of Divine Mysteries, the Wizard of the Angelic Realm. It is here that you reach out and take the key he holds in his hand, your key, to unlock the door of the deep mysteries within. Archangel Raziel can also help you with many physical, emotional and spiritual situations. These include Physical, Spiritual, Mental & Emotional associations.

You will receive:

- An attunement
- A Manual
- A Printed Certificate

Reiki Systems



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Angel Reiki

Pre Requisite – Usui Reiki Master

Learned as an adjunct to regular Usui Reiki, existing Reiki Masters require only one attunement to Master Degree.

This Angel Reiki attunement combines the healing qualities Reiki with that of four primary Archangels - Archangel Raphael, Archangel Gabriel, Archangel Michael and Archangel Uriel. You may also call in other angels as you wish. The Archangels are incorporated into the Reiki attunement and then they are called on and requested to assist in the healing.

The Angel Reiki system is a way to connect to the loving healing power of the Archangels and with the Reiki source energy. You can use the traditional hand positions or you can ask the angels to guide your hands to the appropriate positions.

Once you are attuned to Angel Reiki, you will be able to heal yourself and others using this system. You will also be able to pass this attunement on to others once you have received your Master attunement.

This package includes:

- One Attunement to Master Level
- A Manual
- A Printed Certificate.

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Archangelic Seichim Reiki

Prerequisites - Seichim or Usui Reiki Master

This system works with the energies of both seichim and the Archangels.

It is easy to use, just call in the energies of Archangelic Seichim Reiki and the healing will start

When the attunement begins we will work with Archangel Shekinah, the angel of unity and unconditional love and Archangel Metatron who is the angel of thought and responsible for supervising the Akashic Records. They will both help to balance both the energies for the client.

This is a Master/Teacher attunement and you are taught in the manual how to pass the attunement onto others.

This package includes:

- One Attunement to Master Level
- A Manual
- A Printed certificate

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Celtic Reiki

Celtic Reiki is a beautiful style of Reiki discovered by Martyn Pentecost, a Reiki Master/Teacher based in Croyden, England, which uses vibrations from the Earth and certain types of trees & plants to create energies ideal for both healing and manifestation. Although similar to Usui Reiki, this is an Earth energy and so it is channelled upwards through the lower chakras rather than through the crown chakra as in Usui Reiki.

Celtic Reiki uses various symbols which are very straightforward and based on the ancient Druid alphabet. You also learn some Celtic philosophy and tradition along with some new techniques which are based on Celtic rituals. It can be used to treat many health issues as well as helping you and your clients to attain desires and goals.

There are three levels of Celtic Reiki and you must start by being attuned to Celtic Level 1 even if you are an experienced Usui Reiki Practitioner or Master. There are six symbols to learn with each level. Master level gives you the opportunity to teach and pass on this energy to others.

It is advised that a period of adjustment, integration of energies and learning of techniques and materials takes place between each attunement level. At least a week is advised but you may feel that a longer period of adjustment and learning are appropriate.

This Attunement package includes:

- 1 attunement to First, Second or Master Degree Celtic Reiki
- 1 manual for each Degree purchased
- 1 printed certificate for each Degree purchased

Celtic Reiki Healing Package

This Attunement package includes:

- 3 separate attunements to Celtic Reiki First, Second and Master Degree
- 3 separate manuals
- 3 printed certificates
- CD 'Celtic Reiki' by Paradise Music - sleeve notes and meditation journeys by Bev Lewis.

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Crystal Reiki

Prerequisite Reiki Master can be received as part of the 'Ethereal Crystals Reiki Healing Package'

Crystal Reiki Attunements are for Reiki Masters who are ready to progress to the next stage of their ascension and who are ready to accept the challenges of their next spiritual journey.

Attunement to the higher vibrational frequencies of a Crystal Reiki Master will amplify all your psychic faculties and healing energies.

You will enter into the Oneness of All-That-Is; the font of all wisdom, knowledge and understanding. And through accessing your deepest cellular memories you will once again resonate with the sacred Word, the energies of which will transport you into a new dimension of space and time.

PLEASE NOTE: To receive this attunement you will need 6 single or double terminated clear quartz points but if you have been attuned to the Ethereal Crystals system you can use the Etheric qualities instead of the physical crystals.

This package includes:

- One Attunement to Master Level or Three separate attunements
- A Manual
- A Printed Certificate.

SOLANA Attunements Catalogue

Ethereal Crystals 1-9

Once you have received your Ethereal Crystals attunements you will be able to give a powerful crystal healing WITHOUT crystals - you can channel any one of them by intention. Ethereal crystals energies can be stronger than those found in earth. You can place them on the body, just by pointing at a certain area of the body, and by thinking the stones name. The stone will disappear when the energy is no longer needed. Ethereal Crystal healing can be used on its own or combined with other healing methods, such as Traditional Reiki. You will also learn how to use distance healing and how to pass on Ethereal Crystals 1-9

You receive 3 attunements:-

- Ethereal Crystals 1-2-3
- Ethereal Crystals 4-5-6
- Ethereal Crystals 7-8-9

Once you have received all 3 attunements you will be able to use the following crystals:-

