JOHN RIORDAN

Leadership & Organization Development

Jorie Gelnett

(571) 293-0345 jorie@exceptionalmiles.com

EXPERIENCE

- Exceptional Miles, Owner, May 2019-Present
- Loudoun County Public Schools, School Board Staff Aide, Jan. 2020-Present
- Town of Leesburg, Ida Lee Recreation Center, NASM Wellness & Nutrition Coach, June 2025-Present
- Loud & Clear Marketing, Chief Solutions Officer & Account Executive, Jan. 2018-Oct 2023
- Potomac River Running, Sales, Sept. 2014-March 2017



PROFESSIONAL SERVICES PROVIDED

- Individual and group wellness coaching
- Nutrition planning and education
- Run coaching and personalized training plans
- QuickBooks bookkeeping and financial organization
- Program coordination and operations consulting

EDUCATION & CERTIFICATIONS

Bachelor Of Science in Psychology, University of Illinois **Certifications**

- NASM Certified Wellness Coach
- NASM Certified Nutrition Coach
- RRCA Level I Certified Run Coach
- Adult & Youth Mental Health First Aid
- QuickBooks Certified Online User
- Intuit Certified Bookkeeping Professional

BIO

Jorie Gelnett is a certified wellness and nutrition coach, run coach, and bookkeeping pro who blends strategic thinking with heart-centered leadership. As founder of Exceptional Miles and a consultant at John Riordan & Associates, she helps individuals and teams move forward—mindfully, purposefully, and with impact.