CHECK THESE PAGES FOR YOUR ACCOUNT NUMBER.

NOTIFY OUR OFFICE BY THE 25TH OF THIS MONTH TO RECEIVE A \$10 BILL CREDIT!





NEMAHA-MARSHALL ELECTRIC CO-OP ASSN., INC.

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Nemaha-Marshall Electric Cooperative Association, Inc.



FROM THE MANAGER

Nemaha-Marshall Fuels Growth of Student Leaders at Cooperative Youth Leadership Camp



Kathleen O'Brien

DRESSMAN, representing Nemaha-Marshall Electric, recently participated in the 48th Annual Cooperative Youth Leadership

Camp (CYLC)

ANNIE

held July 11-17 near scenic Steamboat Springs, Colorado. The camp brought together 77 high school student leaders from Kansas, Oklahoma, Colorado and Wyoming, sponsored by 45 electric and agriculture cooperatives.

Dressman was selected by Nemaha-Marshall because of her exemplary leadership skills, academic excellence, involvement in extracurricular activities, and strong character as demonstrated in her application. She was tested on her knowledge of the history of cooperatives and the electric industry with a true/false and multiple-choice test followed by an interview with the board of trustees who quizzed her on more local issues.

Throughout the weeklong camp, students gained hands-on experience in cooperative business operations by forming and managing a mock candy cooperative. They elected a board of trustees, appointed a general manager, created committees and held daily membership meetings, mirroring the real-world structure of member-owned cooperatives. Educational sessions covered leadership development, conflict resolution and co-op career opportunities. Highlights included electric safety demonstrations by cooperative linemen, a live raptor presentation from HawkQuest, and a tour of the Craig Power Station.

CYLC offered more than just professional growth opportunities;

Continued on page 12B ▶



Annie Dressman poses next to Elk River during the Cooperative Youth Leadership Camp in July.

OUTAGES FOR JULY 2025

Occasionally, a part or parts of the delivery system fail and an outage occurs. Below are the larger outages that occurred.

Date	Location	Substation	Number of Consumers	Outage Cause
June 25	06-5-08-03	Marysville	11	Tree On Fire
June 25	36-2-10-03	Snipe Creek	1	Consumer Problem
June 28	12-6-13-13	Goff	169	Sparyer Tore Down Wires
June 29	19-2-14-01	Seneca	12	Bad Insulator
July 5	28-2-12-12	Seneca	1	Bad Transformer
July 8	21-3-08-14	Marysville	12	Hawk Tripped Fuse Tap
July 11	30-4-12-01	Goff	1	Bad Transformer
July 16	13-4-08-04	Marysville	571	Snake in Substation-Bad High Side Fuse
July 16	24-5-10-13	Centralia	3	Fuse Tap Tripped
July 16	04-4-07-11	Marysville	1	Consumer Problem
July 16	16-4-14-01	Goff	1	Bad Transformer
July 17	12-1-07-04	Lone Elm	1	Bad Transformer
July 17	12-1-07-03	Lone Elm	1	Bad Transformer
July 17	31-4-08-15	Marysville	1	Bad Transformer and Meter
July 19	05-3-06-10	Marysville	1	Bad Transformer
July 19	24-1-06-16	Hanover	4	Fuse Tap Tripped
July 20	30-1-06-14	Hanover	1	Bad Transformer
July 20	32-5-05-12	Frankfort	28	Breaker Tripped
July 20	13-3-12-13	Senecca	1	Bad Transformer
July 21	20-2-11-16	East Axtell	3	Fuse Tap Tripped
July 21	29-2-11-01	East Axtell	1	Bad Transformer

Nemaha-Marshall Fuels Growth of Student Leaders at Cooperative Youth Leadership Camp

Continued from page 12A ▶

it fostered a sense of camaraderie and adventure. Students explored the natural beauty of Mount Werner, experienced the charm of downtown Steamboat Springs, and braved the rapids of the Colorado River on a rafting trip. Recreational highlights included a volleyball tournament, swimming, a talent show and a dance.

Several students were recognized for their exceptional contributions during the camp. Issiah Melton, sponsored by Harmon Electric Cooperative, received the Exemplary Award for his positive influence. Charley Coffin, sponsored by FreeState; Cooper Springer, sponsored by 4 Rivers; and Maddie Wiggin, sponsored by TCEC; were elected as camp ambassadors by their peers and will return to the 2026 camp as student counselors.

"The Three-Cs presentation was eyeopening to how much communication and teamwork affect the end result. Without them, you won't reach your end result," Dressman said. "My fellow campers were so welcoming and social. They inspired me to get out of my shell and make new friends. I wish I had known that even though the schedule was packed, it would fly by and be so much fun. I was scared before I came to camp, and now I feel that there was no reason for my fear."

