

Smoking Cessation

Account Name	Description	Phone	Website	Shipping City
California Smokers' Helpline	Get FREE, confidential support to quit tobacco - available in multiple languages and tailored for teens, pregnant smokers, vape users, and tobacco chewers. Services include personalized counseling, quitting plans, free nicotine patches, and a supportive text messaging program.	800-300-8086	https://www.nobutts.org	La Jolla