



Life. Love. Legacy.™
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LEGACY VILLAGE OF MURRELLS INLET

NEWSLETTER | MARCH 2026



YOUR LEADERSHIP TEAM



Larissa Kostal
Executive Director



Cecelia Painter
Sales & Marketing Director



Kim Vogelmann, LPN
Resident Services Director



Kaitlin Cantrell
Life Enrichment Director



Stephanie Decker
Dining Services Director



Joanne King
Business Office Manager



Dave Vogelmann
Maintenance Director



Brandon Jones
Chaplain

A MESSAGE FROM YOUR EXECUTIVE DIRECTOR



As we step into March and welcome the first signs of spring, I find myself reflecting on the power of renewal—not just in nature, but in our lives and community. This season reminds us that no matter the challenges we face, there is always room for growth, fresh beginnings, and brighter days ahead.

In senior living, care goes beyond routines and schedules. It's about creating moments of connection, kindness, and respect that make every day meaningful. Our teams are dedicated to honoring the unique stories and needs of each resident, fostering an environment where everyone is valued and truly at home.

March brings with it the promise of longer days and warmer sunshine, perfect for gathering, sharing smiles, and creating new memories together. We have a full calendar of activities and events designed to engage, inspire, and bring joy. Whether it's a lively group activity, a quiet moment of reflection, or simply time spent with friends and family, there's something for everyone to enjoy.

This month also offers a wonderful opportunity to embrace the spirit of renewal in our own lives. Whether it's trying something new, reconnecting with old friends, or simply savoring the small moments, spring invites us all to grow and refresh in meaningful ways.

I encourage everyone—residents, family members, and friends—to take part in the activities and events planned this season and to enjoy the warm, supportive spirit that makes our community such a special place. Doors and hearts are always open, and this season of renewal brings a wonderful opportunity to connect and grow together.

Thank you for trusting us to be part of your journey. Together, we create communities filled with warmth, care, and the kind of belonging that makes every day brighter.

With warmest regards,
Larissa Kostal

Larissa Kostal
Executive Director
Legacy Village of Murrells Inlet



EDIE BOLLER: AN ADVENTUROUS SPIRIT WITH A JOYFUL HEART

Edie Boller was born on October 3, 1940, in Laconia, New Hampshire, to Robert and Zaida Mack. The youngest of two children, Edie grew up surrounded by breathtaking mountains and sparkling lakes—a setting she still describes as one of the most beautiful places you could ever imagine. Her childhood was filled with outdoor adventure, seasonal fun, and unforgettable memories.

One of Edie's fondest memories comes from her time as a camp counselor at just 13 years old. She especially loved taking the children on hikes, though she laughs when recalling the one time she had to carry a child up the mountain after they refused to take another step. Summers were spent swimming—where she even learned from Olympic swimmer Irwin Smith—while winters were filled with skiing alongside family and friends. Growing up, Edie's family loved to travel, sparking a lifelong love of exploration. After graduating from Laconia High School in 1958, Edie attended junior college, where

she studied secretarial studies. Soon after, she moved to Washington, D.C., and began working for the government as a secretary stenographer in top-secret departments. Edie took great pride in her work and truly loved her career. While living in D.C., she met the father of her children on a blind date at the age of 20. They married soon after and shared 27 years together. Edie is the proud mother of three children—Lawrence Jr., Lorilee, and Leanna—whom she lovingly describes as miracles and the most important accomplishment of her life. Becoming a mother was always her dream, and she devoted herself wholeheartedly to raising her children. Today, she is also a devoted grandmother to seven grandchildren, whom she absolutely adores.

Known for her warm smile, friendly nature, and contagious happiness, Edie brings joy wherever she goes. Our community at Legacy Village of Murrells Inlet is truly lucky to have her. If you ever need a laugh or a little extra sunshine in your day, just stop by and say hello to Edie—you'll be glad you did.

Celebrations & Milestones

Welcome to our newest residents!

