

May, June & July Tsunami Calendar



May

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Gold: 3:30-5:30pm Silver: 330-5 or 5-630 Bronze: 330-445 or 5-615 Tide: 330-5pm	2 Gold & Silver: 8:009:30am Bronze: 8-9:15am
3	4 Gold: 3:30-5:30pm Silver: 330-5 or 5-630 B: 330-445 or 5-615 Wave 4-5pm	5 Dryland 330-415 Gold: 430-630 Silver: 430-6pm Bronze: 430-545 wave: 330-430 Tide: 330-5pm	6 Wave 4-5pm Tide: 330-5pm	7 Dryland 330-415 Gold: 430-630 Silver: 430-6pm Bronze: 430-545 wave: 330-430 Tide: 330-5pm	8 Bolles Pentathlon No practice or tide classes	9 Bolles Pentathlon No practice-
10	11 Make up tide 330-5pm Gold: 3:30-5:30pm Silver: 330-5 or 5-630 B: 330-445 or 5-615 Wave 4-5pm	12 Dryland 330-415 Gold: 430-630 Silver: 430-6pm Bronze: 430-545 wave: 330-430 Tide: 330-5pm	13 Wave 4-5pm Tide: 330-5pm	14 Dryland 330-415 Gold: 430-630 Silver: 430-6pm Bronze: 430-545 wave: 330-430 Tide: 330-5pm	15 Gold: 3:30-5:30pm Silver: 330-5 or 5-630 Bronze: 330-445 or 5-615 Tide: 330-5pm	16 prov graduation... Gold & Silver: 730-9:00am Bronze: 730-8:45am
17	18 Gold: 3:30-5:30pm Silver: 330-5 or 5-630 B: 330-445 or 5-615 Wave 4-5pm	19 Dryland 330-415 Gold: 430-630 Silver: 430-6pm Bronze: 430-545 wave: 330-430 Tide: 330-5pm	20 Wave 4-5pm Tide: 330-5pm	21 Dryland 330-415 Gold: 430-630 Silver: 430-6pm Bronze: 430-545 wave: 330-430 Tide: 330-5pm	22 EAJ SWIM MEET No Practice Tide: 330-5pm	23 EAJ SWIM MEET
EAJ SWIM MEET 24	25 OFF	26 Gold & Silver 530-7pm Bronze: 530-645pm	27	28 Gold & Silver 530-7pm Bronze: 530-645pm	29 Gold & Silver 530-7pm Bronze: 530-645pm	30 Gold & Silver: 8:009:30am Bronze: 8-9:15am
31						

June

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	2 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	3 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	4 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	5 Gold: 7:00-9:30 am Silver: 7:00-9:00am Bronze: 7-8:15am	6
7	8 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	9 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	10 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	11 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	12 Gold: 7:00-9:30 am Silver: 7:00-9:00am Bronze: 7-8:15am	13
14	15 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	16 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	17 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	18 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	19 Gold: 7:00-9:30 am Silver: 7:00-9:00am Bronze: 7-8:15am	20
21	22 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	23 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	24 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	25 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	26 Swim Rise Swim Meet	27 Swim Rise Swim Meet
28 Swim Rise Swim Meet	29 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	30 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am				

July

2026

Tsunami Summer Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	2 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	3 Gold: 7:00-9:30 am Silver: 7:00-9:00am Bronze: 7-8:15am	4
5	6 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	7 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	8 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	9 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	10 Gold: 7:00-9:30 am Silver: 7:00-9:00am Bronze: 7-8:15am	11
12	13 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	14 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	15 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	16 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	17 Gold: 7:00-9:30 am Silver: 7:00-9:00am Bronze: 7-8:15am	18
19	20 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	21 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	22 Gold 6:30-8:30am Silver: 7:00-8:30am Bronze: 7:00-8:15am	23 Gold & Silver: 6:30-7:55am swim 8-8:30am Dryland Bronze: 630-745am	24 Area 1	25 Area 1? Summer champs?
26 Area 1	27 OFF	28 OFF	29 OFF	30 OFF	31 OFF	

