



**Family Service**  
**Regina** Thriving  
communities.

# GENDER BASED VIOLENCE SERVICES

If you or someone you know is experiencing intimate partner or family violence, we're here to help.

Family Service Regina offers **free and confidential support** to those impacted by gender based violence.



2505 11<sup>th</sup> Avenue, Regina SK S4P 0K6  
306.757.6675 | [familyserviceregina.com](http://familyserviceregina.com)



## ALL DOMESTIC VIOLENCE SERVICES ARE FREE OF CHARGE AND CONFIDENTIAL.

You can contact us by phone, walk into our office, or book an appointment with one of our Domestic Violence Intake Caseworkers. When you reach out, we'll work with you to determine how we can best support your needs.

### We Provide:

- Crisis or ongoing support by phone, or in-person
- Help with making a plan for your safety
- Information about protection orders and the justice system
- When there are charges, updates about how the case is proceeding
- Specialized domestic violence counselling with trauma-informed counsellors
- Assistance with getting into a shelter
- Supportive accompaniment to court, police, or other appointments for safety and support
- Support groups
- Referrals for you and/or your children
- Information about Victim's Compensation benefits

If you are in crisis after hours, you can reach 24 hour support by calling Mobile Crisis Services at 306.757.0127