

*The Lion's Gate Portal*  
8.8.2025



ELDARA  
*be the light*



# The Lion's Gate Ritual 8.8.2025

*A guided practice to align with the energy of light, expansion, and intention*

## What you'll need

A quiet space  
A candle (and match)  
Pen and paper  
Your Lion's Gate artwork  
Optional: a crystal such as Citrine, Clear Quartz, or Amethyst

## When to do this

The Lion's Gate Portal peaks on the 8th of August. Its energy is strongest between 8am and 8pm, with a powerful resonance at exactly 8:08 AM and 8:08 PM. These moments mirror the sacred number 8 — the number of infinity, power, and soul alignment. Choose the time that feels right for you. 8:08 AM is a beautiful time to call in energy, light, and clarity for the day ahead. 8:08 PM is perfect for integration, reflection, and releasing what no longer serves. You may wish to honour both.

## About the portal

Each year on 8.8, the Sun in Leo aligns with the rising of Sirius – a star long associated with wisdom, higher consciousness, and spiritual rebirth. This creates a powerful cosmic gateway that supports intention-setting, clarity, courage, and transformation. This ritual helps you step into that energy with presence and purpose.

## Prepare your space

Cleanse your space with incense, herbs, or simply fresh air. (Or go outside if you feel called to.)  
Light your candle with intention. 'I light this candle for the benefit of myself and others'  
Place your Lion's Gate artwork where you can see it clearly – on your altar, beside your bed, or wherever feels sacred.  
Let it become a visual anchor for your practice.

## Ground with breath

Sit with both feet gently resting on the ground.  
Close your eyes and take three deep, conscious breaths.  
Inhale light and possibility.  
Exhale doubt and heaviness.  
Feel your body soften. Let yourself arrive fully.

## Open the portal within

Gaze softly at the lion in your artwork.  
Visualise a moon glowing behind its head, surrounded by golden sacred light.  
Feel that light expand around you – warm, safe, and luminous.  
Say, aloud or silently:  
I open to the energy of this portal  
I release what is heavy  
I welcome clarity, creativity, and soul-aligned expansion  
I am ready to step into my light

## Set your intentions

Take a small piece of paper and write one thing you are ready to release — a fear, thought, pattern, or weight you no longer wish to carry.  
Hold it in your hands. Breathe deeply. Gaze into the candle flame.  
When you feel ready, say:  
*With love, I release this now.  
It has taught me what I needed to know.  
I let it go, and I am free.*  
Carefully burn the paper using your candle flame, placing it in a fireproof dish.  
As the smoke rises, imagine yourself lighter. Let it go.  
Now turn over your Lion's Gate artwork and write up to three desires or intentions on the back — things your soul is calling in.

## Anchor the energy

Place a crystal gently on top of your Lion's Gate artwork.  
Rest your hands nearby or over your heart.  
Say your desires aloud, or whisper them into the space:  
*I invite in the life I'm ready to live  
I align with purpose, love, and possibility  
I trust what's meant for me is already on its way*  
Let the colours of the artwork – golden yellow, deep blue, and violet – flow through you.  
Feel the lion's quiet strength, the moon's clarity, and the stars' wisdom holding you.  
Breathe it in. Let it settle.

## Close with gratitude

Blow out your candle with a whispered thank you.  
Keep your Lion's Gate image visible – by your bed, on your altar, or tucked in your journal – as a sacred reminder of your intention.

## Affirmation to carry forward

I honour the light within me  
I walk with strength, softness, and purpose  
I am aligned  
I am enough  
I am becoming



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*be the light*

**With love from Eldara**

*May this ritual offer you a moment  
of stillness, power, and presence as  
you step through the Lion's Gate.  
May your path be lit with intention,  
your heart guided by truth, and your  
spirit rooted in trust.  
Thank you for allowing our creation  
to be part of your sacred practice.  
We walk this path with you.*



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