## Harbour View Haven September 2025 "A Community For Quality Care" September 2025

	Mon	Tue	Wed	Thu	Fri	Sat
September	1 Labour Day	2 10:30 Devotions, Fl.1, All Welcome 2:00 Ice Cream Social, BHS 2:00 Garden Visits, NH 6:00 Aqua Painting, NH	3 10:00 Bake Group, NH 10:30 Tetherball, BHS 10:30 Strength in Motion, Fl.2 1:30 Van Drive, BHS 2:00 Bingo, Fl.2	4 10:15 LAMP Guitar Performance, Fl.2 2:00 Worship Service, Fl.2 2:00 Garden Visits, Fl.1 Afternoon Candy Cart Visits, All Units 6:00 Tovertafel, Fl.2	5 10:00 Cribbage, NH 10:30 Puzzle Group, Fl.2 10:30 Strength in Motion, Fl.1 1:30 Outing to Fisheries Museum of the Atlantic 2:00 Balloon Badminton, Fl.2	8:00 Breakfast Group, Fl.2 10:30 Nifty Nails, Fl.2 1:30 Tovertafel, Fl.2
7	8	9	10	11	12	13
	10:30 Lunch Prep, BHS 11:30 Lunch Group, BHS 2:00 Bake Group, Fl.1 2:30 Nifty Nails, BHS 6:00 Tovertafel, Fl.1	2:00 Puzzle Group, BHS 2:00 Van Drive, Fl.1 6:30 Oasis Belly Dancers, Fl.2	10:30 Nifty Nails, BHS 10:30 Strength in Motion, Fl.2 2:00 Bingo, Fl.2	10:30 Puzzle Group, NH Afternoon Candy Cart Visits, All Units 1:30 Music with Meghan, BHS 2:00 Worship Service, Fl.2 6:00 Yahtzee, Fl.1	10:30 Strength in Motion, Fl.1 10:30 Aqua Painting, NH 10:30 Creative Expression, BHS 2:00 Bake Group, Fl.2 2:00 Garden Visits, BHS	
14	15	16	17	18	19	20
10:30 Chair Yoga, Fl.2 2:00 Garden Visits, Fl.2	2:00 Classical Music Performance by the Fulton Brothers and Barbara Butler, Fl.2 6:00 Tovertafel, BHS	10:30 Devotions, Fl.1, All Welcome 2:00 Music Memories with Kelly & Dave Barnes, Fl.2 6:00 Snakes & Ladders, Fl.1	10:30 Tovertafel, BHS 10:30 Strength in Motion, Fl.2 10:30 Exercises, Fl.1 2:00 Bingo, Fl.2 2:00 Bake Group, NH	10:30 Aqua Painting, NH 1:30 Music with Meghan, BHS 2:00 Worship Service, Fl.2 Afternoon Candy Cart Visits, All Units 6:00 Trivia, Fl.1	10:30 Nifty Nails, Fl.1 10:30 Strength in Motion, Fl.1 10:30 Aqua Painting, BHS 2:00 Musical Entertainment with Midlife Crisis, Fl.2	
21	22 10:30 Hymn Sing, Fl.1 2:00 Adult Colouring, BHS 2:00 Musical Entertainment with Sunny Side Up, Fl.2 6:00 Sing-a-long, BHS 6:00 Movie Night, Fl.1	23 10:00 Van Drive, Fl.2 2:00 "Welcome Fall" Festivities, Fl.2 All Welcome! 6:00 Tovertafel, Fl.2	10:30 Puzzle Group, NH 10:30 Strength in Motion, Fl.2 10:30 Tetherball, BHS 2:00 Bingo, Fl.2 2:00 Bake Group, BHS	25 10:30 Resident Council, Conference Room 1:30 Van Drive, Fl.1 Afternoon Candy Cart Visits, All Units 2:00 Worship Service, Fl.2 6:00 Bake Group, NH	26  10:30 Strength in Motion, Fl.1 11:00 Meal Outing 2:00 Tetherball, Fl.1 2:00 Tovertafel, Fl.2	27 10:30 Nifty Nails, Fl.1 10:30 Chair Yoga, NH 2:00 Monthly Birthday Party, Fl.2 All Welcome!
8:00 Breakfast Group, Fl.1 2:00 Chair Yoga, Fl.1	29 1:30 Van Drive, NH 6:00 Movie Night, Fl.2	30  National Day for Truth and Reconciliation		Harbour View Haven is fortunate to have many dedicated volunteers providing individual visits, including our St. John Ambulance Dog Therapy teams	Please Note: Programs are predetermined and are subject to change.	Location legend:  Floor One (Fl.1)  Floor Two (Fl.2)  Back Harbour Square (BHS)  New Haven (NH)  Main Dining Room (MDR)