

FREE 1-HOUR SESSIONS WITH TRAINED COUNSELLORS



RAPID ACCESS COUNSELLING FOR THOSE

IMPACTED BY SUICIDE LOSS

AVAILABLE FOR IN-PERSON, PHONE, AND VIDEO APPOINTMENTS

BOOK YOUR SESSION AT WWW.COUNSELLINGCONNECTSASK.CA

BOOK ONLINE OR CALL ONE OF THE ORGANIZATIONS LISTED:

Catholic Family Services of Prince Albert

306-922-3202

Family Service Regina

306-757-6675

Family Service Saskatoon

306-244-0127

PARTNERS Family Services

Serving Rural Central Saskatchewan

306-682-4135



SUICIDE CRISIS HOTLINE 9-8-8

If your safety is at risk, call 9-1-1 right away.

BOOK YOUR SESSION AT WWW.COUNSELLINGCONNECTSASK.CA