

September 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:30 Devotions, Fl.2. All Welcome 1:30 Ice Cream Outing, Fl.1 2:00 Rhythm and Movement, Fl.2 6:00 Garden Visits, NH	2 Morning Trishaw to Trails Outing 1:30 Van Drive, BHS 2:00 Cup Grab Challenge, Fl.1 2:00 Bingo, Fl.2 6:00 Yoga Relaxation, NH	3 10:30 Nifty Nails, BHS 2:00 Worship Service, Fl.2 Afternoon Candy Cart, All Units 6:00 Snakes & Ladders, Fl.2 6:00 Yahtzee, Fl.1	4 10:15 Pong Toss, Fl.2 10:30 Tetherball, BHS 10:30 Nifty Nails, Fl.1 2:00 Taste of Korea, NH 2:00 Adult Colouring, BHS	5 
6	7 <i>Labour Day</i>	8 Morning Trishaw to Trails Outing 1:30 Outing to Fisheries Museum of the Atlantic 2:00 Garden Visits, BHS 2:00 Garden Visits, Fl.2 2:00 Rhythm & Movement, NH 6:00 Name that Tune, Fl.2 6:00 Aqua Painting, BHS	9 Morning Bake Group, Fl.1 10:30 Nifty Nails, BHS 1:30 Van Drive, NH 2:00 Bingo, Fl.2 1:30 Taste of China, BHS 6:00 Yoga Relaxation, NH	10 10:00 Garden Visits, Fl.1 1:30 Music with Meghan, BHS 2:00 Worship Service, Fl.2 Afternoon Candy Cart, All Units 6:00 Word Games, Fl.2 6:00 Tovertafel, Fl.1	11 10:15 Pong Toss, Fl.1 10:30 Nifty Nails, Fl.2 2:00 Music Memories with Kelly & Dave Barnes, Fl.2	12 10:30 Chair Yoga, Fl.1 2:00 Garden Visits, Fl.1
13 8:00 Breakfast Group, Fl.2 10:00 Card Games, NH 10:00 Painting Exploration 1:30 Name that Tune, Fl.2 1:30 Fishers' Memorial Service Outing	14 10:30 Puzzle Group, NH 1:30 Outing to Fisheries Museum of the Atlantic 2:00 Word Games, Fl.1 6:00 Tovertafel, BHS	15 10:30 Devotions, Fl.2. All Welcome 2:00 Bake Group, BHS 2:00 Garden Visits, Fl.1 2:00 Name that Tune, Fl.2 6:00 Adult Colouring, Fl.1	16 9:30 Lunch Outing 2:00 Bingo, Fl.2 2:00 Garden Visits, BHS 2:30 Trivia, Fl.1 6:00 Yoga Relaxation, NH	17 Morning Trishaw to Trails Outing 1:30 Ice Cream Outing, Fl.2 1:30 Music with Meghan, BHS 2:00 Worship Service, Fl.2 Afternoon Candy Cart, All Units 6:30 Oasis Belly Dancers, Fl.2	18 10:30 Tovertafel, BHS 10:30 Nifty Nails, NH 10:15 Yoga Relaxation, Fl.1 1:30 Van Drive, Fl.2 2:00 Musical Entertainment with Midlife Crisis, Fl.2	19 8:00 Breakfast Group, Fl.1 10:30 Nifty Nails, Fl.1 1:30 Sing-a-long, Fl.1
20 	21 10:00 Taste of China, Fl.1 1:30 Outing to Fisheries Museum of the Atlantic 2:00 Musical Entertainment with Rivergrass Reunion Bluegrass Trio, Fl.2 6:00 Reminiscing Group, BHS 6:00 Trivia, Fl.2	22 2:00 Volunteer Appreciation Tea, MDR	23 10:00 Rock Painting, Fl.1 10:30 Resident Council, Conference Room 1:30 Van Drive, Fl.1 2:00 Musical Entertainment with Bluenose Fiddlers, Fl.2 6:00 Yoga Relaxation, NH	24 Morning Trishaw to Trails Outing 1:00 Outing to Walmart 2:00 Worship Service, Fl.2 Afternoon Candy Cart, All Units 6:00 Tovertafel, Fl.2 6:00 Sing-a-long, BHS	25 10:00 Cognitive Games, NH 10:00 Adult Colouring, Fl.2 10:30 Nifty Nails, BHS 1:30 Ice Cream Outing, NH/BHS 2:00 Welcome Fall Festivities, Fl.2	26 10:00 Creative Expression, Fl.2 10:00 Garden Visits, BHS 2:00 Birthday Party, Fl.2
27 10:00 Creative Expression, BHS 2:00 Creative Expression, NH	28 10:00 Nifty Nails, Fl.2 10:00 Garden Visits, Fl.1 2:00 Musical Entertainment with Sunny Side Up, Fl.2	29 10:30 Devotions, Fl.2. All Welcome 1:30 Outing to Fisheries Museum 2:00 Musical Entertainment with Running on MT, Fl.2 6:00 Snakes & Ladders, Fl.1	30 <i>National Day of Truth and Reconciliation</i>	Harbour View Haven is fortunate to have dedicated volunteers providing individual visits, including our St. John Ambulance Dog Therapy teams	Please Note: Programs are planned in advance and are subject to change relative to staffing availability.	Location legend: Floor One (Fl.1) Floor Two (Fl.2) Back Harbour Square (BHS) New Haven (NH) Main Dining Room (MDR)