

Emergency Services

Account Name	Description	Phone	Website	Shipping City
Angel's Flight for Runaway and Homeless Youth	Catholic Charities of Los Angeles' Angel's Flight is a 24/7 emergency shelter for youth ages 10–17 who are homeless, runaway, or at risk. Located in Westlake near Hollywood, the program helps with family reunification or placement in foster care. Residents receive food, clothing, medical care, and are assigned a counselor or therapist. The shelter addresses medical, emotional, and mental health needs, offering individual, family, and group counseling. It includes an LAUSD-accredited school program, substance abuse treatment, job search guidance, gang prevention, and recreational classes in tutoring, art, dance, and music.	800-833-2499	https://catholiccharitiesla.org/angels-flight-for-runaway-and-homeless-youth	Los Angeles
Covenant House California	Call 24/7. YOUTH homeless shelter that provides sanctuary and support for homeless and trafficked youth, ages 18-24. Bilingual. Referrals; counseling; emergency shelter; medical & mental health, education and career services. Emergency shelter immediately provides for youths' basic human needs and urgent medical care. They receive a nutritious meal, take a shower with new personal care products, receive new clothes, and sleep in a warm, safe bed. They are then connected to supportive services.	323-461-3131	https://covenanthousecalifornia.org	Hollywood

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1736 Family Crisis Center	1736 Family Crisis Center (FCC) is a nonprofit organization in Los Angeles, offering free, confidential services to individuals and families in crisis. Services include emergency and transitional shelters, mental health counseling, legal assistance, case management, and support for youth and veterans. FCC operates 30 facilities across Los Angeles and Orange Counties, serving approximately 6,000 individuals directly each year. All services are provided free of charge through the generous support of public and private funders, individual donors, and volunteers. For immediate assistance, individuals can call one of the 24-hour hotlines: (213) 745-6434 (213) 222-1237 (310) 379-3620 (310) 370-5902 (562) 388-7652	(323) 737-3900	http://www.1736familycrisiscenter.org	Los Angeles
The Sheepfold	Providing Hope and Refuge for Mothers with Children. Faith-based. Transitional Six-month program: The goal of this program is to find employment and establish them in their own apartment, ready for independent living. During their stay with us, coupled with the non-denominational Bible teachings, they receive everything they need free of charge. This includes things such as home cooked meals, new clothes, all hygiene supplies, children and infant supplies, subsidized childcare, transportation, help with developing and adhering to a budget, learning parenting skills and much, much more. See website for requirements.	1.877.743.3736	https://www.thesheepfold.org/the-sheepfold.php?Our-Program-5	Orange

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National Runaway Safeline	Offers crisis intervention and referrals for runaways, homeless, and other youth. Provides message services for youth and parents, and supports reunification through conference calls and bus tickets.	1-800-RUNAWAY (786-2929)	www.1800runaway.org	
MEND - Meet Each Need with Dignity	MEND provides food, diapers, health support for chronic conditions, job readiness, Medi-Cal care coordination, and personal care items for people experiencing homelessness. Services are for low-income individuals and families. Photo ID is required to register. More info at mendpoverty.org.	818-896-0246	https://mendpoverty.org	Pacoima
Our Redeemer Lutheran Pantry	This ministry is an all volunteer outreach providing food, clothing, hygiene items and the word of Christ to several hundred families and homeless each week. HOURS OF OPERATION: Thursdays - 11:30am to 1:00pm	(818) 341-3460	https://www.our-redeemer.org/human-care	Winnetka
Valley Vineyard Food Pantry	Groceries to help your family get through the week, feel free to visit us from 9 AM until 10 :30 AM on Sundays in the front parking lot on Reseda Blvd.	(818) 776-9696	https://valleyvineyard.org/food-pantry	Los Angeles
North Hollywood Interfaith Food Pantry	If you need food, you qualify to receive a bag with enough supplies for several days, including canned goods, cereal, rice, pasta, beans, peanut butter, and sometimes fresh fruit, bread, eggs, and vegetables. We offer drive-through distribution?no ID needed. Stay in your car and roll down the passenger window when you arrive.	(818) 760-3575	https://nhifp.org/	Studio City