AGATE, BLUE LACE; AGATE, BOTSWANA; ALEXANDRITE; AMAZONITE; AMBER; AMETHYST; APACHE TEARS; APOPHYLITE; AQUAMARINE; AVENTURINE; AZURITE; BERYL, PINK (also known as Morganite); BLOODSTONE; BOJI STONES; CALCITE, GOLD; CALCITE, GREEN; CARNELIAN; CHALCEDONY; CHAROIT; CITRINE; CYANITE; DIAMOND; EMERALD; FLUORITE; GARNET, RED; HELIOTROPE; HEMATITE; JADE; JASPER, RED; KUNZITE; LABRADORITE; LAPIS LAZULI; LARIMAR (ATLANTIS STONE); MALACHITE; MOLDAVITE; MOONSTONE; MOQUI MARBLES; OBSIDIAN, SNOWFLAKE; OPAL, FIRE; PERIDOT; PRASEM (AFRICAN JADE); PYRITE; PYRITSUN; QUARTZ, CLEAR (Also single and double terminated quartz); QUARTZ, ROSE; RHODOCHROSITE; RUBY; RUBY – ZOISITE; SAPPHIRE, BLUE; SAPPHIRE, YELLOW; SODALITE; SUGILITH; TANSANITE; TEKTITE; TOURMALINE, BLACK; TOURMALINE, PINK; TOURMALINE, VIOLET; TURQUOISE

You will also receive:

- A Manual
- A Printed Certificate

* This attunement can be received as part of the 'Ethereal Crystals Reiki Healing Package'

SOLANA Attunements Catalogue

Ethereal Crystals 10-11-12

Prerequisite – Ethereal Crystals 1-9 & Kundalini Reiki Levels 1-3

Following on from the incredible energies of the Ethereal Crystals Levels 1-9 Victor Glanckopf has channelled a new series of attunement's called Ethereal Crystals 10 – 12.

This attunement will enable you to again use the etheric qualities of crystals just by INTENTION but with this attunement you will be attuned to much higher vibrational energy crystals to use during healings on yourself or clients and to also charge and empower oils, water and many other items.

Once you have received this attunement you will be able to use the following crystals:-

CAVANSITE, CELESTITE, BLUE DIAMOND, EUCLASE, FAIRY QUARTZ, FOSSILS, GIRASOL, PAPAGOITE, PETRIFIED DINOSAUR BONE, SILVER, TIBETAN—BLACK QUARTZ, VERDITE, WITCHES FINGER, ZEBRA STONES.

You will also receive:

- A Manual
- A Printed Certificate

* This attunement can be received as part of the 'Ethereal Crystals Reiki Healing Package'

SOLANA Attunements Catalogue

Ethereal Crystals Reiki Healing Package

Prerequisite Reiki Master

Combining Ethereal Crystals 1-9, Ethereal Crystals 10-12 and Crystal Reiki in an impressive and powerful Crystal Healing System, you will also receive a beautiful and deeply healing Celtic Reiki guided meditation CD with healing journeys written by Bev Lewis and music arrangements and production by Llewellyn and Chris Conway.

You receive 5 attunements:-

- Ethereal Crystals 1-2-3
- Ethereal Crystals 4-5-6
- Ethereal Crystals 7-8-9
- Ethereal Crystals 10-11-12
- Single attunement to Crystal Reiki
- CD 'Celtic Reiki' by Paradise Music - sleeve notes and meditation journeys by Bev Lewis.

PLEASE NOTE: To receive the last attunement you will need 6 single or double terminated clear quartz points but if you have been attuned to the ethereal Crystals system you can use the Etheric qualities instead of the natural crystals BUT nothing can compete with using the natural ones which can be purchased easily online, via eBay or in crystal shops.

SOLANA Attunements Catalogue

Imara Reiki

Pre-requisite Reiki Master

Imara Reiki is a powerful system of Reiki developed by Barton & Geoffrey Wendel, it is of a higher vibration energy level than most common Reiki systems. The name "Imara" simply put means "more" .

Reiki can be split up into vibration (frequency) bands. Imara Reiki is a "Level 5" on the "Reiki scale". To simplify things.....Traditional Usui Reiki is level 1-3 (First, second and Master levels and Karuna Reiki is considered Level 4. Imara Reiki is Level 5... This is a very intense form of Reiki energy and is therefore only available to Reiki Masters. You will notice the energy has a slightly different feel about it yet it is very simple to use:-

- You do not need symbols
- Attunements are very simple
- Distance healing methods are also very simple BUT strong.

Many users will experience a Strong Spiritual Connection and it can also help to to heal past life and trauma issues. Once you are attuned to Imara Reiki, it is extremely simple to use the energy, especially compared to Usui or Karuna. Until now, Imara Reiki has not been very widely used.

This package includes:

- One Attunement to Imara Master Level
- A Manual
- A Printed Certificate.

SOLANA Attunements Catalogue

Karuna Ki Reiki

Prerequisite Reiki Master

Karuna Ki which was created by Vincent Amador is an ideal complement to Usui Reiki. It is only available to Reiki Masters and has been developed from, but is in no way affiliated with Karuna Reiki, although some of the symbols are the same.

Karuna Ki means "Compassionate Energy" and is all about healing and spreading the love & compassion to everyone and this modality offers a way to connect to this compassion and share it with all creation. There are several aspects of Karuna Ki which include Healing, Meditation (Karuna Ki Do), and Chanting (or Toning).

The practice of connecting to your spiritual guides who are connected with the Karuna Ki Do is also a path you may explore. The guides we connect to most likely will be directly related to our personal beliefs. People who are Christian are likely to see Jesus, Mary, or angels.

People with more new age beliefs might see ascended masters or St. Germaine. You may experience Spiritual guides such as these, or none at all. Both are acceptable and "right" for you.

You will receive:

- 1 Distance Attunement to Master/Teacher Level
- Karuna Ki Manual by email
- Printed Certificate by post.

SOLANA Attunements Catalogue

Kundalini Reiki Levels I-III

Prerequisite Usui Reiki Practitioner or above

Kundalini is an amazing healing technique that is simple to use. You will receive 3 distant attunements which open and strengthen then energy channels in your body. This enables Reiki energy to flow through your body and release any energy blockages. Kundalini awakening starts at the Base Chakra which is the entrance for the Kundalini Energy. After entering the body the energy runs up through the main energy channel and exits through the Crown Chakra.

