October 2025



Hilltop Highlights

National Infection Control Week October 20-25, 2025

Theme: "Bridging Gaps, Building Bridges"
Increasing awareness on how infections are spread and educating individuals with the knowledge to prevent this.
Through education we can reduce infection rates, enhance public health and save lives.



October is Continuing Care Month

The month of October is Continuing Care Month in Nova Scotia. Continuing Care Month is a celebration of the staff and volunteers working in Long Term Care.

We are fortunate at Harbour View Haven to have a compassionate and caring group of people that go above and beyond the call of duty to ensure the wellbeing of our residents.

We wish to thank our staff and volunteers for their hard work and dedication.



Harbour View Haven Bill of Resident Rights

As a Resident of Harbour View Haven;

5. "You have the right to a safe and comfortable environment."

Residents have the right to be protected and prevented from harm in areas that require such an approach. Residents will not be abused mentally, physically or otherwise.



October 13, 2025

Upcoming Events!

Musical Entertainment by "Running on MT" - October 17 at 2:00 p.m. in the





Musical Entertainment by "Sharon Rhyno & Friends"

- October 20 at 2:00 p.m.

in the



Floor 2 Lounge.

Musical Entertainment by "Sunny Side Up" - October 27 at 2:00 p.m. in the Floor 2 Lounge.



Musical Entertainment by "Bluenose Fiddlers" -

October 29 at 2:00 p.m. in the Floor 2 Lounge.



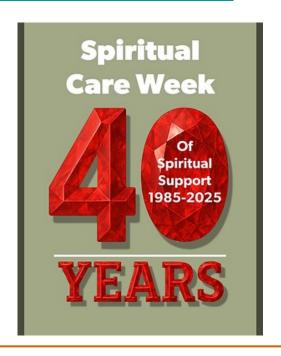
SPIRITUAL CARE/ PASTORAL CARE WEEK

October 19-25, 2025 Theme: "40 Years of Spiritual Support"

A special worship service will take place October 23 at 2:00 p.m. in the Floor Two Lounge.

All welcome!

Special Thanks to all our Pastoral Care Providers



Upcoming Special Meals

Food Services is planning a special Thanksgiving lunch on Sunday October 12th consisting of turkey dinner with all the fixings, and a Halloween themed lunch on Friday October 31st consisting of a spooky soup, cheddar chive biscuit, salad, and Halloween cupcakes.



Residents enjoyed a tour of St. John's Anglican Church, Lunenburg—September 9th

Food Services Update

Resident Meal Satisfaction Surveys & Resident Menu Committee

Since May 2025, department managers have been completing Resident Meal Satisfaction surveys daily, to hear all feedback with a goal to improve the menu and recipes within food services. In addition, a Resident Menu Committee has formed and meets monthly to sample new products or recipes suggested by residents, prepared in-house. If the items are well-received, they are incorporated in the menu.





With feedback gathered and changes made continuously to the cycle menu, the monthly average score has increased. In May 2025, 83% of surveyed residents liked or loved their meal, and in the recent month of July, 92% of surveyed residents liked or loved their meals.

Special Labor Day Lunch

Residents enjoyed a Labor Day meal on September 1st consisting of lobster rolls and cold salads, with special thanks to Resident Council for the approval of the lobster purchase. It was thoroughly enjoyed by residents.