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West Valley Food Pantry	Clients need to bring a picture ID (of any kind), preferably with your date of birth. You must also bring a utility bill or lease agreement to confirm your address. All the members of your household must be verified by an ID that has their date of birth such as a drivers license, school ID, or birth certificate. Clients may come once per week, but are limited to two visits during any month.	(818) 346-5554	https://www.westvalleyfoodpantry.org/find-us.html	Los Angeles
Family Rescue Center	Our mission is to support individuals and families in crisis, empowering them toward personal and financial independence. We provide essential services to hungry, low-income families and the homeless, including food and clothing distribution, diapers, feminine hygiene products, holiday food and toys, and school supplies. Additional services include mentoring, ESL classes, medical and vision care through partner clinics, vocational training assistance, and referrals for housing, utilities, and job placement. Join us in fighting hunger and enriching lives.	(818) 884-7587	https://www.rescatefamilycenter.org/services	Canoga Park
Rock of the Valley Church of God in Christ	Food Pantry Every Tuesday New Time During COVID-19: 4:00PM to 5:30PM COVID-19 Restrictions: DRIVE-UP SERVICE ONLY No Requirements	818-781-4156	https://rockofthevalley.org/connect/	Los Angeles
Catholic Charities of LA - Loaves and Fishes II	Loaves & Fishes II provides essential support for those in need, including a food pantry, case management, and access to a thrift store. Services: Food pantry, low-cost thrift store, after-school tutoring, youth art & music, sports, recreational activities, adult/youth health and nutrition education, summer camp, and holiday events.	(818) 997-0943	https://catholiccharitiesla.org/san-fernando-region/	Los Angeles

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Sova Valley Community Food & Resource Program	SOVA Valley Community Food & Resource Program provides free groceries, personal care items, and resources to those in need. Located at 16439 Vanowen St., Van Nuys, CA 91406, with parking behind Alta Dena Market. For pantry hours and eligibility, visit their website or call 818-988-7682.	818-988-7682	https://www.jfsla.org/sova	Los Angeles
Salvation Army Corps Community Center	The Salvation Army is an evangelical part of the universal Christian Church. Our message is based on the Bible, our ministry is motivated by the love of God, and our mission is to preach the gospel of Jesus Christ as we meet human needs in His name without discrimination. Every program we offer is rooted in our passion to serve God by serving the lost, the vulnerable, the needy, the poor, the hurting, the helpless, and the hopeless.	(800) 728-7825	https://westernusa.salvationarmy.org/usw_thq/	
North Valley Caring Services	NVCS is a community center in North Hills, San Fernando Valley, offering free after-school programs for kids (ages 5-12), a food pantry, breakfast program, and a local cooperative boutique. It provides safe overnight parking, showers, restrooms, meals, clothing, and case management for vehicle dwellers experiencing homelessness. Outreach meals and adult education are also available.	(818) 891-0481	https://www.nvcsinc.org/	Los Angeles

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St. Ferdinand Catholic Church Outreach Center	The Outreach Center provides relief to members of our community who are in need of food, clothing, or other economic support. Twice per month the LA Mobile Food Bank visits St. Ferdinand to provide food for families registered with the Outreach Center. For more information, please contact Gabriel Hernandez. Phone (818) 365-3194 gabriel@stoutreach.org	(818) 365-3194	https://stferdinandchurch.org/ministries/outreach-center	San Fernando
First United Methodist Church of Reseda Food Pantry	Food Pantry: Free canned goods, bread, and fruit every Wednesday, 1pm-5pm at the East Patio. To donate or volunteer, call 818-344-7135. Head Start Child Education: Support for parents and children through Child Care Resource Center. Info: 818-705-0113. Adult Development Education: In partnership with Tierra Del Sol, providing accredited services for adults with developmental disabilities. English as a Second Language (ESL) Classes: Free classes Monday-Friday in Room #10. Contact Jeff Michaels at 818-312-0492. Narcotics Anonymous: Meetings held the third Sunday of each month. Visit the San Fernando Valley Narcotics Anonymous homepage for details.	818-344-7135	https://resedaumc.org/outreach/	Los Angeles
Fish of West Valley	FISH provides food assistance to low-income individuals, homeless people, and stranded travelers. Food Pantry Hours: Saturdays 1 PM - 3 PM Wednesdays 2 PM - 4 PM Please bring ID for each family member (can be shown on your phone). ID not required for first visit. Sunday Fellowship Meals: Fellowship breakfast at 10 AM, followed by Sunday dinner. Open to all. FISH partners with LA Family Housing to deliver food to certain locations, including Vagabond.	(818) 280-9463	https://ourchatworthchurch.org/fish	Los Angeles