When your Kundalini is opened a complete cleansing of the chakras and energy channels will occur over a period of time. Kundalini Reiki is similar to the traditional systems of Reiki, but once your Kundalini has been awakened in this safe manner your Reiki Healing abilities will be much improved.

If people have previously had problems with a Kundalini Awakening, a Kundalini Reiki treatment can often help. When you have your Kundalini awakened through Kundalini Reiki your Chakras are opened from the base to the Crown so Kundalini energy is released through the Crown chakra and there can be no build up of energy.

You will receive:

- Three attunement
- A Manual
- A printed certificate

Kundalini Reiki Boosters Levels I-VI

Prerequisite Kundalini Reiki Master Level

The 3 Levels in Kundalini Reiki boosters are to increase the flow of Kundalini energy that you not only channel but also run through your body when activating and raising your Kundalini energy.

You will receive:

- Either one complete or 6 separate booster attunements
- Three manuals
- A printed certificate

Kundalini Reiki Package

All attunements, manuals and certificates for Kundalini Reiki to Master Degree and all Boosters, as detailed above.

SOLANA Attunements Catalogue

Moon Reiki

A beautiful Feminine Healing Energy. The Sacred Feminine brings our attention to our feelings, our insights, our ideas, our intuitive self, our hidden dreams, that creative self that is unique to each of us, whether we are women or men.

It enlightens the belief in equality in all things to live with love and forgiveness in our hearts.

You will receive:

- One attunement
- A Manual
- A printed certificate

SOLANA Attunements Catalogue

Silver, Gold and Violet Flame

The Silver, Violet Flame is a wonderful energy to work with and has been described by many who have received this attunement as deeply powerful yet 'pink and sprinkley'! It is also quite typical to call upon and sense a wonderfully healing violet fire making its way through your aura, cleansing you of all karmic and deep seated issues that no longer serve you.

Recently, the Silver Violet Flame has been enhanced and empowered by the spiritual gift of the Golden Ray of Peace, bringing the additional dimension of Peace and Tranquillity after use.

As well as expelling toxins lodged in our physical organs, the Silver Violet Flame can also transmute the karmas and traumas of our present and past lives, which are recorded in our etheric, mental, emotional and physical bodies. Sometimes our personal karma feels like a heavy weight, but by invoking the Violet Flame we will feel lighter and less burdened since it literally consumes the cause of our personal problem.

Silver Violet Flame energies are highly transformational and can be used on both yourself and others. You can call upon the angels/guides of the Silver Violet Flame and also on St. Germain before going to sleep at night, asking them to work on whatever issue requires healing. By the morning, the issue is typically released, although for deeper problems you can repeat the procedure for up to 30 consecutive nights. People who have directed the Silver Violet Flame into relationship problems report sensing a tremendous burden being lifted and feeling free to move on with their lives again.

It is a high frequency spiritual energy, which is for those who hear the call of community or spiritual service to mankind, and it also provides the wisdom needed to overcome the selfishness in our lives.

The Silver Violet Flame can also be used to cleanse and purify the aura and major chakras by invoking it on a daily basis. This package includes:

- One Attunement to Master Level
- A Manual
- A Printed Certificate.

SOLANA Attunements Catalogue

White Dove Reiki

Pre-requisite Reiki Master

White Dove Reiki was given to the Rev. Richard D.Kidd during a meditation, it was a peaceful and enlightening happening and this is the way White Dove attunements are usually received.

White Dove Reiki uses the concept of visualising the energy being carried on the Dove's wings, delivered to and absorbed by the recipient. In this way all the reiki energies can be concentrated directly into the Dove. The White Dove represents the purity of energy which gives you the ability to have the purity and freeness of the White Dove to assist you with your healing and attunement processes.

White Dove can be incorporated with all other Reiki modalities as it provides a focal point for you to direct your energy.

This package includes:

- One Attunement to White Dove Reiki Master/Teacher
- A Manual
- A Printed Certificate.

Energy Healing Systems



Akashic Records

The main purpose of reading the records is to provide valuable information to assist in having a better life. An Akashic reading can provide important guidance on how to work through current problems. It can present opportunities for growth, bring clarity to thought processes, and can help sort out difficult or major life transitions.

This course provides simple techniques and scripts to help you to access the Akashic Records for both yourself and others. With practice, you will receive spiritual guidance, discover the impact your past lives have on your current life and much more besides. For some people this may be a fast process, for others practice will be required.

There are many ways to access the Akashic Records, but Spirit does not give access to everyone. One must have earned the right to enter the Hall of Records. This is decided by Spirit alone.

This package includes:

- One Attunement
- A Manual
- A Printed Certificate.

SOLANA Attunements Catalogue

Atlantian & Gaia Trilogy

The Atlantian Crystal Activation

The Atlantian Crystal Activation is the first in a trilogy of attunements channelled by Jay Burrell to reconnect us to the energies of Atlantis, The Great Crystal of Atlantis and Mother Earth (Gaia). This system helps with spiritual and personal progression that will aid you on your spiritual journey, towards Mankind's ultimate ascension. During your attunement you will receive an Etheric Atlantian Crystal that will be placed into your 7th Chakra (Crown Chakra)

The Crystal Skull Activation

Pre-requisite – The Atlantian Crystal Activation

The Crystal Skull Activation is the second in the trilogy of attunements channelled by Jay Burrell to reconnect us to the energies of Atlantis and Gaia. The Crystal Skulls were solid, physical objects during the times of the Atlanteans, but after the fall of Atlantis they were taken to a different dimension to ours. Some of the skulls have re-materialised, which shows us that the time has come to reawaken to the knowledge contained within the skulls. This is why, during your attunement to this system, an Etheric Crystal Skull will be placed into your 8th Chakra (Transpersonal Point or Soul Star Chakra).

