

Developmental Disability Support

Account Name	Description	Phone	Website	Shipping City
The Help Group	The Help Group serves children, adolescents and young adults with special needs related to autism spectrum disorder, learning disabilities, ADHD, developmental delays, abuse and emotional challenges. The Help Group's nine specialized day schools offer pre-K through high school programs for more than 1,400 students. Its broad range of mental health and therapy services and residential programs extends its reach to more than 6,000 children, families, and adults. The Help Group's state-of-the-art schools and programs are located on six campuses in the Los Angeles area. At the heart of its efforts is the commitment to helping young people fulfill their potential to lead positive, productive and rewarding lives.	(818) 947-5514 or 818-781-036	https://www.thehelpgroup.org/	Sherman Oaks
National Down Syndrome Society	Support groups (available around U.S.); Spanish assistance available; Information for education (through adult), healthcare, employment/volunteer, independent housing, family care, early intervention, alternative therapies.	800-221-4602	https://ndss.org/	
National Down Syndrome Congress	A nonprofit dedicated to improving the lives of individuals with Down syndrome from infancy through adulthood. Offers prenatal and postnatal information, resources for new and expectant parents, healthcare, education, speech therapy, webinars, and support networks. Spanish assistance available.	1-800-232-NDSC (6372)	https://www.ndsccenter.org/	

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Down Syndrome Association of Los Angeles, Inc	We provide up-to-date information, advocacy, and community opportunities for individuals with Down syndrome and their families. Our support includes resources for new parents, educational workshops, support groups, and connections to vital medical and community services to enrich lives and foster inclusion.	818-786-0001	https://www.dsala.org/	Los Angeles
Club 21 Learning & Resource Center	Providing the tools, education, family support, resources and advocacy that enable individuals with Down syndrome to be fully included. Our goal is for every individual with Down syndrome to have independence, access, and belonging.	(626) 844-1821	https://clubtwentyone.org/	Pasadena
Tierra Del Sol Foundation	Empowering people with developmental disabilities through Workforce Development, College to Career, & Careers in the Arts. Tierra Van Nuys Office: 6851 Lennox Ave., Suite 300, Van Nuys CA 91406, (818) 908-9808	818-352-1419	https://www.tierradelsol.org/	
CSUN Family Focus Resource Center	Free support for families of children with special needs, including parent mentoring, IEP training, workshops, support groups, resources, referrals, and a lending library. Call ahead for parking and directions.	(818) 677-1200	https://www.csun.edu/family-focus-resource-center	
Department of Rehabilitation	DOR partners with individuals with disabilities to provide vocational rehabilitation and independent living services that promote employment, independence, and equality. Services include job training, assistive technology, peer support, housing assistance, and advocacy. Committed to empowering talent and potential through innovation and compassionate care.	916-558-5874	https://www.dor.ca.gov/	Sacramento

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North Los Angeles County Regional Center	Developmental Disabilities refer to conditions causing physical, learning, language, or behavioral impairments that begin before age 18 and usually last a lifetime. About 1 in 6 U.S. children have one or more developmental disabilities or delays (CDC). The North Los Angeles County Regional Center (NLACRC) helps individuals with developmental disabilities and their families access services to reach their highest potential.	(818) 778-1900	www.nlacrc.org	Chatsworth
Foothill Family Service	Foothill Family provides holistic, evidence-based services across life stages - early childhood, mental health, school-based support, and youth & family programs - designed to empower children and families in Greater Los Angeles. They offer individual and family counseling, intensive mental health interventions like wraparound and behavioral services, early childhood programs for ages 0–5 (including autism, developmental delays, and parenting education), and on-site school counseling across 183 schools in 18 districts. Their youth and family services include prevention and treatment for child abuse, domestic violence, teen parent support, caregiver assistance, and relationship education, all woven together by a family-centered approach based in strong research and clinical practices.	626-993-3000	www.foothillfamily.org	Pasadena