

## Academy of Cognitive and Behavioral Therapies Diversity Action Committee Black, Indigenous, and People of Color (BIPOC) Scholarship Program

The Academy of Cognitive and Behavioral Therapies (A-CBT) values your continued membership as a Diplomate. As you have been a Diplomate with the Academy for at least five (5) years, you are now eligible for certification as a Trainer Consultant. The Trainer Consultant program has many benefits as described below. Further, the Trainer Consultant program assists in your own professional development towards advancing Cognitive and Behavioral Therapies. As the Academy is growing our training services, it becomes important we have a robust number of CBT professionals qualified to train on behalf of the Academy, specifically more trainers and consultants with diverse backgrounds and cultures. The Academy is deeply committed to the inclusion of diverse voices. Additionally, there is an increasing demand for specialty CBT training services, for areas such as Trauma, eating disorders, SMI, addiction, among many others

#### **Benefits as a Certified Trainer Consultant include:**

- Inclusion on the A-CBT list of certified Trainer Consultants.
- Referrals of mental health professionals seeking cognitive therapy training/supervision through our international referral database.
- Description of your practices, publications, and presentations on the A-CBT website.
- Promotion on the effectiveness of cognitive therapy for insurers, managed care companies, and behavioral healthcare providers.
- Documentation of competence in cognitive therapy training/supervision for employment, promotion, or tenure.
- Opportunities to transmit cognitive therapy by training the next generation of cognitive therapists and ACT Diplomates.
- Opportunities to join ACBT in helping nonprofits maximize their potential to solve problems, develop targeted programs, and evaluate solutions.

Accordingly, the Academy is excited to announce that we have developed a scholarship program for BIPOC CBT professionals. The program is designed to assist BIPOC Diplomates within the Academy by supporting the cost of the \$450.00 Trainer Consultant application fee. The Academy's Diversity Action Committee (DAC) has worked diligently to create a scholarship program aimed at increasing the number of BIPOC Diplomates providing certified training and rating services. If interested in advancing your professional resume and assisting the Academy in fostering CBT related services, please contact our Operations Manager, Kelley Joyner at kjoyner@academyofcbt.org. Thank you again for your interest in the Academy's Trainer Consultant Certification.



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#### **Trainer Consultant Scholarship Program**

The Academy is proud to have diverse voices amongst their membership and endeavors to continue to increase our diverse voices. The Academy of Cognitive and Behavioral Therapies provides scholarships to Diplomate Certified BIPOC members of the Academy seeking a certification as Trainer Consultant. Applications are now open. This scholarship program supports the registration fees for qualifying BIPOC Academy Diplomates, identifying as Black, Indigenous, or as a person of color (BIPOC) applying as a Certified Trainer Consultant Cognitive and Behavioral Health Therapist. The goal of the scholarship program is to enhance the level of BIPOC members providing training services on behalf of the Academy. Trainer Consultant participate in an evidence-based trainings, supporting the latest in CBT advancement to our profession and the consumers we serve. There are also opportunities for BIPOC trainers and consultants to act as leading change agents.

### **Scholarship Components**

- Covers the cost of the Academy's Trainer Consultant Application Fee (\$450 value).
- Covers the cost of initial, first year of membership (will not cover renewal fees \$225 value)

#### **Application Requirements**

- Applicants must complete and submit the DAC BIPOC Trainer Consultant Scholarship Application form. This includes:
  - A short statement (500-1,000 words in length) explaining their area of
    professional or academic focus; why they desire to become an A-CBT Trainer
    Consultant; how becoming an A-CBT Trainer Consultant will help them
    advance the provision of cultural relevant care in their communities; and
    how they anticipate contributing to A-CBT's mission
  - A FULL CV or resume
  - All uploaded filenames should contain your full name and date in the file type (.pdf only)