



Family Service
Regina Thriving communities.

YOUNG PARENT PROGRAM

Empowering pregnant and parenting youth, whether they are balancing their high-school education, or simply adjusting to new parenthood.

We believe that ensuring young parents receive adequate social support is essential for both parent and baby's future.

1245 College Ave Regina, SK S4P 1B1
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We work in partnership with the Shirley Schneider Support Centre, an in-school program at Balfour Collegiate that supports pregnant and parenting youth.

Our Young Parent Support Counsellors are present daily to walk alongside young families, offering guidance and responding to their needs in the moment.

Beyond the in-school program, we support young parents in the community, whether they are in school or not.

Our services are voluntary and client-led, meaning we focus on each parent's individual goals, providing assistance where needed while empowering them to make their own decisions.

Scan the QR code to learn more about the services we offer!