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The Pasture - Food Ministry of Our Lady of Lourdes Church	The Pasture is the food ministry of Our Lady of Lourdes Church, providing free groceries and meals to individuals and families in need. They offer a welcoming and supportive environment to help nourish both body and spirit within the community.	818-352-3218	https://ollchurch.us/contact-us	Los Angeles
Santa Clarita Valley Food Pantry	The Santa Clarita Valley Food Pantry is dedicated to alleviating hunger in the Santa Clarita Valley by serving families and individuals of all ages living in uncertainty, and seeking assistance. This includes Elderly Individuals, Working Families, Injured & Disabled Individuals, Homeless Individuals & Families, New SCV Residents, Recently Unemployed Individuals, College Students & Youth, Individuals Who've Lost A Steady Income.	661-255-5001	https://www.scvfoodpantry.org/	Santa Clarita
L.A. County Domestic Violence 24-HR Crisis Hotline	If you are experiencing domestic violence or need help right away, call: L.A. County Domestic Violence Hotline: 1-800-978-3600 National Domestic Violence Hotline: 1-800-799-7233 Available 24/7, 365 days a year. If you are in immediate danger, call 911.	1-800-978-3600	https://dpss.lacounty.gov/en/jobs/gain/sss/domestic-violence.html	
Hope of the Valley (Meal Program)	Provides hope and hot meals to the homeless and hungry, serving lunch Monday through Saturday from 12-1 p.m. at 6425 Tyrone Ave, Van Nuys. Weekend meals offered most Saturdays (call to confirm). Grocery and hygiene giveaways available when supplies last.	(818) 392-0020	https://www.hopeofthevalley.org/food-hungry/	Los Angeles
Hope of the Valley Rescue Mission	Visit our website for a full list of services, including meal programs, thrift store, and crisis housing.	(818) 392-0020	https://www.hopeofthevalley.org/#	Los Angeles

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San Fernando Rescue Mission	Emergency shelters for families offering hot meals, showers, case management, counseling, and help with transitional and permanent housing. The Family Shelter provides up to 10 months of stay in a comfortable, home-like setting, with cribs and changing tables for families with infants. As a faith-based organization, some religious services are offered, but all are welcome regardless of beliefs.	818-785-4476	https://sfvrescuemission.org/	Los Angeles
Ascencia	Ascencia is a nonprofit based in Glendale, CA, offering a full spectrum of services to help individuals and families overcome homelessness. They begin with street outreach and an accessible Access Center, providing intake interviews, hot meals, hygiene supplies, case management, and trauma-informed therapy. Their emergency shelter offers interim housing, meals, laundry, computer access, children's tutoring, and mental health support. As clients transition to stable living, Ascencia manages over 260 supportive housing units, including special programs for chronic illness, recovery, veterans, and seniors. Additional services include occupational therapy, financial literacy education, parenting and life-skills classes, tele-psychiatry, and ongoing housing retention support. Their holistic, person-centered approach ensures clients get the practical tools and emotional support needed for long-term stability.	818-246- 7900	https://www.ascenciaca.org/	Glendale

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East Los Angeles Women's Center	- 24/7 Free, Confidential, Bilingual CRISIS HOTLINE: 800-585-6231. - Help for women experiencing: sexual assault, domestic violence, human trafficking, & substance abuse recovery. - Legal, medical, mental health and housing services. - Crisis intervention, emergency shelter placement & support. - 24-hour accompaniment services to local hospitals. - Mental health support: Individual & group counseling. - Court & law enforcement accompaniment & advocacy. - Support services for children, family & friends of survivors. - PARENT-SKILLS TRAINING, case management services and community linkages to rapid re-housing, transitional housing, JOB TRAINING, workforce, education and job placement. - The Hope & Heart Project is a hospital-based EMERGENCY SHELTER for survivors of sexual and domestic violence.	323-526-5819	www.elawc.org	East Los Angeles
The Midnight Mission	The Midnight Mission offers a variety of helpful resources to any man, woman, or child who walks through our doors: emergency shelter, 3 hot meal offered daily, food, clothing & hygiene products. We offer many resources and support services, 12-step recovery, family living, job training, education, emergency services, and workforce development programs. Check website for full services and programs.	213-624-9258	https://www.midnightmission.org/	