

Life Skills

Account Name	Description	Phone	Website	Shipping City
CHRYSLIS	Chrysalis is a nonprofit dedicated to helping individuals overcome barriers to employment through job-readiness programs, personalized support, and paid transitional work. We guide clients toward stability and fulfillment by offering individualized case management and a dynamic curriculum designed to boost job search skills, confidence, and employability. Our workshops and services include: Job Preparation Classes 1-4 Mental Health and Legal Counseling (with LAFLA) Resume Writing and Practice Interviews Online Job Application Assistance Work Wardrobe and Hygiene Supplies Computer & Internet Access Support Groups, Phone & Message Center Bus Tokens for Interview Transportation	(818) 794-4200	https://www.changelives.org/	Pacoima
Boys & Girls Club of San Fernando Valley	FAMILY PRESERVATION PROGRAM services for children & families include: Intensive In-Home Counseling; Individual, Conjoint, and Group Counseling; Clinical Assessments; Child Focused Activities; Teaching and Demonstrating Home-Making Skills; Parenting Training and Skills Enhancement; Transportation; Linkage and Referral Services. Our TEEN ROOM is a teens-only space where members can get help with homework, use computers, etc.	818-896-5261	www.bgcsfv.org	Pacoima

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The Sheepfold	Providing Hope and Refuge for Mothers with Children. Faith-based. Transitional Six-month program: The goal of this program is to find employment and establish them in their own apartment, ready for independent living. During their stay with us, coupled with the non-denominational Bible teachings, they receive everything they need free of charge. This includes things such as home cooked meals, new clothes, all hygiene supplies, children and infant supplies, subsidized childcare, transportation, help with developing and adhering to a budget, learning parenting skills and much, much more. See website for requirements.	1.877.743.3736	https://www.thesheepfold.org/the-sheepfold.php?Our-Program-5	Orange
Volunteers of America	Homeless Veterans Reintegration Program (HVRP) serves veterans ages 18-24 in Downtown LA (Skid Row), Compton, San Gabriel Valley, and Orange County. They provide case management, education and employment assistance, clothing, life skills, housing referrals, and supportive services. HVRP offers job counseling, resume help, job placement, and follow-up, plus immediate transitional housing and essential support like medical referrals and transportation.	818-691-5507, main office (213) 389-150	www.voala.org	North Hollywood
New Economics for Women (NEW)	Diverse services for pregnant women & families including: housing (including Pre-purchase and Foreclosure Counseling), health, education, children's resources, family resources, financial resources.	(818) 887-3872	https://neweconomicsforwomen.org/familysource-center/	Los Angeles

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LA Care. Community Resource Center	L.A. Care and Blue Shield Promise's Community Resource Centers are neighborhood hubs that offer free, in-person health and wellness classes like Zumba, yoga, cooking demonstrations, nutrition education, and stress management workshops for people of all ages and backgrounds. In addition to fitness and wellness programming, visitors can get help applying for low- or no-cost health insurance such as Medi-Cal and CalFresh. These welcoming centers empower individuals to stay active, healthy, and well-informed right in their own communities.		http://communityresourcecenterla.org/locations/pacoima	
Braille Institute	Braille Institute is a non-profit organization that help adults, youth (7-19), and children (birth to 6) with blindness and low vision. We offer a broad range of free programs, classes and services including one on one consultations, parent group communities, braille literacy curriculums, and in-person or online classes.	800-272-4553	https://www.brailleinstitute.org/who-we-serve/	Los Angeles
New Directions for Youth	New Directions for Youth offers a variety of services to support at-risk youth and their families, including counseling (individual, group, family), job skills training, tutoring, after-school and recreational programs, anti-graffiti and environmental initiatives, health referrals, gang prevention alternatives, parenting classes, and computer courses. Their programs range from traditional to innovative and experimental approaches.	818-503-6330	www.ndfy.org	North Hollywood

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Tiny Treasures Collective	?Tiny Treasures Collective? thrift store provides products to meet the needs of children (pregnancy thru early elementary age) to benefit Community Pregnancy Clinic and Sarah?s House Maternity Homes while sharing the love of Jesus. We are a non profit company. Any proceeds we make go to nonprofit organizations that help local families, specifically Sarah's House Maternity Homes and Community Pregnancy Clinic. We do offer donation receipts. Our EIN is 87-3777035.	(805) 433-4865	https://www.tinytreasurescollective.org	Simi Valley
North Valley Occupational Center	The mission of North Valley Service Area of Adult and Career Education Schools is to offer educational and training opportunities that provide a diverse population of students with skills to participate more effectively in the family, at work, and in the community. Programs: Academics, Adult Basic Education, Career Technical Education, WIOA, ESL/Citizenship.	(818) 256-1400	https://www.nvoc.org	Mission Hills

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El Nido Family Centers	El Nido Family Centers is a social service, 501(C)3 non-profit agency. We provide counseling and family support services to disadvantaged communities throughout Los Angeles County. Empower families in low-income communities of Los Angeles County to break the cycle of poverty, child abuse, violence, academic failure, and teen pregnancy through outstanding educational, youth development, health and therapeutic services. FamilySource Center (services including: counseling, parent education, employment assistance, legal aid, financial literacy, adult education, tutoring/homework assistance), Parenting Classes, Teen Parent Family Services, GRYD (Gang Reduction & Youth Development provides comprehensive assessment, counseling, psychosocial education and case management to address underlying risk factors), Cal-Learn. Have multiple locations.	818-830-3646	www.elnidofamilycenters.org	Los Angeles
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Archdiocesan Youth Employment Services (AYE)	The Archdiocesan Youth Employment Services (AYE) at Catholic Charities of Los Angeles equips youth and adults from underserved communities with comprehensive job training, education, and career guidance. Through AJCC-based centers, participants receive hands-on paid internships and job placements in industries like banking, healthcare, and retail, alongside training workshops covering resume writing, interviewing, financial literacy, and career planning. Support services include on-site LAUSD counselor support, financial assistance, and connections to post-secondary education and apprenticeship opportunities?creating pathways to independence and long-term success.	213-736-5456	https://ayela.org/	Los Angeles
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Hathaway-Sycamores Child and Family Services	Sycamores is a Southern California nonprofit offering a wide range of behavioral health, education, and housing support services to over 18,000 children, youth, adults, and families. They provide therapy (individual, family, group), psychiatric care, and crisis stabilization through clinics, schools, and mobile teams. Their school-based programs and Family Resource Center deliver counseling, tutoring, food assistance, and life-skills classes. They also run foster care and transitional housing for youth, Medi-Cal care coordination (ECM), housing stabilization, and advocacy and training via the Hathaway Center. a residential-treatment center for youth ages 6 through 18; foster care and adoption services; school-based and outpatient-mental-health services; wraparound and in-home counseling services; a transitional-living program for teens and young adults; a family resource center.	818-896-8366	www.hathaway-sycamores.org	Pacoima
Hands 4 Hope LA	Hands 4 Hope LA is a nonprofit in North Hollywood offering free and low-cost after-school and summer programs for youth ages 8-24. Their services include tutoring, STEAM enrichment, music, sports, and life skills like job readiness, financial literacy, and college prep. They also provide leadership opportunities, community service projects, parent workshops, and mentorship to help youth succeed in school and beyond.	(818) 763-HOPE(4673)	https://hands4hope.org/	