



**With grateful thanks**

The family would like to thank all who have offered their love, support, and kindness, and who have joined us today to celebrate Jan's life.

**In Loving Memory of  
Jan "Janna" Innes  
5 November 1935 – 8 December 2025**

## Finding Joy in Aging

Oh! How to count my blessings as I age?  
How do I learn to ask for help?

These are just some of the things  
I need to overcome.

The sense that I am losing my independence,  
that I can no longer do.

Feeling overwhelmed by sadness,  
finding I spiral lower and lower.

But...

You know this isn't where I want to be.

I want to find the joy as I age,  
the joy in all I have achieved,  
the joy in my children & children's children and beyond.

As I go through my journey of aging,  
joy doesn't mean being happy all the time,  
but being able to appreciate and acknowledge where I am at.

That's one way to find joy in aging!

*Written for my mum, Jan Innes  
January 2025  
by Robyn Beard*

**Entrance Song**  
"Hallelujah" Jeff Buckley

**Welcome**  
Trish Williams - Celebrant

**Participation Song**  
"Big Big World" Emilia  
Led by Janine Wallace and family

**Eulogy**  
Erin Madill

**Reading**  
Donna Innes-Wardell

**Tributes**

**Photo Tribute & Reflection Music**  
"What A Wonderful World" Louis Armstrong  
"Unforgettable" Natalie & Nat King Cole  
"Heaven Is Lucky to Have You" Jonathan Lee

**Tribute Music**  
Performed by Geoff Carroll

**The Lord's Prayer**

**Final Words / Committal**

**Recessional Songs**  
"Tumbling Tumbleweeds" The Sons of the Pioneers  
"Running Bear" Pat Boone