## BRENDA'S REIKI SHARE AND SOUND BATH EXPERIENCE

- \* Reiki Shares are mini light-touch Reiki energy treatments given by Certified Usui Reiki Practitioners to relieve Stress & Dis-Ease in body, mind and spirit.
- \* Enjoy the Sound Bath with angel harp, crystal singing bowls, and other vibrational healing instruments while practicing "I AM" Mindfulness.

## TIMES & LOCATIONS

1st Monday of each month, 6:30-7:30 pm Blissful Beginnings, Mainlands Office Complex 9365 US Hwy 19 N, Ste. B, Pinellas Park Chairs provided. \$10-\$20 Suggested Donation Shared with Reiki Team and Blissful Beginnings

2nd Thursday of each month (starting Sept 11th), 6:30-7:30 pm Sacred Lands 1700 Park Street N. St Petersburg Chairs provided. \$10-\$20 Suggested Donation Shared with Reiki Team and Sacred Lands

3rd Tuesday of each month, 6:30-7:30 pm Peacock Center, Seminole Gardens Apartments 8324 112th Street N. Seminole Chairs Provided. \$10-\$20 Suggested Donation Shared with Reiki Team and Seminole Gardens

4th Sunday of each month (starting Aug 24th), 4:00-5:00 pm
The Book Rescuer
8325 Ulmerton Road, Largo
Chairs provided. \$10-\$20 Suggested Donation
Shared with Reiki Team and Book Rescuer's "SchoolTeacher Charity"



## SPECIAL OFFER FOR ATTENDING OUR REIKI SHARE:

\$11 off Treatments & Trainings



For more information contact Brenda: 727.259.5240
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