



Bottle feeding procedure.

At our nursery, bottle feeding takes place in accordance with the child's individual needs. At all times the highest levels of hygiene are maintained. At the babies settling in the key person will ask the parent or carer to demonstrate how their child likes to be held to be fed their bottle.

- Clean work surface and wash your hands and wear a white apron.
- Sterilise bottle and teats, following manufacturer's instructions.
- Use fresh cold water, boil and place in jug to cool. Only keep for 30 minutes and then throw away.
- Place water into bottle as directed amount from parent.
- Measure amount of powder in accordance to manufacturer's instructions.
- The formula should be at room temperature, please test on dropping a little milk onto your wrist. If still too warm place lid over teat and run cool water over the bottom of the bottle to cool.
- Please disregard any milk left over after the feed.
- Any milk left at room temperature for more than an hour should be discarded.
- Formula milk must be made up freshly for each feed.
- If parents are making up bottles in advance they must be placed in a fridge, labelled with the child's full name and should be sent home at the end of the day.
- When feeding a baby, hold the baby close and tip the bottle so the teat fills with milk and not air which could result in the baby having wind. It is a very special time lots of eye contact smiles and talking to baby.
- Expressed breast milk or cartons of pre prepared formula **MUST** be reheated in a bottle warmer and not in the microwave which creates hot spots which could result in a burn.
- After use please wash bottles thoroughly with detergent.
- A record must be kept of a baby's intake for parents.