

MMSC Fall Frenzy Open

October 17-18, 2026

Hosted by Mundelein Mustang Swim Club (MMSC)

www.mundeleinmustangswimclub.com

Held under the sanction of USA Swimming

Sanction # USA-IL-MMSC-290597

Meet Director		Entry Chair	
Chris Bertana Coachchris@mundeleinmustangswimclub.com 847-204-6997		Chris Bertana Coachchris@mundeleinmustangswimclub.com 847-204-6997	
Safety Chair	Meet Referee	Admin Official	
Melissa Healy coachmelissa@mustang-swim.com	Steve Fidanze sfidanze@yahoo.com	Amy Bartusch president@mustang-swim.com	

Location: RecPlex Aqua Arena, 9900 Terwall Terrace, Pleasant Prairie WI 53158

Facility: Indoor, 10 lane 25 yard pool with non-turbulent lane lines. Pool depth 7' at the shallow end and 12' feet at the deep end. Starting blocks are 29.5". The meet host will ensure the required course requirements.

Facility rules: Please keep all trash picked up. Please police your area after each session. No glass articles are allowed on deck. Smoking and the use of tobacco is prohibited inside the RecPlex. Keep out of unauthorized areas. Refrain from flash photography during the race starts. No outside chairs are permitted in the facility.

Timing System: A fully automatic Colorado System with manual back-up buttons and back-up watches for each lane.

Session	Day	Age Group	Warm-Up Time	Check In Closes	Meet Start Time
1/3	Sat/Sun AM	9-10 and 11-12 yr olds	8:00-8:55 am	8:20 am	9:00 am
2/4	Sat/Sun PM	8 and Under, Open	12:30-1:25 pm*	12:50 pm*	1:30 pm*

*Approximate times: warm-ups will begin immediately after the conclusion of the morning session, but not before 12:30pm. All events are Positive Check In. Check In will close 20 minutes after the start of warm-ups. The meet will begin 1 hour after the start of warm-ups.

Eligibility: All swimmers must be current members of USA Swimming and in good standing. USA swimming deck registrations will not be accepted. A swimmer's age for the meet will be his/her age as of October 17, 2026.

Disabled Athletes: Athletes shall present an [accommodation/modification form](#) to the Meet Director or Meet Referee to assist with any athlete requests.

Coaches: Coaches must be current members of USA Swimming to be allowed on deck.

Meet Rules:	All USA Swimming Inc. and WI LSC rules apply, including safety rules which will be strictly enforced. Wisconsin Swimming warm-up procedures will be in effect. Feet first three*point entries from the starting end of the pool during general warm-ups will be enforced for all sanctioned/approved competition in accordance with the recent change to policy 4.5.2(a). Teams will be assigned warm up lanes to use as they wish. Violators of the Wisconsin Swimming warm up procedure are subject to disqualification. In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Seeding:	All events will be Positive Check in, timed finals. Swimmers not checked in prior to the check in deadline will be scratched from that session. For seeding purposes please submit Short Course Yard times. NT's are acceptable. Special seeding procedures will be used for disability athletes. (see USA Rule 202.2.13)
Conduct:	All clubs will be responsible for their own swimmers. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Use of audio or visual recording devices, including a cell phone, is not permitted in changing area, restrooms, or locker rooms (USAS 202.4.11H) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair. <i>There will be a Lifeguard on duty and medical supervision will be available for the athletes.</i>
Deck Changes:	Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. <i>Deck changes are prohibited (USAS 202.4.11I).</i>
MAAPP 2.0:	All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. Times achieved by an athlete member at a sanctioned/approved meet who is over 18 years of age who had not completed the Athlete Protection Training (or whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. This includes participation as a member of a relay. These athletes will also be considered "not in good standing" and can be subject to fines under Wisconsin Swimming Policy.

Safe Sport 360:	The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. The Minor Athlete Abuse Prevention Policy prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet. Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report. All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after June 12, 2026, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after June 12, 2026, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.
Entries:	Entries will be accepted by the entry chair starting at 8:00 am Friday, September 18th, 2026. Entries will only be accepted via email. Entries will be accepted until the meet is full. Teams must submit hard copies, waivers and payment within 72 hrs of meet acceptance. This is an Open Entry meet, no reservations. All Teams/Clubs are highly encouraged to submit their entries once the entry period is open. No team/club "spots" will be reserved for this event. Send forms, waiver and payment to: MMSC, PO Box 1017, Mundelein IL 60060
Entry Fees:	Individual events are \$6.00 each. WI Swimming surcharge of \$4.00/swimmer entered in individual events must be included with your entry plus a \$8.00/swimmer facility fee.
Entry Limit:	Swimmers may enter 4 individual events per day. Events of 200y or longer may be limited. MMSC reserves the right to seed MMSC swimmers regardless of entry time in limited events.
Deck Entries:	Deck entries will be accepted to fill open lanes. Cost will be \$10.00 per event plus the Swimmers MUST be entered in the meet prior to the event for deck entries to be accepted.
Awards:	Ribbons for 1-12th place in all individual events for 8 and Under, 9-10 and 11-12. Swimmers in the Open category will not receive awards. Heat Winner prizes will be awarded for all events
Admissions:	No admission will be charged for spectators. The meet fees include an admission surcharge of \$14.00 per swimmer. Heat Sheets for each session will be included in the admission fee. Meet mobile heat sheets will also be included.

