

November 2025



Harbour View Haven
"A Community For Quality Care"

Hilltop Highlights

REMEMBRANCE DAY IS NOVEMBER 10TH

Lest We Forget...

The Royal Canadian Legion,
Lunenburg Branch 23
will lead a Remembrance Day Service,
November 10th at 2:00 p.m.
in the Floor 2 Lounge,
All Welcome.



STAFF APPRECIATION

Last month was *Continuing Care month*... in appreciation to all our staff for their dedication and generous care provided to our residents, HVH offered a number of special treats throughout October including Tim Hortons Coffee, Muffins and Doughnuts, Subway Sub days, Pizza days, and a special Chicken & Samosas meal served by Management.

Harbour View Haven Bill of Resident Rights

*As a Resident of
Harbour View
Haven;*

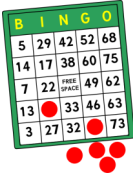
6. "You have the right to voice complaints regarding the facility or facility staff without facing discrimination."

In accordance with HVH policy regarding complaints, residents are encouraged to direct complaints to the CEO, the Director of Resident Care, the Assistant Director of Care, and/or Nurse Manager .



Upcoming Events!

Bingo— Every Wednesday afternoon at 2:00 p.m. in the Floor Two Lounge.



Musical Entertainment by "Sharon Rhyno & Country Round-Up" - November 3 at 2:00 p.m. in the Floor 2 Lounge.



Musical Entertainment by "Tony Quinn" - November 7 at 2:00 p.m. in the Floor Two Lounge.



Musical Entertainment by "Sunny Side Up" - November 24 at 2:00 p.m. in the Floor 2 Lounge.

Falls Management Program

HVH has developed a Falls Management Program (FMP) that assess a resident's risk of falling to ensure measures are put in place to decrease injury. The FMP is a team approach, involving the resident and families, nursing staff, Medical Director, Physiotherapist, Occupational Therapist, Safety Manager & therapeutics staff.

Our Approach to Reduce the risk of falls Includes:

- Environmental scans of resident areas to ensure free of clutter
- Proper lighting
- Bed height is at an appropriate setting
- Regular monitoring and reviewing of medications that could contribute to falls
- Implementing toileting schedules when appropriate setting



Providing Assessment for Personal Safety/ Assistive Devices such as:

- Glasses
- Hearing aids
- Visual signage
- Appropriate footwear/ grippy socks
- Walkers/canes
- Personal/bed alarms

Least Restraint Policy

HVH follows a least restraint policy that strives for safe and appropriate interventions to support resident safety while maintaining dignity, comfort, and autonomy.

In the past, restraints were used to restrict mobility of residents at risk of falling. Research shows that restraints & full bed rails are more likely to harm residents than protect them, while placing staff at greater risk of injury.



ETHICS & PROFESSIONAL BOUNDARIES



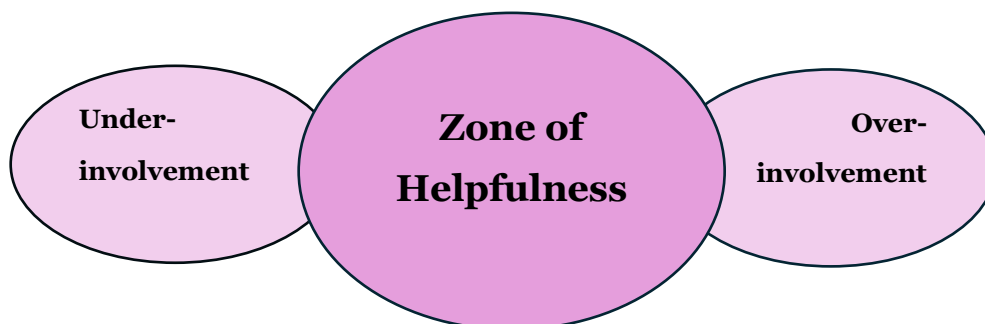
What are Professional Boundaries and why do they matter in healthcare?

Professional boundaries are where the lines lay that separate professional, therapeutic treatment healthcare providers give, from the behaviour that could harm or reduce benefit of care. This is also known as the space between a provider's power and a recipient's vulnerability. This is crucial in healthcare as actions promoting or harming a patient's treatment to benefit the provider is unethical.

Some examples could be:

- Providing more timely or thorough treatment because a patient gave you a gift or is a close friend of yours.
- Offering a promotion or benefits to an employee or patient, using the provider's (or employer's) power.
- Self referring to a person of a close association.
- Providing treatment to a family or close friend or when there is a conflict of interest.
- Engaging in personal activities with patients.
- Using your position or authority to influence others in your care.

Characteristic	Therapeutic	Personal
Location	At place of care	Unlimited
Structure	Length of appt or nature of care	Unstructured and determined by time together
Behaviour	Guided by professional standards and code of ethics	Guided by personal beliefs and values



Under or over-involvement can lead to mis-matched expectations, hurt, discomfort, affect patient's responses or comfort level, or compromise privacy.