- Maxine Furr
- Patti Mitchell
- Deloris Roberts

Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- Mar. 6: Leona Phelps
- Mar. 17: Gwen Miller
- Mar. 20: Deloris Roberts
- Mar. 28: Eleanor Vilarino

TEAM MEMBER BIRTHDAYS

- Mar. 1: Zaria Baker
- Mar. 12: Meagan Salvo
- Mar. 16: Elandra Cohens
- Mar. 20: Jade Sparrow
- Mar. 28: Tionne Johnson
- Mar. 31: Jessica Fiske

RESIDENT ANNIVERSARIES

- Edith Daniel - 2 years
- Adella McFadden - 2 years



MAY YOUR TROUBLES BE LESS AND YOUR BLESSINGS BE MORE.

IF YOU LOVE WHAT WE DO, PLEASE LEAVE A REVIEW!



legacymurrellsinlet.net/testimonies



JADE SPARROW MARCH WINNER

This month, we are proud to honor Jade Sparrow as the recipient of the Going the Extra Mile award at Legacy Village of Murrells Inlet. Jade exemplifies the highest standards of care and dedication, consistently going above and beyond—not only for our residents but also as a supportive teammate to fellow staff members.

Jade embodies the qualities every Med Tech strives for: professionalism, compassion, and unwavering commitment. Their positive attitude and genuine joy in their work create a comforting and encouraging atmosphere for residents and colleagues alike.

When asked what they love most about working at Legacy Village, Jade's response is simple yet profound: "The residents." This heartfelt motivation shines through in every thoughtful and attentive moment of care they provide.

We are deeply grateful for Jade's kindness, teamwork, and steadfast pursuit of excellence. Thank you, Jade, for your remarkable dedication and for being a vital part of our Legacy Village family.

And as a fun note—if you're ever planning a celebration, you might want to include Jade's favorite treat: crab legs!

"If anyone forces you to go one mile, go with them two miles." Matt 5:41

Submit your nominations in the lobby!



JOIN US FOR
**THE CAROLINA CUP
WATCH PARTY**
MAR | 28 | 10 AM



PLEASE JOIN US FOR
Family Night
**WEDNESDAY, MARCH 11TH
AT 5:00PM**

Welcome
**CHEF
STEPH!**



Matching Boots: 3 & 8

E	K	E	N	I	H	S	N	U	S	H	O	H	A	Q	P	A	I	D	A	I	O	S	O	D	I	U	M
N	Y	E	D	B	T	B	I	Y	D	L	S	Q	L	D	L	R	A	D	A	R	P	R	A	R	N		
O	Z	C	Y	W	O	E	S	W	Z	U	N	G	L	S	F	I	L	E	S	C	H	I	N	A	D		
T	D	T	A	L	L	A	H	A	S	S	E	E	I	P	C	A	S	N	W	E	E	K					
S	C	I	W	H	Y	E	T	Q	L	A	A	G	M		H	E	A	D	Q	U	A	R	T	E	R	S	R
N	S	R	S	Y	M	E	I	B	S	I	X	A	A		O	F	P	L	I	S	H	E	S	I	S	M	
O	H	Q	A	N	K	Q	E	T	N	M	O	N	T	W	G	P	U	B	L	I	S	H	E	S	T		
O	V	E	Y	C	E	F	Q	P	A	G	R	Y	O	S	L	S	I	E	S	S	A	Y					
M	A	U	O	G	I	Y	N	I	I	N	L	Q	R	R													
I	W	N	S	I	Q	M	S	V	E	A	K	G	E														
X	C	A	H	M	S	I	R	U	O	T	N	M	Z	H													
H	R	I	Z	E	V	E	R	G	L	A	D	E	S	T													
G	O	S	N	T	D	Z	R	L	Z	I	N	O	Z	A													
C	Z	R	B	K	Q	T	H	W	C	N	W	D	R	P													

Ever noticed that almost every family has that one recipe nobody can make quite like Grandma did?



Maybe the missing ingredient was never in the cupboard at all.





Quilts OF Valor

VETERANS HENRY JOBE, HARRY FORTUNE, JERRY HUFFNAGEL, & THOMAS GRIGGS WERE PRESENTED WITH THEIR FIRST QUILTS!



