

January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Harbour View Haven is fortunate to have many dedicated volunteers providing individual visits, including our St. John Ambulance Dog Therapy teams</p>	<p>Please Note: Programs are predetermined relative to the need of staff to support resident/family video calls and are subject to change.</p>	<p>Location legend: Floor One (Fl.1) Floor Two (Fl.2) Back Harbour Square (BHS) New Haven (NH) Main Dining Room (MDR)</p>		<p>1 New Year's Day Recreation Department Closed</p>	<p>2 10:30 Strength in Motion, Fl.1 10:30 Exercises, Fl.2 2:00 Card Bingo, NH</p>	<p>3 10:30 Chair Yoga, Fl.1 2:00 Name that Tune, Fl.1</p>
<p>4 8:00 Breakfast Group, Fl.2 1:30 Chair Yoga, Fl.2</p>	<p>5 10:30 Hymn Sing, Fl.1 2:00 Card Bingo, Fl.1 2:00 Hot Chocolate & Reminiscing, Fl.2 6:00 Word Games, & Trivia, Fl.2</p>	<p>6 10:30 Cribbage, NH 1:30 Van Outing to Lunenburg Daycare 2:00 Name that Tune, Fl.2 6:00 Tovertafel, BHS</p>	<p>7 10:30 Nifty Nails, BHS 10:30 Tea & Talk, Fl.1 10:30 Strength in Motion, Fl.2 2:00 Bingo, Fl.2 2:00 Bake Group, BHS</p>	<p>8 10:00 Wii Bolwing, NH 10:30 Puzzle Group, FL.2 1:30 Music with Meghan, BHS 2:00 Worship Service, Fl.2 Afternoon Candy Cart Visits, All Units 6:00 Reading Group, Fl.1</p>	<p>9 10:30 Adult Colouring, NH 10:30 Strength in Motion, Fl.1 10:30 Tovertafel, Fl.2 2:00 Tetherball, BHS 2:00 Bake Group, Fl.1</p>	<p>10 <i>Happy New Year!</i> </p>
 <p>11</p>	<p>12 10:30 Tovertafel, Fl.1 2:00 Classical Music Performance by the Fulton Bothers, Fl.2 2:00 Creative Expression, BHS 6:00 Word Games, & Trivia, NH 6:00 Reading Group, BHS</p>	<p>13 10:30 Devotions, Fl.1 All Welcome! 2:00 Musical Memories with Kelly & Dave Barnes, Fl.2 6:00 Aqua Painting, NH</p>	<p>14 10:30 Puzzle Group, NH 10:30 Tovertafel, Fl.1 10:30 Strength in Motion, Fl.2 2:00 Bingo, Fl.2 2:00 Bake Group, Fl.1</p>	<p>15 10:30 Hymn Sing, BHS 2:00 Worship Service, Fl.2 Afternoon Candy Cart Visits, All Units 6:00 Trivia, Fl.2 6:00 Tovertafel, NH</p>	<p>16 10:30 Nifty Nails, Fl.2 10:30 Aqua Painting, BHS 10:30 Strength in Motion, Fl.1 2:00 Word Games, Fl.2 2:00 Bowling, BHS</p>	<p>17 Morning Lunch Prep, Fl.1 10:30 Puzzle Group, Fl.2 11:30 Lunch Group, Fl.1 2:00 Creative Expression, Fl.2 2:30 Snakes & Ladders, Fl.1</p>
<p>18 10:30 Chair Yoga, NH 2:00 Bake Group, NH</p>	<p>19 10:30 Tovertafel, BHS 2:00 Card Bingo, NH</p>	<p>20 10:30 Exercises, Fl.1 2:00 Musical Entertainment with Midlife Crisis, Fl.2 6:00 Tovertafel, BHS</p>	<p>21 10:30 Nifty Nails, Fl.1 10:30 Tetherball, BHS 10:30 Strength in Motion, Fl.2 2:00 Bingo, Fl.2 Afternoon Candy Cart Visits, All Units</p>	<p>22 10:30 Adult Colouring, Fl.2 1:30 Music with Meghan, BHS 1:30 Outing to Bridgewater Mall 2:00 Worship Service, Fl.2 6:00 Tovertafel, BHS 6:00 Creative Expression, Fl.1</p>	<p>23 10:30 Sing-a-long, BHS 10:30 Strength in Motion, Fl.1 10:30 Resident Council Meeting, Conference Room 2:00 Bowling, Fl.2 All Welcome!</p>	<p>24</p>
<p>25</p>	<p>26 10:30 Tovertafel, Fl.2 2:00 Musical Entertainment with Sunny Side Up, Fl.2 6:00 Word Games, & Trivia, Fl.1 6:00 Fun & Games, NH</p>	<p>27 10:30 Devotions, Fl.1 All Welcome! 2:00 Musical Entertainment with Running on MT, Fl.2 6:00 Sing-a-long, Fl.1</p>	<p>28 10:30 Reading Group, NH 10:30 Nifty Nails, BHS 10:30 Strength in Motion, Fl.2 2:00 Bingo, Fl.2 2:00 Bake Group, BHS</p>	<p>29 10:30 Tovertafel, Fl.2 10:30 Weekly News & Coffee Group, Fl.1 2:00 Worship Service, Fl.2 Afternoon Candy Cart Visits, All Units 6:00 Yahtzee, Fl.2</p>	<p>30 10:30 Strength in Motion, Fl.1 10:30 Hymn Sing, Fl.2 10:30 Adult Colouring, BHS 2:00 Yahtzee, Fl.1 2:00 Bake Group, Fl.2</p>	<p>31 10:30 Creative Expression, BHS 2:00 Monthly Birthday Party, Fl.2 All Welcome!</p>