The Elemental Earth Star Empowerment

Pre-requisite - The Atlantian Crystal & The Crystal Skull Activations

The Elemental Earth Star is the final attunement in the trilogy of Atlantian and Gaia attunements.

During your Atlantian Crystal and Crystal Skull attunements your 7th and 8th chakras were activated and cleared. Now it is time to reconnect back to Mother Earth through the Earth Star Chakra. Through this attunement, you will be grounded into this plane of existence to work with and work on healing mother earth and all her inhabitants. You will also feel a closer connection to Gaia after this attunement.

This package includes:

- One Attunement
- A Manual
- A Printed Certificate.

SOLANA Attunements Catalogue

Atlantian & Gaia Trilogy

The Atlantian Crystal Activation, Crystal Skull Activation and Elemental Earth star Empowerment systems used to be sold separately until the founder of this system, Jay Burrell, was guided to create 1 BIG system that incorporates all 3 levels. They are a set of Spiritual & personal progression Attunement's that will help you on your Spiritual journey and ascension plus aiding in Humankind and Gaia's Ascension.

Together the three attunements above make up the Atlantian & Gaia Trilogy. You will receive:

- 3 attunements
- 3 separate manuals and 1 combined manual
- 3 Printed certificates

SOLANA Attunements Catalogue

Golden Triangle Healing System

The Golden Triangle Healing System was founded by James Purner and is indeed a very spiritual system that works more at a soul level than a physical level.

Once attuned you can activate the energies to heal yourself or others. It can be used alone or in combination with other Reiki systems and is ideal for distance work. When used in combination with other systems it will increase the healing ability by 100% because the Golden Triangle energies work at such a high frequency.

Many people report that they have an increased amount of activity within their third eye so this system is highly recommended for those who wish to aid their spiritual connections. Telepathic skills are also greatly enhanced with regular use of The Golden Triangle system.

This attunement is available to anyone; you do not need to have any experience of Reiki to receive this attunement.

This package includes:

- One Attunement to Master Level
- Manual
- A Printed Certificate.

SOLANA Attunements Catalogue

Lemurian Energy Healing System

Lemurian Facilitator

Assists in developing latent gifts of spiritual and psychic powers and will also aid you in reconnecting with the ancient Lemurian priests.

Lemurian Seed Crystals Level I & II

Prerequisite - Lemurian Facilitator

The Lemurian Seed Crystal Attunements were channeled by Carola Hundt and Angela Grotsch during their own Lemurian Facilitator Attunements. They were both given 13 symbols between them that were to be used in meditation and healing to help the development of the light body and for unifying the soul. The Lemurian Seed Crystals are said to have been left by an advanced ancient civilization known as the Lemurians. They were imbued with a message of equality and unconditional love. Unlike mentally based modern societies, Lemuria is said to have been a civilization whose consciousness was centered upon spiritual and emotional dimensions.

Lemurian Seed Crystals Level III

Prerequisite - Lemurian Facilitator & Lemurian Seed Crystals I+II

You will receive more symbols/Seed crystals during this attunement: 1. The Seed Crystal for Cure. 2. The Lemurian Gold Ball. 3. The Rainbow Fluorite

Lemurian Seed Crystals Level IV

Prerequisite - Lemurian Facilitator & Lemurian Seed Crystals I-III

You will again receive more symbols/Seed crystals during this attunement. These symbols are 5th Dimensional. 1. The Gate Stone 2. Tetrahedron 3. Golden triangle 4. Soul Mirror 5. Cosmic Band 6. The Golden Merkabah 7. Creator Strength

New Lemurian Energies

Prerequisites – Lemurian Facilitator & Lemurian Seed Crystals Levels I-IV

The New Lemurian Energy is a mixture of old and new Lemurian energies as described above, greatly benefiting anyone who has received the Lemurian Facilitator and Seed Crystals 1-4

SOLANA Attunements Catalogue

Lemurian Energy Healing System

All of the above attunements and initiations in one, money saving package price, all manuals and printed certificates as above.

Orb of Life

The Orb of Life is not an attunement or a physical object – it is a gift of high frequency spiritual energy that is concentrated into a energy sphere and may passed from one person to another; a wonderful and simple way of using and sharing Universal Life Force energy that can enhance your life and spiritual development.

The Orb is composed of Universal Life Force energy (also called Prana, The Source, Odic Energy, Chi, Ki and Universal Light) which is inherent in all of creation. It acts as a perpetual 'antenna' for high vibration Life Force energy and will permanently maintain itself and continuously provide its healing and protective effect with no further intervention from you. However, you may wish to use the Orb to help you with various things and can do this simply by instructing it with your requirements and wishes - there are no complicated rituals, techniques or prayers that need to be observed in working with this wonderful energy.

You will receive:

- One attunement
- Three manuals
- A printed certificate

Pleiadian DNA Clearing & Activation Attunement Programme

The Pleiadian DNA Clearing & Activation Attunement Programme is a series of 7 attunements facilitated by the Pleiadian Light Beings. These activations work on an etheric level to awaken and develop the full 12 strand DNA system that is the inheritance of all humans. This awakens additional spiritual healing capacities and talents within us which can assist us and enhance our lives in many ways.

This system clears any blockages and activates the dormant elements of your DNA coding in order to fulfil the potential of your spiritual energetic blueprint.

This is a powerful system and one that affects the energy vibration on all levels; increasing the basal vibrational rate of the individual. This can further be enhanced through working with the special meditation exercise outlined in the manual in order to increase your energy vibration in preparation for the planetary ascension that begins in 2012.

The course manual includes all of the information required to work with this system; to receive your attunement and to teach others. In addition, you will find information on energy exchange, Quantum Physics, the power of the mind, metaphysics, prayer, vibrational medicine & philosophy, the energy body, complementary therapies, energy healing and how it all works!

