

Please read the patient information leaflet in the tablet pack before taking Zyduco® XL

## Patient Guide Zyduco® XL

Your guide to taking or giving Zyduco® XL

### Introduction

Today your Doctor prescribed Zyduco® XL for you, your parent or your child to take. When you get the Zyduco® XL from the chemist/pharmacy you will find it is a pale red-brown, oval shaped tablet. It is used in adults and children (over 10 years) with mild to moderate active ulcerative colitis. It should be taken as directed by your Doctor. The other name of your medicine is mesalazine. You will only be able to get Zyduco® XL on prescription from your Doctor.

- **What is Zyduco® XL?**

Zyduco® XL is a mesalazine. Mesalazine (an aminosalicilate) has both anti-inflammatory and mucosal healing properties, and is used to treat ulcerative colitis, Crohn's disease, and other types of inflammatory bowel disease.

- **Why has Zyduco® XL been prescribed for me?**

Your Doctor believes your condition may benefit from Zyduco® XL and it may relieve your symptoms.

- **How should you take Zyduco® XL?**

It is intended for once daily, oral administration. The tablets must not be crushed or chewed and should be taken with food at the same time each day. You should always take the dose your Doctor has prescribed for you.

- **Are there any side effects with Zyduco® XL?**

Like all medicines Zyduco® XL can cause side effects, but not everyone will get them. If you experience anything different when you start to take Zyduco® XL you should stop taking Zyduco® XL immediately and you, your parent or carer should talk to your Doctor or Pharmacist. You should also refer to the Patient Information Leaflet in the carton which contained your tablets for a list of other common side effects to look out for.

- **What happens if I stop taking Zyduco® XL or forget a dose?**

You should not stop taking Zyduco® XL unless your Doctor tells you to do so. If you forget to take your tablets, then take them as usual the next day. Do not take a double dose to make up for a forgotten tablet. If you do take more than you have been prescribed or forget to take a dose, you, your parent, or carer should contact your Doctor or Pharmacist for advice.

- **My doctor changed me to Zyduco® XL, why?**

Your Doctor may have decided to change your medication for many number of reasons, and it is best to discuss these with them as part of your overall treatment plan for managing your condition.

### Further information links - External site content not controlled by Zydus Pharmaceuticals UK Ltd

<https://www.crohnsandcolitis.org.uk/>

Always take the amount of Zyduco® XL your Doctor has prescribed for you and never share your medication with anyone else even if they appear to have the same symptoms as you.

For further information on Zyduco® XL, you, your parent, or carer should speak to your Doctor or Pharmacist. Do not stop taking your medication unless requested to do so by your Doctor.

Alternatively contact: [medinfo@zydusuk.com](mailto:medinfo@zydusuk.com)

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