

DAILY RISK ASSESSMENT DESCRIPTORS

Leaders and risk assessors should understand the cumulative effect of risk areas prior to allocating a final activity choice grade. Such as, all leaders conducting a Risk Assessment must be aware of 'down playing' various subjective and objectives difficulties in order to 'reduce' the activity risk. A sensible and professional approach must be undertaken at all times. Leaders are also required to carry out continuous dynamic risk assessments that may have an impact on the overall initial assessment. This list of descriptors is to be used with KICC's online RA form which is supplemental to our Normal Operating Procedures this document lists the anticipated general hazards and conventional mitigation that is expected from leaders.

Location

Please select from the drop down list. If your proposed route is not listed please tick "Other" add specific details in the "Other Venue" field.

LEADER ABILITY

Points	Code	Description
1 (LOW RISK)	Expert	Professional with several years' experience .
3	V. Experienced	MBL, Level 3 Leader or equivalent
6	Skilled	TCL/MBL
9 (HIGH RISK)	Newly Trained	L1 MTB Leader / L2 MTB Leader /TCL/MBL – Caution is required in adverse condition, or with inexperienced riders

LEADER FAMILIARITY

Points	Code	Description
1 (LOW RISK)	Current	The Leader has <u>detailed knowledge</u> of the area and is current. He/she is aware of the potential hazards involved, in respect of the activity being undertaken.
3	Familiar	The Leader is <u>familiar in the area</u> , though not extensively. Knowledge of potential hazards, appropriate to the activity is well known.
6	Unfamiliar	The Leader <u>has recent transitional knowledge</u> of similar activity areas and potential hazards, but is unfamiliar with the particular chosen location. A Leader who normally teaches Mountain Biking in the Lake District but is required to teach in Scotland may be an example.
9 (HIGH RISK)	Unknown	The Leader <u>neither knows</u> the particular chosen activity area, nor has recent transitional knowledge. Leaders with unfamiliarity in activity areas used and without any 'up to date' available information may fall into this category.

ENVIRONMENTAL CONDITIONS

Points	Code	Description
1 (LOW RISK)	Comfortable	Environmental conditions that do not hinder the activity in any way. The environment should not be a concern to any rider, either physically or psychologically.
2	Uncomfortable	Environmental conditions that may impede activity progress in some way. Riders may feel some psychological concern when learning new skills.
4	Demanding	Environmental conditions that may inhibit activity performances. Riders are likely to demonstrate unease, which could be detrimental to learning. Uncomfortable conditions hampered by poor weather conditions may lead to this increase in environmental dangers. Activity performance may be hindered by anxiety related problems.
9 (HIGH RISK)	Hostile	Environmental conditions that is likely to inhibit activity performance. Riders are highly likely to demonstrate increased anxiety, related stress, apprehension or even fear. There may be a risk of objective dangers being uncontrollable.

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LOCAL WEATHER

Points	Code	Description
1 (LOW RISK)	Good	Calm weather conditions, <u>which do not</u> impede the activity
3	Changeable	Weather conditions, <u>which may affect</u> the activity, such as rain, increased winds or changes in ambient temperature
6	Adverse	Weather conditions that <u>are likely to affect</u> activity, such as constant rain, sleet or snow, high winds, or large changes such in ambient temperature.
9 (HIGH RISK)	Extreme	Extreme weather conditions, <u>which will certainly affect</u> the activity and therefore Rider performance. Weather conditions such as storm force winds, torrential rain and extreme changes in ambient temperature.

ACTIVITY CHOICE

Points	Code	Description
1 (LOW RISK)	Controlled	The Leader is always in control of the activity. Occasionally Riders may need to perform tasks unaided however, the Leader <u>must always</u> be in a position to assist or stop activities.
3	Difficult	The activity has areas of safety that are reliant on the Rider performing previously learned safety skills which, if performed wrongly, may lead to an accident.
6	Severe	The activity requires the Rider to perform previously learned safety skills in conditions, which are more hazardous. The perception of 'risk to life and limb' increases and, in some circumstances, may be real. Detrimental changes in weather, increased environmental objectivity and psychological factors affecting Riders are some potential problems.
9 (HIGH RISK)	Hazardous	The activity has a real 'risk to life and limb' which the Leader must carefully control. Riders will be much more reliant on advice and Leader support. Heightened individual and group arousal may lead to or may result in distress, which may dangerously affect the activity. Within normal activities this level of activity should not be undertaken.

RIDER ABILITY

* Please note you must not the ability of a rider. A rider you do not know will initially score as a novice. You may wish to run a brief activity with your group before progressing.

Points	Code	Description
1 (LOW RISK)	Very Competent	A rider who is at the appropriate level and has enough experience to cope admirably with the activity. Must be mature and self-efficient to deal with all potential problems, (even without the presence of the Leader) and show a high level 'duty of care'.
3	Competent	A rider who is both capable and proficient to cope with activity diversities and be capable of taking care of themselves in almost any situation. The rider must be sensible with a 'duty of care'. Generally reflects a rider as indicated above.
6	Inexperienced	A rider which has undertaken the activity before, yet potentially lacks proficiency to cope alone. The Leader must have prior knowledge of the individual to award a higher level of competency.
9 (HIGH RISK)	Novice	A rider who is completely new to the activity, or is unknown to the Leader.

Calculation

The numbers given here are only a prompt to readdress your assessment and to modify or implement any measures you have taken to ensure the activity meets your levels.

Bike Helmet Clothing Check

This is a mandatory requirement. How you implement this is down to your judgement.

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Signature

Please sign this field if possible.