Your Course includes:

- 7 Distance Attunements
- Detailed Manual
- A Printed Certificate

The Rainbow Orb

The Rainbow Orb was channelled specifically to help people who suffer with agoraphobia, anxiety and high levels of stress. The system is also gentle enough for children to be attuned to, and to be taught how to create their own Etheric Rainbow Orbs. We forget that the children of this world can also suffer a great deal with stress and anxiety connected with such things as school and, worst of all, bullying, which can make them feel alone. The Rainbow Orb can be used in healings as well as in times of need. By creating 1 or more rainbow orbs to be placed over your chakras you will infuse the rainbow energy from the orb into these chakras. This helps with any discomfort felt during times of anxiety and high stress levels in adults and children.

You will receive:

- One Attunement
- One Manual
- A printed certificate

Rainbow Light Healing System™ Level 1

The Rainbow Light Healing system™ attunes you to the 7 colours of the rainbow which correspond to the 7 colours of the chakras. Red – Base Chakra Orange – Sacral Chakra Yellow – Solar Plexus Green – Heart Chakra Blue – Throat Chakra Indigo – 3rd Eye/Brow Chakra Violet – Crown Chakra Through the use of this energy you will be able to not only channel the divine white light of the universal energy we call Reiki, but will also be able to channel the various light frequencies of the rainbow spectrum into the chakras during healing sessions performed upon yourself or a client. You will receive:

- One attunement
- A beautiful manual
- A printed certificate

Rainbow Light Healing System™ Level 2

The Rainbow Dove Prerequisite RLHS Level 1

Through the attunement and use of this energy you will learn to call upon the Rainbow Dove in times of need. The rainbow dove dissolves all negative emotions and thought patterns by flying through your Chakra's forming a whirlwind of energy around you. Holding onto negative thought patterns not only can ruin our personal lives but can also affect your energy field and Chakra's which in turn can harm your spiritual growth.

You will receive:

- One attunement
- A beautiful manual
- A printed certificate

SOLANA Attunements Catalogue

Unicorn Energy Healing System

The Unicorn Energy Healing System was channelled by Jay Burrell and Heidi Gebhard Burger who were both told independently of each other by the Unicorns that it is now time for their energies to be made available to mankind to help them on there Spiritual Journey and to also assist them in any Healing Work that they do.

They were both given a symbol that is to be use in this Attunement that has been named the Etheric Unicorn Horn. This Etheric Unicorn Horn which will be placed into your 3rd Eye Chakra.

You will also be required to meditate using the Guided Meditation in the Manual to meet your very own Unicorn Guide who will always be with you.

This must be done before you receive the Attunement.

The Unicorn Energy Healing System will introduce you to the secret and unique energies of the Mystical Unicorns. The unicorn represents all the good and pure characteristics many people wish to have.

Unicorns are truly mystical creatures; they symbolize innocence, clarity, purity, love and goodness of the heart.

The Unicorn Energy Healing System has just 1 symbol and is prerequisite free – everyone can enjoy the energies of and connections with the Unicorns.

You will receive:

- One attunement
- A Manual
- A Printed Certificate

SOLANA Attunements Catalogue

White Light Self-Empowerment Levels 1 – 4

From the Founder's words: WhiteLight Self-Empowerment TM is a very powerful form of energy that heals, empowers, and clears your aura and all chakras including the less known or worked on Chakras. All Chakras within the body must be cleansed and balanced to bring harmony to Mind, Body and soul. The energies of this system may bring on a lot of Spiritual and Physical cleansings after each Level/Attunement.

The 8 major chakras are:

The Base chakra

The Sacral Chakra

The Solar Plexus

The Heart Chakra & The Thymus Chakra

The Throat Chakra

The 3rd Eye/Brow Chakra

The Crown Chakra

Some of our other Chakra's include:

The Soul Star Chakra

The Master Chakra

The Casual Body Chakra

The Spleen Chakra

The Elbow Chakra

The Hand/Palm Chakras

The Knee Chakras

The Foot Chakra

The Earth Chakra

There are 4 Levels in total for the WhiteLight Self-Empowerment system with a registration that MUST be completed after each level. There MUST also be a minimum of a 3-4 day gap between each attunement. You can only pass this system on once you have been attuned and registered to Level 4 (Master Level)

The 1st Degree - The Clearing:

Here, knowledge about aura and chakras is required (and is explained in the manual), because in the first degree, the focus of WhiteLight Self-EmpowermentTM is concentrated on clarification of chakras, and aura body clarification. During the attunement you receive the first clarification. You learn a very simple meditation to clear and activate daily, your chakras and aura.

SOLANA Attunements Catalogue

The 2nd Degree -The Healing:

Here you learn to employ WhiteLight Self-Empowerment™ for healing sessions. Other themes are: Expanding the meditation, energy room clearing, protection and energy rising, self treatment, treatment for your clients, power places with WhiteLight Self-Empowerment™ and a special technique for harmonizing. You also receive another attunement. Integration time is 5 to 10 days.

The 3rd Degree -The Expansion:

During your 3rd attunement your chakras are further opened and activated, and the energy is extended further, and increased. Themes are, among others, advanced meditation technique, energy spreading, distance treatments, cosmic healing depot, contact with your higher being, connecting with information sources, and more.

The 4th Degree -Master/Teacher:

During your final Master Level attunement you will be taught the attunement techniques for this system and a master/teacher attunement will also be sent and is included in the manual. In this degree, more of your chakras are opened and activated, and your energy is increased further.

This package includes:

- Four Attunements
- A Manual
- A Printed Certificate.

Complete White Light Self-Empowerment

All of the above attunements and initiations in one, money saving package price, all manuals and printed certificates as above.

