

SJYLL Youth Girl's Rules Comparison 2020-21					March 6, 2021				
		U-8	U-10	U-12	U-14				
Fees (teams split fees)		\$60	\$60	\$60 each	\$60 each				
Players		NEW up to 7v7, no goalie <i>league specific not USL</i> non-players must wear masks	NEW up to 8v8, includes goalie non-players must wear masks	NEW up to 12 v 12 non-players must wear masks	NEW up to 12 v 12 non-players must wear masks				
Coaches (3 max.)		1 Coach may be on field to assist kids. All coaches must wear masks	Stay on sideline in coaching "box". All coaches must wear masks	Stay on sideline in coaching "box". All coaches must wear masks	Stay on sideline in coaching "box". All coaches must wear masks				
Game Length		Running Clock 2-20 min. halves Play out 8m both halves <i>league specific not USL</i>	Running Clock 2-20 min. halves Play out 8m both halves <i>league specific not USL</i>	Running Clock 2-25 min. halves Play out 8m both halves <i>league specific not USL</i>	14 A/B B Running Clock 2-25minHalves 14A/B-B Play out 8m both halves 14A Running, stop clock last 2 minutes				
Time Outs		1 - 1 minute w/running clock none last 5 min of half <i>league specific not USL</i>	1-1 minute w/running clock none last 5 min of half <i>league specific not USL</i>	1-1 minute w/running clock none last 5 min of half <i>league specific not USL</i>	1-1 minute w/running clock none last 5 min of half <i>league specific not USL</i>				
Field		60-70yds x 35-45 yds	60-70yds x 35-45 yds	Full field	Full field				
EQUIPMENT									
Ball		NOCSAE Ball <i>league specific not USL</i>	NOCSAE Ball	NOCSAE Ball	NOCSAE Ball				
	Stick	USL Spec Sticks, modified pocket	USL Spec Sticks, modified pocket	USL Spec sticks	USL Spec Sticks				
Eyewear		USL requirements -SEI	USL requirements -SEI	USL requirements -SEI	USL requirements -SEI				
Mouthguard		USL requirements	USL requirements	USL requirements	USL requirements				
Goal Cage		6' x 6' v <i>league specific not USL</i>	6' x 6'	6' x 6'	6' x 6'				
Field Markings									
8' arc		Yes <i>league specific not USL</i>	Yes	Yes	Yes				
12' fan		Optional <i>league specific not USL</i>	Yes	Yes	Yes				
Restraining Line		Center line-Yes <i>league specific not USL</i>	Center line- Yes	Yes	Yes				
Checking		None	None	Modified	14 A/B &B Transitional/ 14A Full Checking				
Draw (2021 no draw) Regular Set-up Possession (In-Direct) 1st half away team 2nd half home team		Only to start <i>each half</i> must hold for whistle start players inside the 8m 3 in defense and 3 in offense Show Possession Signal <i>league specific not USL</i>	6 Players must hold for whistle start inside the 8m 3 in defense and 3 in offense Show Possession Signal <i>league specific not USL</i>	2021 Draw -hold for whistle start Show Possession Signal <i>league specific not USL</i>	2021 Draw-hold for whistle start Show Possession Signal <i>league specific not USL</i>				
Free Movement		Yes	Yes	Yes	Yes				
Self Start		No <i>league specific not USL</i>	No <i>league specific not USL</i>	Yes Self-starting when not an option -false start	Yes Self-starting when not an option -false start				
Score		- <u>No Draw after goal</u> give the ball to opponent goal line extended 8m away OR if coaches mutually agree may restart at the center line but No Draw	No Draw To Start & Restart game (indirect) Set up as if we will have a draw. Start of game 1st half away team has possession, and 2nd half home team. After a goal opponent starts with the ball, (indirect)unless 4 goal Mercy Rule. <i>league specific not USL</i>	No Draw To Start & Restart game (indirect) Set up as if we will have a draw. Start of game 1st half away team has possession, and 2nd half home team. After a goal opponent starts with the ball, (indirect) unless 4 goal Mercy Rule. <i>league specific not USL</i>	No Draw To Start & Restart game (indirect) Set up as if we will have a draw. Start of game 1st half away team has possession, and 2nd half home team. After a goal opponent starts with the ball, (indirect), unless 4 goal Mercy Rule. <i>league specific not USL</i>				
