



THRIVE

RAPID ACCESS COUNSELLING

Suite 200 - 1440 Broadway Avenue | Regina, SK | S4P 1E2

Phone: (306) 757-6675

Visit www.counsellingconnectsask.ca to book a free 1-hour session

Supportive Services in Regina

Suicide Crisis Line:	9-8-8
Mental Health Clinic COAST:	(306) 766-7800
Mobile Crisis Services:	(306) 757-0127
Regina Police Service:	(306) 777-6500

If your safety is at risk, call 9-1-1 right away

www.familyserviceregina.com