Children's Energy and Systems



SOLANA Attunements Catalogue

Angel Reiki for Children

The Angel Reiki for Children attunement can be received by adults, who may then attune children to heavenly vibrations at a very specific vibration that corresponds to the energy vibrations of a child's light being. In Angel Reiki for Children, You can also give children a semi-precious stone that is infused with your praying or dress a child in a particular colour, which emanates the vibrations that are most appropriate for tackling a specific problem.

This package includes:

- One Attunement
- A Manual
- A Printed Certificate

Children's Angelic Light™

Children's Angelic Light™ is a new energy that was channelled by Nicole Lanning and her son Reiss. Children's Angelic Light that attunes you to angels that mostly work with children and the issues children may have which will help them to grow and develop into well grounded adults. This attunement can also be passed onto children which makes it very unique. The only thing the founder does ask is that if you attune a child to this energy that they understand what is being done for them and that they also believe in the Angels and the gifts that the Angels can and will give.

There are 13 Archangels/Angels, their properties, attributes and symbols. The Angels/Archangels that you will be attuned to are: Naarai – Archangel of Children. Barachiel – Guardian and provider of the children of God. Mihr – Angel of friendships. Shushienae – Angel of Purity. Afriel – Angel of Youth. Dina – Angel of learning, Knowledge and Wisdom. Elijah – Angel of Innocence. Yves - Archangel of Destiny. Rehael – Angel of Respect. Isda – Angel of Nourishment. Maion – Angel of self-discipline. Samandiriel – Angel of Imagination.

With this system you will receive:

- One attunement
- 2 manuals. 1 of them is for Adults and the 2nd one is specifically written for children.
- A printed certificate

SOLANA Attunements Catalogue

Indigo Children's Light Empowerment

The Indigo Children's Light Empowerment is a new energy system created by Reiki Master Nicole Lanning. This system can be used for healing situations and life problems that Indigos may go through, on an emotional and spiritual level as well as physical. This system can be used by both Indigo adults as well as Indigo Children to help them cope with the emotional and spiritual challenges, development and healing.

You will receive:

- One attunement
- One manual
- A printed certificate

Crystal Children's Light Empowerment

Pre-requisite – Indigo Children's Light

The Crystal Children's Light Empowerment is the second in a Trilogy of children light empowerments channelled by Nicole Lanning. This system is a new energy which has been designed to help deal with the typical issues that Crystal children and adults face nowadays, issues such as fear, protection and safety.

You will receive:

- One attunement
- One manual
- A printed certificate

Rainbow Children's Light Empowerment

Pre-requisite – Indigo and Crystal Children's Light

The Rainbow Children's Light Empowerment is the 3rd in a Trilogy of modalities that have been channelled by Reiki Master Nicole Lanning. This system has been created to help crystal children as well as crystal adults. This system is slightly different than the Indigo and crystal systems in that the child does not need to be attuned to this system due to the fact that they already have the connection with everything that is contained within the universal consciousness. It is part of their energetic system.

This system is designed to help the parents of these wonderful children to understand and to relate to them on a deeper and closer level of understanding.

SOLANA Attunements Catalogue

This system can provide protection and to help the parents to communicate with their rainbow children to help them with issues of healing.

You will receive:

- One attunement
- One manual
- A printed certificate

Indigo, Crystal and Rainbow Children's Light Trilogy

All three Children's Light Empowerments brought together as a cost saving package

You will receive:

- Three separate attunements
- Three manuals
- A printed certificate for each attunement and a combined Trilogy certificate.

Elemental and Native Systems



SOLANA Attunements Catalogue

Energy and Magick of the Fairies

Through this attunement channels are opened to the Fairy World. Through this special attunement there are activations of the third eye, the heart chakras and the root chakras. Naturally the attunement works on all Chakras, trying to manufacture equilibrium between them, but special attention lies on the three Chakras specified above.

You will receive:

- A Distance Attunements
- A Manual
- A Printed Certificate.

SOLANA Attunements Catalogue

Fairy LightWorker Programme

Fairies are magickal beings that are multidimensional. They can move in and through the physical realm. We live in the 3rd dimension, the physical realm. But in reality, everything we see, hear, touch, taste, and smell are only illusions—these perceptions are how we communicate the information we receive in the physical realm to our true spiritual selves. We are energy.

Everything is energy and nothing is truly solid. The Fairies know this, and are able to merge with the things that appear to be solid in the physical realm. Their energies are lighter and their knowledge of quantum physics, allows them to move in and out of different dimensions, which all co-exist at the same time in the same space.

You do not have to know or understand quantum physics to know that Fairies do exist, and that we rarely ever see them with our physical eyes. We sense them, feel their presence, and very often can communicate with them psychically through telepathy or visions.

The Fairy LightWorker Program will connect you to all Fairies, if you wish to call on them for assistance. This system strengthens and connects you to specific Fairies so that you will be able to call on them easily for assistance with healing, abundance, magick, guidance, protection, fertility, transformation, transition, strength, love, happiness, and beauty. Please keep in mind that you do not have to receive any attunement to work with Fairies, but the Fairy LightWorker Program does speed your ascension for working in the Otherworld of the Fairies, and strengthens and enhances your abilities to connect and work with the Fairies and their energies.

You will learn about the Following Fairies, and ways to work with them, and which Fairies to call on for assistance with specific areas of need:

Greenman
Dryad
Woodland Nymph
Gnomes
Sylph
Star Fairy
Stone Fairy
Pixie
Ice Fairy
Water Sprite
Coventina the River Queen

SOLANA Attunements Catalogue

There are 11 attunements for the Fairy LightWorker Program, one for each of the above mentioned Fairies.

Your Course includes:

11 distant attunements

A Manual

A Printed Certificate

SOLANA Attunements Catalogue

Magickal Lightwork Programme

The Magical Lightworker Program is very intensive and life changing energy system that teaches you about the 12 Universal laws and how they can be used to create the life you want using Magic and Lightwork.

