



BOYS & GIRLS CLUBS
OF METRO SOUTH

TDA Schedule September 2025-June 2026

Dance Studio	Planet Fitness	Gymnasium
Monday		
4:30-5:00 Private Lesson		
5:00-6:00 Ballet, Ages 10+		
(mandatory for Allstar & Elite competitive teams)		
6:00-6:45 Production Team (competitive)	6:00-6:30 Private Lesson	
6:45-7:30 Int. /Adv.Technique (Mandatory for Elite)	6:45-7:30 Allstar Hip Hop (competitive)	
7:30-8:00 Beg./Int.Technique (Mandatory for Allstars)	7:30-8:00 Elite Hip Hop (competitive)	
8:00-8:30 Private Lesson	8:00-8:30 Private Lesson	8:00-8:30 Private Lesson
8:30-9:00 Private Lesson		
Tuesday		
4:30-5:00 Private Lesson	4:30-5:00 Private Lesson	
5:00-5:45 Hip Hop, Ages 6+		
5:45-6:30 Acrobatics/Tumbling, Ages 6+		
6:30-7:30 Mini Competitive Team		
7:30-8:00 Private Lesson	7:30-8:00 Private Lesson	
Wednesday		
4:30-5:00 Private Lesson		
5:00-6:00 Turns, Leaps, Jumps! Ages 7+		
6:00-6:45 Tap, Ages 7+		
6:45-7:30 Musical Theatre, Ages 7+		
7:30-8:00 Private Lesson		
Thursday		
4:30-5:00 Private Lesson	4:30-5:00 Private Lesson	
5:00-5:30 Stretch & Condition, Ages 7+	5:00-5:30 Private Lesson	
5:30-6:15 Elite Competitive Lyrical	5:30-6:15 Allstar Competitive Lyrical	
6:15-7:00 Elite Competitive Jazz	6:15-7:00 Allstar Competitive Jazz	6:30-7:00 Private Lesson
7:00-8:00 Intermediate Acro/Tumbling (TS)	7:00-8:00 Beginner Acro, Tumbling, Ages 8+ (KH)	7:00-8:00 Advanced Acrobatics (SA)
8:00-8:30 Private Lesson	8:00-8:30 Private Lesson	8:00-8:30 Acro Team (SA)
		8:30-9:00 Private Lesson
Flip Fridays: 5:00pm-6:30pm		
October 3rd	January 2nd	April 3rd
November 7th	February 6th	May 1st
December 5th	March 6th	June 5th
Saturday		
9:00-9:45 Creative Movement Pre- School Dance, Ages 2.5-4		
10:00-11:00 Ballet Tap Combo, Ages 4-6		
11:15-12:00 Beginner Acro/Tumbling, Ages 4-6		
12:15-12:45 Private Lesson (SA) Lorelei		
Dance Coordinator: Shannon Ashton dance@bgcmetrosouth.org		
Membership Desk: 508-824-4341		31 Court St. Taunton, MA 02780