EDIE QUITADAMO: A LIFE FILLED WITH HEART AND HARMONY

Edie Quitadamo's story begins far from where she calls home today—she was born in Germany. But when she was just 11 years old, her family made a big move to the Bronx, New York, a place that would shape her spirit and her path in ways she could never have imagined. From the very start, her father was a guiding light. Owning an upholstery shop, he wasn't just a hardworking man; he was a teacher of life's most important lessons. Edie remembers him showing her, day by day, the power of hard work, kindness, and generosity. When asked what lesson from her father has stayed with her the most, Edie's answer is simple but profound: "Always be fair, kind, and work hard for your money so you can enjoy it." Those words have been a compass, steering her through every twist and turn.

Carrying that work ethic and those values into adulthood, Edie carved her own path by opening a hair salon—a perfect fit for someone whose hair always looks effortlessly fabulous. She doesn't just style hair; she brings confidence and care to

everything she touches, showing pride in her work and herself.

Love has been a beautiful thread in Edie's life. She's known the joy of two great loves, Charles and Dom, and is the proud mother of her son Chuck, whose presence fills her days with comfort and pride. Family means the world to Edie. She believes deeply that kindness—being friendly and helpful to those around her—is one of life's most precious callings, and she lives this belief every day.

Edie is a natural when it comes to being with people. She once found joy in the friendly competition of a bowling league, a love she still carries with her today at The Harbor. Watching her "bowl" with that bright smile, you can see how much happiness it brings her. Music is another love, especially the smooth, timeless melodies of Nat King Cole. If you hear soft singing drifting through the halls, there's a good chance it's Edie, sharing her warmth and joy.

With every smile, every kind word, and every moment of joy, Edie lights up our community. Here at Legacy Village of Murrells Inlet, we are truly blessed to know her, to call her family, and to share in the warmth she brings to all of us.

BEADS, BELLY LAUGHS, MARDI GRAS!



TOUCHDOWNS, TREATS, & TEAM SPIRIT



SUPER BOWL Sunday



DANCING, SMILING, & Singing...



LIVE ENTERTAINMENT WITH MARK LION!



Snow PLACE WE'D RATHER BE!



Alzheimer's Support Services

A complimentary support service, designed to complement the care we provide. Schedule today with Dr. Ron Harvard.

LEGACYSL.NET/ALZHEIMERS-SUPPORT

Spring FORWARD
MARCH 8



ACROSS

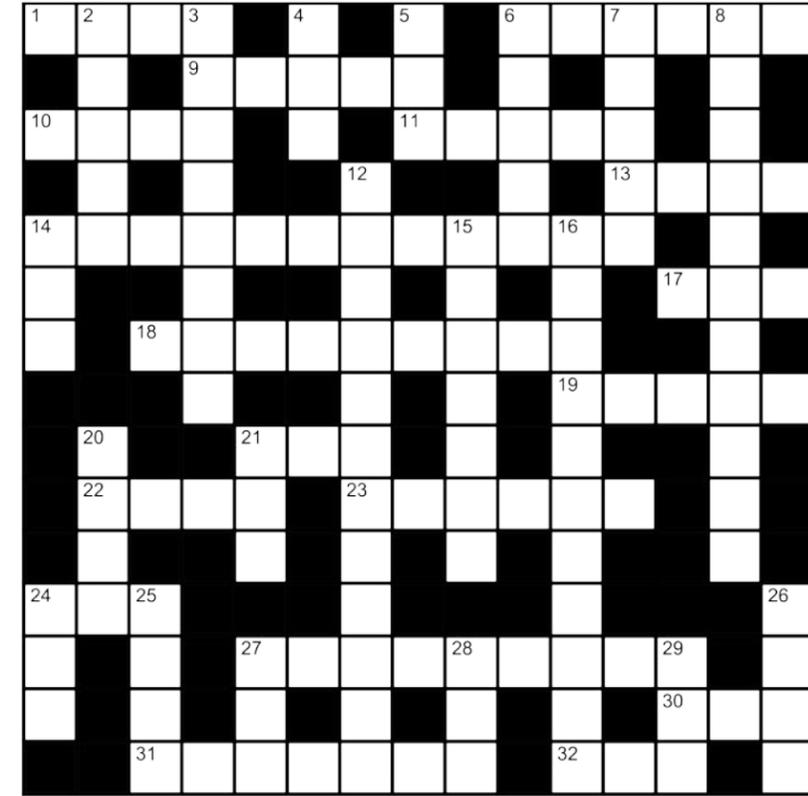
- 1. ____ back: reimbursed
- 6. Salt mineral
- 9. Weather bureau tool
- 10. Walk in a line: single ____
- 11. Fine dinnerware
- 13. TV Guide span
- 14. Company's central office
- 17. Suffix with ideal
- 18. Puts into print
- 19. English exam finale, often
- 21. Best friend forever, abb.
- 22. Skunk's defense
- 23. On the move
- 24. 1950s music genre from Jamaica
- 27. Bringing into being
- 30. Days of ____ Lives
- 31. Study in depth
- 32. Affirmative action?