With 6 attunement's in total that connect you to the Realms of the Angels, Fairies and Dragons, Goddess, your Higher Self and your Guides. You will also receive an introduction manual that teaches you the 12 Universal Laws and how to work with them through magick and lightwork and 6 smaller manuals for each attunement connection.

Through this system Linda also guides you through meditations, easy to use spells, and basic rituals. Please remember the law of return when casting any spell or performing any ritual as what you send out will come back to you. The system ultimately is a combination of reiki (Energy Healing) and magick.

The Magical Lightworker Program is Reiki with a magical touch! It is an extremely fun program to work with but holds great power. It is easy to use, and is very helpful to all areas of anyone's life even if you do not practise Magic this system is a must for everyone.

Anybody can learn and use this system as there are no prerequisites but the founder does ask that a basic understanding of working with energy healing would be beneficial, preferably (but not required) a Reiki Master, or Kundalini Master.

You will receive a main 37 page manual to this energy system which explains in detail the 12 universal laws, working with energies, and lots more.

You will also receive 6 separate manuals:

You're Higher Self

- Connects you to your higher self and clears the path so that you can connect in an easier way with your higher self. The attunement will also increase your understanding of the 12 Universal Laws.

The Angels

- This Attunement helps you in your own connection to the Angelic realm to show you how to call in the angels and archangels for help in your Magickal Lightwork.

SOLANA Attunements Catalogue

The Fairies

- The Fairies Attunement connects you to the realms of the Fairies to show you how to also ask for their assistance with your Lightwork and Magic.

The Dragons

- The Attunement to the dragons will connect you to there powerful energies which will enable you to give more strength to your healing work and magic plus this level and attunement teaches you how to call upon them to aid you in your life.

The Goddess

- This Attunement connects you to the energies of the Goddess and the cycles of Maiden, Mother and Crone for Power, Courage and strength which will help you in facing all life's challenges and to help you again in your magic and lightwork.

Your Guides

- This attunement connects you to your very own personal guide and will help you in understanding the messages they give to you in a easier way

PLEASE NOTE: THIS SYSTEM MUST BE PASSED ON AS A COMPLETE PROGRAMME. THE ATTUNEMENT'S (LEVELS) ARE NOT TO BE SOLD OR PASSED AS INDIVIDUAL SYSTEMS/ATTUNEMENT'S.

THIS IS ALSO A FIXED FEE SYSTEM. IF YOU RECIEVE THE ATTUNEMENT'S TO THE MAGICKAL LIGHTOWRK PROGRAMME TO TEACH TO YOUR OWN STUDENTS PLEASE ABIDE BY THE FOUNDERS GUIDELINES WITH REGARDS TO THE FEE THAT IS CHARGED FOR THE SYSTEM AND THE WAY THE SYSTEM IS PASSED.

Your Course includes:

- 6 Distance Attunements
- 7 Manuals
- A Printed Certificate

SOLANA Attunements Catalogue

One Spirit Healing System

One Spirit is an Energy System especially beneficial to anyone interested in Animal Healing, Shamanism, Totem Animals and Native American Tribal Culture. Diane Bellefeuille is a 4th Generation Native American who has always had a strong connection to her heritage and the animal kingdom.

One Spirit is a very powerful energy based Shamanic Healing System that uses your heart, unconditional love, and symbols. One Spirit takes you inside yourself, so that you can look deeper, beneath the surface and see your true self. Within all of us there are Animal Totems that protect the chakras. There are animals with their own special abilities that guard each chakra – each chakra also has its own special animal guardian. This system is similar to Reiki, in that both Reiki and One Spirit teaches how to heal yourself and others, how to send energy distantly and remotely, both Reiki and One Spirit work to heal body, mind, and spirit. One Spirit also teaches you how to love and forgive yourself unconditionally and without judgment.

The main difference between Reiki and One Spirit is that One Spirit connects you to your animal guardians/animal totems and animal spirit guides. It works more with animals and Nature. You will learn how to meet your animal guides and get to know them, how to help heal each other, and how to work together toward specific goals, including healing yourself, others, animals, and Mother Earth. We are all connected. We all have One Mind, One Body, One Heart, and One Spirit.

WE ARE ALL ONE

Contents of Manual ~ One Spirit Shamanism Healing System ~ Introduction ~ A Little about Chakras ~ Human Chakras ~ Animal Guides and Totem Animals ~ Grounding Meditation ~ Animal Spirit Meditation ~ Chakra Guardian Meditation ~ Power Animal Horoscope ~ Colour and Tone Cleansing the Chakras ~ Meet the Animal of your Inner Self ~ Symbol – Heart to Heart ~ Symbol – Power of Source ~ Symbol – One Spirit ~ Where to apply Symbols ~ Attunements ~ How to Pass on Attunements ~ Hands on Attunements ~ Passing on Attunements (Keyboard) ~ Walk in Beauty ~ Panther, a Cat Left Behind ~ Animal Advisors ~ Power Animal Journey ~ Rock Tree Wisdom ~ Unicorn ~ Web Sites for Animal Guide information

You will receive:

- One or two attunements – your preference
- A Comprehensive Manual
- A Printed Certificate

SOLANA Attunements Catalogue

Sacred Breath Healing System

Sacred Breath is the name of an exquisite healing system that was created by the Rev. Wanda S. Ruffner and is primarily a self-healing system but can be used to heal others. It combines many different therapies and comes with a huge 76 page manual which includes:

Introduction & History the Breath
Breath of the East Wind and the Elemental Breath of Air
Breath of the West and the Elemental Breath of Water
Breath of the South and the Elemental Breath of Fire
Breath of the North and the Elemental Breath of Earth
Breath of the Rainbow Breathing in the Moon
Breathing in the Sun
Crystal Clearing Breath
Dolphin Breath/Meditation
Healing With Sound
Hand Positions
Additional Information/Aides
Bach Flower Remedies
Healing With Essential Oils/Herbs
Gifts of the Stone Lodge People
Chakras
Ethereal Crystals/Stones
Animal Medicine/Totems
Working With Colours
Feather Healing/ The Winged Ones
Cardinal Directions
Smudging Ceremony
Attunement Process

You will also receive:

- One amazing attunement to Master Level
- A Printed Certificate.