Concessions:	Food and drink will be available from the Rec Plex concession stand during the meet. No glass containers are permitted on deck.
Vendors:	Facility Vendor will be on-site at the meet
Meet Results:	A copy of the final results will be provided to each participating team via email and posted on both the MMSC and WI Swimming websites.
Timers:	MMSC will do our best to cover as many lanes as possible. However, some assistance with timing may be needed. If this occurs teams will be notified the Monday before the meet of timing needs.
Officials:	There will be a need for officials to help the meet run smoothly. Certified officials should contact Steve Fidanze, SFidanze@yahoo.com . Any assistance that can be provided would greatly be appreciated.
Parking:	There is plenty of free parking available

Order of Events

Saturday Morning Session 1			Saturday Afternoon Session 2		
Girls	Event	Boys	Girls	Event	Boys
1	9-10 50 Freestyle	2	21	Open 100 Backstroke	22
3	11-12 100 Freestyle	4	23	8 & Under 25 Backstroke	24
5	9-10 50 Breaststroke	6	25	Open 100 Butterfly	26
7	11-12 100 Breaststroke	8	27	8 & Under 50 Butterfly	28
9	9-10 100 Butterfly	10	29	Open 200 Breaststroke	30
11	11-12 50 Butterfly	12	31	8 & Under 25 Breaststroke	32
13	9-10 100 Backstroke	14	33	Open 200 Backstroke	34
15	11-12 50 Backstroke	16	35	8 & Under 50 Freestyle	36
17	9-10 200 Freestyle	18	37	Open 50 Freestyle	38
19	11-12 200 IM	20	39	8 & Under 200 IM	40
			41	Open 200 IM	42
			42	8 & Under 200 Free	44
Sunday Morning Session 3			Sunday Afternoon Session 4		
Girls	Event	Boys	Girls	Event	Boys
45	9-10 100 Freestyle	46	65	Open 100 Freestyle	66
47	11-12 50 Freestyle	48	67	8 & Under 50 Backstroke	68
49	9-10 100 Breaststroke	50	69	Open 50 Butterfly	70
51	11-12 50 Breaststroke	52	71	8 & Under 25 Butterfly	72
53	9-10 50 Butterfly	54	73	Open 50 Breaststroke	74
55	11-12 100 Butterfly	56	75	8 & Under 50 Breaststroke	76
57	9-10 50 Backstroke	58	77	Open 200 Freestyle	78
59	11-12 100 Backstroke	60	79	8 & Under 25 Freestyle	80
61	9-10 200 IM	62	81	Open 50 Backstroke	82
63	11-12 200 Freestyle	64	83	8 & Under 100 Freestyle	84
			85	Open 100 Breaststroke	86
			87	8 & Under 100 IM	88
			89	Open 200 Butterfly	90

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Sanctioned by USA Swimming

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Summary of Entries

Total Number of individual entries _____ @ 6.00 each = _____

Total Number of Swimmers in Meet _____ @ 4.00 each = _____ (WI)

Total Number of Swimmers in Meet _____ @ 8.00 each = _____ (Facility fee)

Total Number of Swimmers in Meet _____ @ 14.00 each = _____ (admission fee)

Total Meet Fees = _____

Please make checks payable to: Mundelein Mustang Swim Club.

Mail release form and payment to: Mundelein Mustang Swim Club, PO Box 1017, Mundelein IL 60060.

Name of Club _____ Club Code _____

Name(s) of coaches attending the meet: _____

Club Contact: _____

Mailing Address: _____

City, State, Zip: _____

Contact Phone Number: _____ Email: _____

In consideration of this entry I, intending to be legally bound; hereby co*sign, waive and release all rights and claims for damages which may accrue against USA Swimming, Inc.; Wisconsin Swimming Inc.; Mundelein Mustang Swim Club; the Lakeview Recplex, their representatives, employees or successors for any and all injuries suffered by me or any contestant or representative in said meet as a representative of my club. I attest that all athletes included in this entry and participating in this sanctioned/approved event are duly registered as current athlete members of USA Swimming.

Signature (Coach, Parent or Club Representative) **This waiver must accompany entry.