"The Cooperative Youth Leadership Camp is a meaningful way to invest in the future of our communities," said Kathleen O'Brien, General Manager at Nemaha-Marshall. "We're proud to support opportunities like this that help young people grow as leaders, build confidence and bring those skills back home to make a difference."

Nemaha-Marshall sponsors the trip for one student each year. For more information on how to attend/send students to camp, contact Kimberly Broxterman at 785-736-2345.



12B KANSAS COUNTRY LIVING ■ SEPTEMBER 2025



Keep Food Safe Before, During and After a Storm

Storm season can bring power outages, putting your food at risk of spoiling. You can keep your groceries safe and reduce waste with a little preparation.

BEFORE THE STORM

TAKE A FEW PRECAUTIONS:

- Use appliance thermometers in your fridge and freezer.
 Safe temps: 40 F (fridge), 0 F (freezer).
- Freeze water containers to help maintain cold temperatures.
- ▶ Keep coolers, ice packs or ice ready in case of long outages.
- ➤ Consider filling plastic containers with water, leaving an inch of space inside each one, to help keep food cold if the power goes out.

STOCK UP ON READY-TO-EAT FOODS THAT DON'T NEED REFRIGERATION INCLUDING:

- ▶ Bottled water
- Canned goods such as veggies, fruits, beans and tuna. Don't forget a manual can opener
- Instant mashed potatoes or oatmeal for carbs and energy
- ► Crackers and nuts
- Dry cereal and powdered milk

DURING AN OUTAGE

In the event of a disaster, it is important to follow a specific sequence for using your available food supply. Start with perishable foods and items from the refrigerator. Following that, turn your attention to the freezer, then begin using nonperishable foods and essential staples.

Losing a fridge full of food is costly, inconvenient and can

be dangerous if you're running low on rations. While you may not be able to save everything, here are ways to preserve food as long as possible:

- ► KEEP DOORS CLOSED. A fridge keeps food safe for up to 4 hours; a full freezer, up to 48 hours.
- ► USE A COOLER IF THE POWER IS OUT FOR MORE THAN 4 HOURS. Layer frozen items with fridge foods and ice for a more consistent temperature.
- ▶ IF YOU DON'T HAVE A COOLER, YOU CAN USE YOUR FREEZER. Put ice in bowls and place them around the food to prevent melting ice from flooding your freezer. Use blankets to insulate the freezer, but ensure that air vents are unobstructed.
- ► MONITOR TEMPERATURES WITH A THERMOMETER. Food must stay below 40 F to stay safe.
- NEVER TASTE FOOD TO TEST SAFETY. If it smells, looks or feels off — throw it out.
- ► DON'T USE FOOD THAT TOUCHED FLOODWATER UNLESS IT IS IN WATERPROOF PACKAGING.

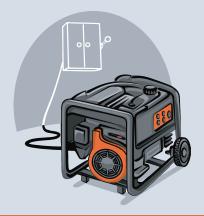
AFTER THE POWER RETURNS

- ▶ Frozen food is safe if it still contains ice crystals or has stayed under 40 F.
- ▶ Don't refreeze or cook food that got too warm.
- ▶ Throw out anything questionable.

Use the U.S. Department of Agriculture's guide to learn more about foods you can keep or should throw out after a power outage: www.foodsafety.gov/food-safety-charts/food-safety-during-power-outage.

Staying prepared can help you avoid illness, waste and added stress during a storm.

What is a TRANSFER SWITCH?



TRANSFER, THROW OR DOUBLE-THROW SWITCH:

An essential mechanism that safely shuts off power to the electrical grid before backup power is used. It is sometimes referred to as a double-throw switch, as it controls two separate circuits.

This switch's job is to safely transfer power from its primary source to a backup power source, enabling users to maintain power during an outage. It works by connecting a generator to your home's main circuits to provide backup power.

Properly installed transfer switches are essential because they prevent dangerous backfeed into the power grid, which endangers utility workers and others. Never plug a portable generator into a wall outlet, as this can cause backfeed.

SOURCE: WWW.SAFEELECTRICITY.COM

The Value of Electricity

Did you know the average daily cost of electricity is about \$5? When you think about all the ways we use electricity every day, that's a great value! A DAY'S WORTH OF ELECTRICITY POWERS: HOME HEATING/COOLING, ELECTRONICS, LIGHTING, MAJOR APPLIANCES AND MORE.





Look at the everyday items below, then add a plus (+) sign next to the items you think cost more than daily electricity. For items you think cost less than daily electricity, add a minus (-) sign.