SOLANA Attunements Catalogue

Attunement and Healing System Package Bundles

Atlantian and Gaian Trilogy Package - £25

All 3 attunements to this system, purchased together.

Celtic Reiki Healing Package - £30

All 3 attunements to this system and the Celtic Reiki CD.

Children's Energies Attunement Package - £45

All attunements listed in the Children's Energies list on Solana.

Ethereal Crystals Reiki Healing Package - £30

All 4 attunements to Ethereal Crystals Reiki, 1 to Crystal Reiki, and the Celtic Reiki CD all purchased together.

Fairy Lightworker's Programme - £60

All 11 distance attunements to this Fairy Lightworker system, purchased together – great value for money.

Kundalini Reiki Attunement Package - £30

All 3 attunements to Kundalini Reiki together with all 6 Booster attunements, purchased together.

Lemurian Healing System Package - £60

Attunements to the Lemurian Facilitator Guide, All Seed Crystals (1-4) and the New Lemurian Energies attunement, all purchased together.

Magickal Lightworker's Programme - £60

All 6 attunements to this wonderful system, purchased together – great value for money as usually a fixed price system of £90.

Pleiadian DNA Clearing and Activation Programme - £60

All 7 wonderful attunements to this amazing programme – great value for money.

White Light Healing System Package - £60

Attunements to all 4 levels of this wonderful healing system, purchased together – great value for money as founder recommends no less than 100 euros.

SOLANA Attunements Catalogue

The following Packages exclude 'package bundles' already listed above.

Any 3 Separate Mix and Match Distance Attunements - £25

By purchasing this package you will save up to £20 when compared to purchasing these attunements separately.

Choose any THREE single distance attunements from any of the Reiki Modalities, Energy Healing Systems or Angelic distance attunements listed on SOLANA.

Any 5 Separate Mix and Match Distance Attunements - £35

By purchasing this package you will save up to £40 when compared to purchasing your attunements separately.

Choose any FIVE single distance attunements from any of the Reiki Modalities, Energy Healing Systems or Angelic distance attunements listed on SOLANA.

Any 7 Separate Mix and Match Distance Attunements - £55

By purchasing this package you will save up to £40 when compared to purchasing these attunements separately.

Choose any SEVEN single distance attunements from any of the Reiki Modalities, Energy Healing Systems or Angelic distance attunements listed on SOLANA.

Any 9 Separate Mix and Match Distance Attunements - £75

By purchasing this package you will save £60 when compared to purchasing these attunements separately.

Choose any NINE single distance attunements from any of the Reiki Modalities, Energy Healing Systems or Angelic distance attunements listed on SOLANA.

SOLANA Attunements Catalogue

The following Packages bring together 'types' of attunements in bundles.

SOLANA Angelic Attunements Package - £75

*By purchasing this package you will save **£30** when compared to purchasing these attunements separately.*

Receive all the Angelic Distance Attunements listed on SOLANA, including Angel Reiki and Archangelic Seichim Reiki. This will require that you have already received Usui Reiki Master Degree or Seichim Master Degree.

Alternatively, it may be possible to exclude the Archangelic Seichim Reiki and to receive the Angel Reiki in three separate attunements for First, Second and Master Degree Package price in this instance **£60**. Or you may wish to reduce this package price to **£45** and receive all angelic attunements except Angel Reiki and Archangelic Seichim Reiki. Please contact me if you would like to take either option.

SOLANA Distance Reiki Modalities Attunements Package - £125

*By purchasing this package you will save **£40** when compared to purchasing these attunements separately.*

Receive ALL Reiki Modality distance attunements listed on SOLANA. You will also be able to pass on these energy modalities to your own students or other Reiki practitioners once attuned to Master level yourself.

SOLANA Distance Energy System Attunements Package - £225

*By purchasing this package you will save **£60** when compared to purchasing these attunements separately.*

Receive ALL Energy Healing System distance attunements listed on SOLANA. Once attuned you will also be able to pass on these energy healing modalities to your own students/practitioners.

Complete SOLANA Attunements Package - £500

*By purchasing this package you will save a whopping **£305** when compared to purchasing ALL listed attunements separately!*

Receive ALL Distance Attunements listed on SOLANA. Angelic Attunements; Reiki Modality Attunements; Energy Healing System Attunements; Children's Energies Attunements; Elemental and Nature Attunements.

This package can be paid for in instalments, with initial deposit followed by regular payments throughout the attunement schedule. Attunement schedule will progress in line with payments made. This payment offer is made and honoured in mutual respect and trust. Please contact me for more details.

When working through a large schedule of many attunements, I prefer to send the certificates periodically (for example monthly) as we work through the schedule together.

SOLANA Attunements Catalogue

Namaste

I honour the place in you, in which the entire Universe dwells;

I honour the place in you, which is love, of truth, of light and of peace;

When you are in that place in you and I am in that place in me...

We are One.



Beverley Lewis

Reiki Guild registered Usui Reiki Master/Teacher

Energy healer, teacher, guide

Celestial Lightworker & Ascension Midwife

Founder - SOLANA Holistic & Spiritual Health & wellbeing

Founder - School of SOL

Helping you remember who you truly are 😊

SOLANA Attunements Catalogue

Notes:

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