Passing Rule		Yes, "attempt" to pass. Once 2 pass established if possession is turned over then recovered again before ball goes over RL offense does not have to re-establish 2 passes, can go to goal <i>league specific not USL</i>	Yes, "attempt" to pass. Goalie outside GC clear counts as 1 pass. Once 2 pass established if possession is turned over then recovered again before ball goes over RL offense does not have to re-establish 2 passes, can go to goal <i>league specific not USL</i>	U12 B only -Yes, "attempt" to pass Goalie outside GC clear counts as 1 pass. Once 2 pass established if possession is turned over then recovered again before ball goes over RL offense does not have to re-establish 2 passes, , can go to goal <i>league specific not USL</i>	Regular Play No Pass Rule				
		U-8	U-10	U-12	U-14				

Defense 1V1	1 v 1 required	Only outside of the 8m Inside 8m may double, triple team	Regular play, no 1 v 1 required	Regular play, no 1 v 1 required
Carding	None. If major contact or unsportsmanlike behavior, remove for BRIEF period. <i>Mandatory substitution</i>	Regular carding rules/timing Mandatory substitution do not play short	Regular carding rules/timing	Regular carding rules/timing 14A - Check to the Head - Red Card
Injured Players	Must leave field, substitute	Must leave field, substitute	Must leave field, substitute	Must leave field, substitute
Overtime	None	None	None	None
Restart of Game After Goal	No goal but comes to rest inside the GC coach/official retrieves ball & gives to closest opponent on GLE 8m away. Whistle start. A goal follow score procedure.	Draw (2021 version)... 4 goal mercy rule option	Draw (2021 version)... 4 goal mercy rule option	Draw (2021 version) - U14 A/B -B 4 goal mercy rule option Draw U14A no mercy rule option
Restraining Line	Introduced at this level. 2 players from each team stay back league specific not USL	Introduced at this level. players plus goalie back	7 players plus goalie over RL	7 players plus goalie over RL
Substitution	Recommended on stoppage of play, but ok during live play.	Recommended on stoppage of play, but ok during live play.	Regular Uslax substitution rules	Regular uslax substitution rules
PLAYING THE BALL				
Covering ball	Never	Never	Not when opponent in playing distance	Not when opponent in playing distance
Ground ball	Contested by max 2 players. If more, whistle & Alt Possession	Contested by max 2 players. If more, whistle & Alt Possession	No restrictions	No restrictions
Kicking ball	Never	Never	Yes- on non shooting efforts	Yes - on non shooting efforts
Goal Circle Entry	Only Coach or Official	Only Goalie - No Deputy	Only Goalie - No Deputy	Only Goalie - No Deputy
Minimum Pass Rule	2 pass before shot on goal league specific not USL	2 pass before shot on goal league specific not USL	Only U12B -2 pass before shot on goal league specific not USL U12 A or U12A/B None	None
1V1 Defense	Yes	Only outside of the 8m Exempt inside the 8m	Not required	Not required
3 Sec Good Defense	Yes	Yes	Yes	No
Danger Fouls	Player briefly removed with Sub	Cards ok - with substitutions	Regular carding - no subs	Regular carding - no subs
Unsportsmanlike Cond	Player briefly removed with Sub	Cards ok - with substitutions	Regular carding - no subs	Regular carding - no subs
Shooting Fouls	Players responsible to not shoot at other players Shooter must have safe follow through No stick in goal circle	Players responsible to not shoot at other players Shooter must have safe follow through No stick in goal circle including no follow through over GC Dangerous Propel and Dangerous Follow Through (Mandatory Card)		
Goalie	None	Helmet, face mask, chinstrap, throat protector, padded gloves, mouthguard, chest protector, shin/thigh padding NEW - No Tinted Glasses NEW - SEI Certifies Chest Protector	Helmet, face mask, chinstrap, throat protector, padded gloves, mouthguard, chest prorector, shin/thigh padding NEW - No Tinted Glasses NEW - SEI Certifies Chest Protector	Helmet, face mask, chinstrap, throat protector, padded gloves, mouthguard, chest protector, shin/thigh padding NEW - No Tinted Glasses NEW - SEI Certifies Chest Protector
Mercy Rule	No	Option at 4 goal differential Possession (indirect) Only after a goal	Option at 4 goal differential Possession (indirect) Only after a goal	14 A/B & 14B Option at 4 goal differential Possession (indirect) Only after a goal U14A - None