DOWN

- 2. She falls down a rabbit hole
- 3. Awful; ghastly
- 4. Driver's license and others
- 5. Mythical monster
- 6. Another name for backbone
- 7. Makes a sketch
- 8. Comprehends; grasps
- 12. Adequate
- 14. "Living high on the ____"

- 15. Casual, short-sleeved tops
- 16. Dinner arrangement
- 20. Chopsticks alternative
- 21. Sis's male sibling
- 24. Wild blue yonder
- 25. Operatic solo

- 26. Card between "flop" and "river" in hold 'em
- 27. Cause of sleep disturbance for a princess
- 28. Operate
- 29. Zeus, for one



MATCH THE BLOOMING BOOTS

Find the two sets of boots that are exactly alike



E	K	E	N	I	H	S	N	U	S	H	O	H	A	Q
N	Y	E	D	B	T	B	I	Y	D	L	S	Q	L	D
O	Z	C	Y	W	O	E	S	W	Z	U	N	G	L	S
T	D	T	A	L	L	A	H	A	S	S	E	E	I	P
S	C	I	W	H	I	E	T	Q	L	A	A	A	G	M
N	S	R	S	S	Y	M	E	I	B	S	I	X	A	A
O	H	Q	A	N	K	Q	E	T	N	M	O	N	T	W
O	V	E	Y	C	E	F	Q	P	A	G	R	Y	O	S
M	A	U	O	G	I	Y	N	I	I	N	L	Q	R	R
I	W	N	N	S	I	Q	M	S	V	E	A	K	G	E
X	C	A	H	M	S	I	R	U	O	T	N	M	Z	H
H	R	I	Z	E	V	E	R	G	L	A	D	E	S	T
O	N	S	A	B	A	L	P	A	L	M	O	U	M	N
G	O	S	N	T	D	Z	R	L	Z	I	N	O	Z	A
C	Z	R	B	K	Q	T	H	W	C	N	W	D	R	P

Florida

The words listed can be found vertically, horizontally, diagonally, forward, and backward.



- | | |
|--------------|-------------|
| ALLIGATOR | MOONSTONE |
| BOATING | ORANGE |
| CONCH | ORLANDO |
| DISNEY | PANTHER |
| EVERGLADES | SABAL PALM |
| FISHING | SUNSHINE |
| KEY LIME PIE | SWAMPS |
| MANATEE | TALLAHASSEE |
| MIAMI | TOURISM |

