

# Recreational Soccer Program Structure

This document outlines the structure, offerings, and key details of NPSC's Recreational Soccer Program. Designed to provide a positive and developmentally appropriate soccer experience for players of all ages and skill levels in multiple tiers, including an Academy Program to offer additional training and recognition for standout athletes potentially looking to advance into NPSC's competitive program. This document also details seasonal planning timelines, coaching expectations, and support resources, including equipment distribution, training opportunities, and communication tools. Whether you're a parent, coach, or program partner, this guide provides a comprehensive overview of how NPSC will deliver a fun, organized, and community-centered soccer experience.



## Offerings

### *Little United Program*

- U3/U4
- NPSC-provided shirts
- Games on Saturdays for 30 minutes
- Paid coaches

### *In House Program*

- U5/U6, U7/U8, U9/U10, U11/U12 divisions
- Uniforms purchased from [Soccer.com](https://www.soccer.com). The U11/U12 divisions will have numbered jerseys
- 1 1-hour practice per week
- 1 game on Saturdays
- Volunteer coaches
- NPSC controls scheduling

### *NCSL-Rec Program*

- U13 and up
- Uniforms purchased from [Soccer.com](https://www.soccer.com) (must include numbers)
- 2 1-hour practices per week
- 1 game on (primarily) Saturdays, an occasional Sunday game is possible
- Volunteer coaches
- NCSL-Rec controls scheduling

### *Academy Program*

- U8, U9, U10
- No specific uniform
- Practices are scheduled on the opposite day of the age group's recreational practice day
- Travel Coaches staff the Academy

- Play in an end of season Recreational All-Star tournament
- NPSC controls scheduling

## **Overall Outline**

For the In House and NCSL-Rec Programs, each season includes 2 weeks of pre-game practices plus 8 weekends of games.

- Spring season counts backwards from the first weekend in June. The weekend of Easter has no games. NPSC tries to avoid scheduling activities during both weekends of Spring Break if possible.
- Fall season counts backwards from the first weekend in November. Columbus Day weekend is a no-game weekend.
- 2 rain dates per season will be scheduled and publicized at the beginning of the season. Practices are generally not made up for weather cancellations, up to two weekends of games are made up for weather cancellations.