# Middle School Winter Retreat 2023 RETREAT SCHEDULE

### **FRIDAY**

11:15pm

| 6:00pm  | Check-in                   |
|---------|----------------------------|
| 8:00pm  | Team Meeting               |
| 9:30pm  | Huddles                    |
| 10:00pm | Ice cream Social/Free Time |
|         |                            |

Lights Out



#### **SATURDAY**

| 8:00am  | Morning Workout / Adult Huddles |
|---------|---------------------------------|
| 8:15am  | Adult Huddles/Breakfast         |
| 8:30am  | Breakfast                       |
| 9:15am  | Team Meeting                    |
| 10:30am | Huddles                         |
| 11:15am | Competitions                    |
| 12:30pm | Lunch                           |
| 1:15pm  | Breakout Session 1              |
| 2:00pm  | Breakout Session 2 (Coed)       |
| 2:45pm  | Competitions (Group Games)      |
| 4:15pm  | Free Time                       |
| 5:45pm  | Retreat Photo                   |
| 6:00pm  | Dinner                          |
| 6:45pm  | Team Meeting                    |
| 9:15pm  | Huddles                         |
| 10:00pm | Bonfire                         |
| 11:15pm | Lights Out                      |
|         |                                 |

#### **SUNDAY**

| 8:00am  | Morning Workout /<br>Adult Huddles |
|---------|------------------------------------|
| 8:30am  | Breakfast                          |
| 9:15am  | Huddles                            |
| 9:45am  | Team Meeting                       |
| 11:00am | Departure                          |

## **FCA Store Hours:**

| Friday   | 6:00 – 7:55pm / 10:00 – 10:45pm |
|----------|---------------------------------|
| Saturday | 8:50 – 9:10am / 4:30 – 5:30pm / |
|          | 10:00 – 10:45pm                 |
| Sunday   | 8:50 – 9:10am / 10:45 – 11:15am |