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
10:00 Belin Methodist Church service- AR 10:30 Chair Exercise-T 11:00 Balloon Toss-T 1:00 Catholic Communion-C 2:00 Irish Dancers-DR 3:00 Popcorn and a Movie-C 4:00 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer T 10:15 Shopping Outing 11:00 Resident led cards-AR 1:00 Chair Exercise-AR 1:30 Milkshake Monday-DR 2:30 BINGO- DR 4:00 Walking Club-L 4:30 TLC Visits Activities Room Open <small>Purim Begins</small>	9:30 Morning Pulse/Prayer T 10:30 Chair Exercise-AR 11:00 Crafting with Kim-T 1:00 Simple C Trivia-AR 1:30 Manicures+Music-AR 3:00 Book Club- T 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer T 10:15 Shopping Outing 11:00 Coloring creations- AR 1:00 Chair Exercise-AR 2:00 Resident's meeting with management -DR 3:00 BINGO- DR 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer T 10:00 Service with the Chaplain-C 10:30 Chair Exercise with Fox Rehab- AR 11:00 Armchair travel to Delaware-AR 1:00 Cherry Blossom Craft-AR 3:00 Delaware themed Happy hour- DR	9:30 Morning Pulse/Prayer T 10:30 Prayer Group with Timberlake Baptist Church- C 11:00 Lunch outing to Chick-Fil-La 1:00 Chair Exercise-AR 3:00 Musical Bingo with Joanne-DR 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer-T 11:00 Chair Exercise- AR 1:00 Decades Trivia 2:30 BINGO- DR 4:00 Putt-putt golf- AR 4:30 TLC Visits Activities Room is Open		
10:00 Belin Methodist Church service- AR 10:30 Chair Exercise-T 11:00 Movie Trivia- T 1:00 Catholic Mass-C 2:00 Popcorn and a Movie-C 4:00 TLC Visits Activities Room Open <small>Daylight Saving Time Begins</small>	9:30 Morning Pulse/Prayer 10:15 Shopping Outing 11:00 Coloring creations-AR 1:00 Chair Exercise-AR 1:30 Milkshake Monday-DR 2:30 BINGO- DR 4:00 Walking Club-L 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer 10:30 Chair Exercise-AR 11:00 Flower Arranging with Gentiva- T 1:00 Ireland Trivia/Facts-AR 1:30 Ireland Votive candle Craft/Snack-AR 3:00 Book Club- T 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer T 10:30 Lunch Outing 11:00 Resident led cards-AR 1:00 Chair Exercise-AR 2:30 BINGO- DR 4:00 Walking Club-L 5:00 FAMILY NIGHT! Activities Room Open	9:30 Morning Pulse/Prayer T 10:00 Service w/the Chaplain-C 10:30 Chair Exercise with Fox Rehab- AR 11:00 Armchair travel to Florida-AR 1:00 Orange Volcano- AR 3:00 Happy hour with entertainment from This Boy- DR	9:30 Morning Pulse/Prayer 10:30 Prayer Group with Timberlake Baptist Church- C 11:00 Simple C Trivia- AR 1:00 Chair Exercise-AR 3:00 Pre-Spring Happy hour with Ardent- DR 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer-T 11:00 Chair Exercise- AR 1:00 Butterfly Suncatcher craft- AR 2:30 BINGO- DR 4:00 Tabletop Curling -AR 4:30 TLC Visits Activities Room is Open		
10:00 Belin Methodist Church service- AR 10:30 Chair Exercise-T 11:00 Sing-along songs-T 1:00 Catholic Communion-C 2:00 Garden Club-AR 3:00 Manicures+Music-AR 6:00 Corn Hole Activities Room Open	9:30 Morning Pulse/Prayer 10:15 Shopping Outing 11:00 Resident led cards-AR 1:00 Chair Exercise-AR 1:30 Milkshake Monday-DR 2:30 BINGO- DR 4:00 Walking Club-L 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer 10:30 Chair Exercise-AR 11:00 Crafting with Jennifer-T 1:00 Capture the Leprechaun win a prize-AR 2:00 St. Patrick's Day Party! 3:45 Book Club- T 4:30 TLC Visits <small>St. Patrick's Day</small>	9:30 Morning Pulse/Prayer T 10:15 Shopping Outing 11:00 Free-style crafting- AR 1:00 Chair Exercise-AR 2:30 BINGO- DR 4:00 Walking Club-L 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer T 10:00 Service w/the Chaplain-C 10:30 Chair Exercise with Fox Rehab-AR 11:00 Armchair travel to Georgia-AR 1:00 Field Ball game-BP 3:00 Georgia themed Happy hour- DR	9:30 Morning Pulse/Prayer 10:30 Prayer Group with Timberlake Baptist Church- C 11:00 Chair Exercise- AR 1:00 Outing to the Sky-wheel/Beach 2:30 Popcorn and a movie- C 4:30 TLC Visits Activities Room Open <small>Spring Begins</small>	9:30 Morning Pulse/Prayer-T 11:00 Chair Exercise- AR 1:00 Spring Craft- AR 2:30 BINGO- DR 4:00 Balloon Hockey- AR 4:30 TLC Visits Activities Room is Open		
10:00 Belin Methodist Church service- AR 10:30 Chair Exercise-T 11:00 Would You Rather? T 1:00 Catholic Communion-C 2:00 Popcorn and a movie-C 3:00 Bowling-AR 4:00 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer 10:15 Shopping Outing 11:00 Coloring Creations-AR 1:00 Chair Exercise-AR 1:30 Milkshake Monday-DR 2:30 BINGO- DR 4:00 Walking Club-L 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer T 10:30 Chair Exercise-AR 11:00 Cards with Dave- T 1:00 Simple C Trivia-AR 1:30 Manicures+Music-AR 3:00 Book Club- T 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer T 10:30 Lunch Outing 11:00 Resident led cards-AR 1:00 Chair Exercise-AR 2:30 BINGO- DR 3:30 Bingo Buck Store-AR 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer T 10:00 Service w/the Chaplain-C 10:30 Chair Exercise with Fox Rehab-AR 11:00 Armchair travel to Hawaii-AR 1:00 Chair Luau Exercise-AR 3:00 Hawaiian Happy hour with Live Ukulele performers- DR	9:30 Morning Pulse/Prayer 10:30 Prayer Group with Timberlake Baptist Church- C 11:00 Simple C Trivia- AR 1:00 Chair Exercise-AR 3:00 Themed Bingo/Happy hour- DR 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer-T 10:00 Carolina Cup Watch party! T 1:00 Chair Exercise-AR 2:30 BINGO- DR 4:00 Simple C games-AR 4:30 TLC Visits Activities Room is Open		
10:00 Belin Methodist Church service- AR 10:30 Chair Exercise-T 11:00 Craft with Palms-AR 1:00 Catholic Communion-C 2:00 Garden Club- AR 3:00 Spring and Faith reminiscing circle- C 6:00 Glow in the dark Bingo-T <small>Palm Sunday</small>	9:30 Morning Pulse/Prayer 10:15 Shopping Outing 11:00 Resident led cards-AR 1:00 Chair Exercise-AR 1:30 Milkshake Monday-DR 2:30 BINGO- DR 4:00 Walking Club-L 4:30 TLC Visits Activities Room Open	9:30 Morning Pulse/Prayer 10:30 Chair Exercise-AR 11:00 Cards with Dave- T 1:00 Simple C Trivia-AR 1:30 Manicures+Music-AR 3:00 Book Club- T 4:30 TLC Visits 5:00 Ireland theme dinner Activities Room Open	<h1>March 2026</h1> <h2>ASSISTED LIVING CALENDAR</h2>					

