

MUAY THAI

schedule of classes

● Monday

5:30pm- Competition

6:30pm- All Levels

● Wednesday

5:30pm- Competition

6:30pm- All Levels

● Friday

no classes

● Tuesday

11:30am- Fundamentals

5:30pm- Intermediate

6:30pm- All Levels

● Thursday

11:30am- Fundamentals

5:30pm- Intermediate

6:30pm- All Levels

● Saturday

no classes

