

August 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Harbour View Haven is fortunate to have many dedicated volunteers providing individual visits, including our St. John Ambulance Dog Therapy teams	Please Note: Programs are predetermined and are subject to change.	Location legend: Floor One (Fl.1) Floor Two (Fl.2) Back Harbour Square (BHS) New Haven (NH) Main Dining Room (MDR)				1 10:00 Creative Expression, Fl.2 10:15 Yoga Relaxation, NH 2:00 Garden Visits, BHS 2:00 Garden Visits, Fl.1
2 10:30 Meal Preparations, NH 11:30 BBQ Lunch, NH 2:00 Garden Visits, NH	3 Civic Holiday	4 10:30 Devotions, Fl.1, All Welcome 2:00 Worship Service, Fl.2 6:00 Sweet Treat Social, Fl.1	5 Morning Trishaw to Trails Outing 2:00 Bingo, Fl.2 2:00 Van Drive, BHS 2:00 Touch the Colour, NH 6:00 Balloon Toss, Fl.1	6 10:00 Seashell Painting, Fl.1 11:00 Picnic Outing, Fl.2 2:00 Folk Harbour Festival Performance by Youngtree and Carole Bee, Fl.2 Afternoon Candy Cart Visits, All Units 6:00 Memory Challenge, BHS	7 Morning Trishaw to Trails Outing 10:00 Nifty Nails, BHS 2:00 Pong Toss, Fl.2 2:00 Card Bingo, NH	8 8:00 Breakfast Group, Fl.2 10:30 Nifty Nails, Fl.2 1:30 Garden Visits, Fl.2
9 	10 10:15 Yoga Relaxation, Fl.1 2:00 Touch the Colour, Fl.2 2:00 Garden Visits, Fl.1 6:00 Tovertafel, Fl.1 6:00 Smoothie Bar, Fl.2	11 10:15 Yoga Relaxation, Fl.2 11:00 Picnic Outing, BHS/NH 2:00 Garden Visits, BHS	12 Morning Trishaw to Trails Outing 2:00 Nifty Nails, BHS 2:00 Bingo, Fl.2	13 10:15 Find the Difference, Fl.1 2:00 Worship Service, Fl.2 Afternoon Candy Cart Visits, All Units 6:00 Name that Tune, Fl.2	14 Morning Trishaw to Trails Outing 2:00 Pong Toss, Fl.1 2:00 Van Drive, Fl.2	15 10:30 Physical Games, BHS 10:30 Puzzle Group, Fl.1 2:00 Garden Visits, Fl.2 2:00 Garden Visits, Fl.1
16 10:00 Creative Expression, BHS 2:00 Garden Visits, BHS	17 10:00 Lunch prep, Fl.1 10:15 Nifty Nails, BHS 10:30 Garden Visits, Fl.2 11:30 Lunch Group, Fl.1 2:00 Classical Musical Performance with the Fulton Brothers, Fl.2 2:00 Adult Colouring, BHS	18 10:30 Devotions, Fl.1, All Welcome 2:00 Touch the Colour, Fl.2 2:00 Garden Visits, Fl.1 6:00 Sweet Treat Social, Fl.2	19 Morning Trishaw to Trails Outing 2:00 Bingo, Fl.2 2:00 Sweet Treat Social, BHS 2:00 Van Drive, NH 6:00 Colour Focus Challenge, Fl.1	20 10:15 Memory Challenge, NH 11:00 Picnic Outing, Fl.1 2:00 Worship Service, Fl.2 Afternoon Candy Cart Visits, All Units 6:00 Trivia, Fl.2	21 Morning Trishaw to Trails Outing 10:30 Nifty Nails, Fl.1 1:30 Ice Cream Outing, NH 2:00 Memory Challenge, Fl.1 2:00 Bowling, BHS	22 10:15 Yoga Relaxation, Fl.2 2:00 Taste of China, NH
23 30 10:30 Creative Expression, NH 2:00 Garden Visits, NH	24 10:30 Nifty Nails, Fl.2 2:00 Monthly Birthday Party with Sunny Side Up, Fl.2 2:00 Garden Snakes & Ladders, Fl.1 6:00 Tovertafel, Fl.2 6:00 Trivia, Fl.1 31 10:15 Taste of China, BHS 2:00 Memory Challenge, Fl.1 2:00 Baking, NH 6:00 Trivia, Fl.2	25 10:15 Taste of China, Fl.1 10:30 Exercises, Fl.2 2:00 Musical Entertainment with Running on MT, Fl.2 2:00 Cognitive Games, NH 5:45 Van Drive, Fl.2	26 Morning Trishaw to Trails Outing 2:00 Bingo, Fl.2 2:00 Garden Visits, BHS 2:00 Creative Expression, NH 6:00 Snakes & Ladders, Fl.1	27 10:30 Resident Council, Conference Room 12:00 South Shore Bluegrass Association Outing 2:00 Worship Service, Fl.2 Afternoon Candy Cart Visits, All Units 6:00 Cognitive Games, Fl.2 6:00 Name that Tune, Fl.1	28 Morning Trishaw to Trails Outing 2:00 Taste of China, Fl.2 2:00 Sweet Treat Social, NH 2:00 Tea Party at Lunenburg Daycare	29 10:30 Puzzle Group, Fl.2 10:30 Tovertafel, BHS 1:30 Ice Cream Outing, BHS 2:00 Mocktail Social, Fl.1