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Belin Methodist church service
10:30 Tabletop curling
11:30 Daily Chronicle talk
1:00 Catholic Communion
2:00 Hydration station/Simple C Activity
3:00 Balloon Hockey
4:00 Can you name 5?
4:30 Sing Along dinner songs
6:00 Chicken Soup for the Soul stories

2
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Trivia
10:30 Armchair travel to Ireland
11:30 Daily Chronicles talk
1:00 Craft from Ireland/Milkshake Monday
2:00 Hydration station/Simple C Activity
3:00 Monday Manicures+Music
4:00 Water coloring
6:00 Ball Toss
Purim Begins

3
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Ball Toss
11:30 Daily Chronicle Talk
1:00 BINGO
2:00 Hydration station/Simple C Activity
3:00 Crafting Creations
4:00 Roll the dice game
4:30 Sing Along dinner songs

4
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Garden Club
11:30 Daily Chronicles talk
1:00 Bowling
2:00 Hydration station/Simple C Activity
3:00 Scenic Drive
4:00 Card sharks- Match game
4:30 Sing Along dinner songs

5
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Armchair travel to Delaware
11:30 Daily Chronicles talk
1:00 BINGO
2:00 Hydration station/Simple C Activity
3:00 Delaware Happy Hour
4:00 Delaware fun facts/Trivia
4:30 Sing Along dinner songs
6:00 Evening exercise/stretching

