



# WINTER & SPRING SCHEDULE

LAST REVISION: NOVEMBER 12, 2026

|                                     | WINTER SEASON (JAN-MAR)                   |                                            |                                                |                                            |                                                |                                                 |                                               |
|-------------------------------------|-------------------------------------------|--------------------------------------------|------------------------------------------------|--------------------------------------------|------------------------------------------------|-------------------------------------------------|-----------------------------------------------|
|                                     | Monday                                    | Tuesday                                    | Wednesday                                      | Thursday                                   | Friday                                         | Saturday                                        | Sunday                                        |
| Rookie Age Group<br>(2nd-4th Grade) | MARTIAL ARTS<br>1/12-3/23<br>17:00-17:40  |                                            | MARTIAL ARTS<br>1/14-3/25<br>17:00-17:40       |                                            | FORTIVUS RUGBY<br>2/27 Only<br>20:15-22:15     | CRUSADERS RUGBY<br>1/10-2/27<br>08:00-09:30     |                                               |
|                                     | FORTIVUS RUGBY<br>1/5 Only<br>18:00-20:00 |                                            | SPEED & STRENGTH<br>1/7 to 2/25<br>17:00-18:00 |                                            | SPEED & STRENGTH<br>1/9 to 2/27<br>17:00-18:00 |                                                 |                                               |
| Youth Age Group<br>(5th-8th Grade)  |                                           | MARTIAL ARTS<br>1/13-3/24<br>16:15-16:55   | SPEED & STRENGTH<br>1/7 to 2/25<br>17:00-18:00 | MARTIAL ARTS<br>1/15-3/26<br>16:15-16:55   | SPEED & STRENGTH<br>1/9 to 2/27<br>17:00-18:00 | U13 CRUSADERS RUGBY<br>1/10-2/27<br>08:00-09:30 |                                               |
|                                     |                                           |                                            |                                                |                                            | FORTIVUS RUGBY<br>2/27 Only<br>20:15-22:15     | U15 CRUSADERS RUGBY<br>1/10-2/27<br>09:30-11:00 |                                               |
| High School<br>(9th-12th Grade)     |                                           | MARTIAL ARTS<br>1/13-3/24<br>19:15-19:55   | SPEED & STRENGTH<br>1/7 to 2/25<br>17:00-18:00 |                                            | SPEED & STRENGTH<br>1/9 to 2/27<br>17:00-18:00 | MARTIAL ARTS<br>1/10-3/21<br>11:45-12:25        | WARRIORS RUGBY<br>1/11-2/28<br>Various Times  |
|                                     |                                           |                                            |                                                |                                            | FORTIVUS RUGBY<br>2/27 Only<br>20:15-22:15     |                                                 |                                               |
|                                     |                                           |                                            |                                                |                                            |                                                |                                                 |                                               |
|                                     | SPRING SEASON (APR-MAY)                   |                                            |                                                |                                            |                                                |                                                 |                                               |
|                                     | Monday                                    | Tuesday                                    | Wednesday                                      | Thursday                                   | Friday                                         | Saturday                                        | Sunday                                        |
| Rookie Age Group<br>(2nd-4th Grade) | MARTIAL ARTS<br>Dates TBC<br>Times TBC    | CRUSADERS RUGBY<br>4/7-5/29<br>17:00-18:30 | MARTIAL ARTS<br>Dates TBC<br>Times TBC         | CRUSADERS RUGBY<br>4/9-5/31<br>17:00-18:30 | SPEED & STRENGTH<br>4/3-5/22<br>17:00-18:00    |                                                 | CRUSADERS RUGBY<br>4/12-6/3<br>Game Times TBD |
|                                     |                                           |                                            | SPEED & STRENGTH<br>4/1-5/20<br>17:00-18:00    |                                            |                                                |                                                 |                                               |
| Youth Age Group<br>(5th-8th Grade)  | MARTIAL ARTS<br>Dates TBC<br>Times TBC    | CRUSADERS RUGBY<br>4/7-5/29<br>17:00-18:30 | MARTIAL ARTS<br>Dates TBC<br>Times TBC         | CRUSADERS RUGBY<br>4/9-5/31<br>17:00-18:30 | FORTIVUS SOCCER<br>Dates TBC<br>Times TBC      | FORTIVUS SOCCER<br>Dates TBC<br>Times TBC       | CRUSADERS RUGBY<br>4/12-6/3<br>Game Times TBD |
|                                     |                                           |                                            | SPEED & STRENGTH<br>4/1-5/20<br>17:00-18:00    |                                            | SPEED & STRENGTH<br>4/3-5/22<br>17:00-18:00    |                                                 |                                               |
| High School<br>(9th-12th Grade)     | MARTIAL ARTS<br>Dates TBC<br>Times TBC    | WARRIORS RUGBY<br>4/7-5/29<br>18:00-20:00  | MARTIAL ARTS<br>Dates TBC<br>Times TBC         | WARRIORS RUGBY<br>4/9-5/31<br>18:00-20:00  | WARRIORS RUGBY<br>4/10-6/1<br>Expected Games   | MARTIAL ARTS<br>Dates TBC<br>Times TBC          |                                               |
|                                     |                                           |                                            | SPEED & STRENGTH<br>4/1-5/20<br>17:00-18:00    |                                            | SPEED & STRENGTH<br>4/3-5/22<br>17:00-18:00    |                                                 |                                               |



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## LOCATIONS:

MARTIAL ARTS: American Martial Arts Academy, 1020 104th St 104, Unit 104, Naperville, IL 60564

### CRUSADERS YOUTH RUGBY

- WINTER (JAN-FEB): Naperville Yard, 1607 Legacy Cir, Naperville, IL 60563
- WINTER (MAR): Commissioners Park Turf Field E, 3704 111th St. Naperville, IL 60564
- SPRING (APR-MAY) Commissioners Park Grass Field D, 3704 111th St. Naperville, IL 60564

### WARRIORS HIGH SCHOOL RUGBY

- WINTER (JAN-FEB): Just for Kicks, 10200 Soccer Drive, Plainfield, IL 60585
- WINTER (MAR): Commissioners Park Turf Field E, 3704 111th St. Naperville, IL 60564
- SPRING (APR-MAY) Commissioners Park Grass Field D, 3704 111th St. Naperville, IL 60564

FORTIVUS RUGBY ACADEMY: Woodridge Park District, 2600 The Center Dr, Woodridge, IL 60517

FORTIVUS SPEED & STRENGTH TRAINING Invictus Health & Fitness, 429 N Kirk Rod, Suite 103, Geneva, IL 60134

FORTIVUS SOCCER ACADEMY To Be Confirmed