6
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Group Puzzles
11:30 Daily Chronicles talk
1:00 Corn hole
2:00 Hydration station/Matinee movie
4:00 Reminiscing
4:30 Sing Along dinner songs
6:00 Simple C activities

7
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 BINGO
11:30 Daily Chronicles talk
1:00 Corn hole
2:00 Hydration station/Matinee movie
4:00 Reminiscing
4:30 Sing Along dinner songs
6:00 Simple C activities

8
9:30 Melody in motion
10:00 Hydration station/Belin Methodist church service
10:30 Group Puzzles
11:30 Daily Chronicle talk
1:00 Catholic Communion
2:00 Hydration station/Simple C Activity
3:00 Bowling
4:00 Simple C activities
4:30 Sing Along dinner songs
6:00 Chicken Soup for the Soul stories
Daylight Saving Time Begins

9
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Musical ball toss
11:30 Daily Chronicles talk
1:00 Would you rather/Milkshakes
2:00 Hydration station/Simple C Activity
3:00 Monday Manicures+Music
4:00 Coloring creations-Shamrocks
4:30 Sing Along dinner songs
6:00 Evening exercise/stretching

10
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Bocce ball
11:30 Daily Chronicle Talk
1:00 BINGO
2:00 Hydration station/Simple C Activity
3:00 Collage creations
4:00 Name that tune 1950's
4:30 Sing Along dinner songs

11
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Garden Club
11:30 Daily Chronicles talk
1:00 Putt-putt golf
2:00 Hydration station/Simple C Activity
3:00 Scenic Drive
4:00 Card Sharks- Group War
4:30 Sing Along dinner songs

12
8:30 Breakfast table hello
9:00 Morning Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Armchair travel to Florida
11:30 Daily Chronicles talk
1:00 BINGO
2:00 Hydration station/Simple C Activity
3:00 Florida Happy Hour
4:00 Florida fun facts/Trivia
4:30 Sing Along dinner songs
5:00 Family Night

13
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Parachute game
11:30 Daily Chronicles talk
1:00 Courtyard walk/social
2:00 Hydration station/Simple C Activity
3:00 Talent show/Show and Tell
4:00 Coloring creations
4:30 Sing Along dinner songs

14
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 BINGO
11:30 Daily Chronicles talk
1:00 Volleyball
2:00 Hydration station/Matinee movie
4:00 Name that tune 1960's
4:30 Sing Along dinner songs
6:00 Simple C Activities

15
9:30 Melody in motion
10:00 Hydration station/Belin Methodist church service
10:30 Group Crosswords
11:30 Daily Chronicle talk
1:00 Catholic Communion
2:00 Hydration station/Simple C Activity
3:00 Noodle Ball
4:00 Spot the Difference
4:30 Sing Along dinner songs
6:00 Chicken Soup for the Soul stories

16
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Green Sensory game
11:30 Daily Chronicle Talk
1:00 St. Patrick's Day Craft/Milkshakes
2:00 Hydration station/Simple C Activity
3:00 Find the pot of gold hunt
4:00 Fun with Play-doh
4:30 Sing Along dinner songs

17
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 St. Patrick's Day craft
11:30 Daily Chronicle Talk
1:00 BINGO
2:00 Hydration station/Simple C Activity
3:00 St. Patrick's Day pub crawl
4:00 St. Patrick's Day fun facts
4:30 Sing Along dinner songs
St. Patrick's Day

18
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Garden Club
11:30 Daily Chronicles talk
1:00 Outdoor Bubbles
2:00 Hydration station/Simple C Activity
3:00 Scenic Drive
4:00 Card Sharks- Team Uno
4:30 Sing Along dinner songs

19
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Armchair travel to Georgia
11:30 Daily Chronicles talk
1:00 BINGO
2:00 Hydration station/Simple C Activity
3:00 Georgia Happy Hour
4:00 Georgia fun facts/Trivia
4:30 Sing Along dinner songs
6:00 Evening exercise/stretching

20
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Bowling
11:30 Daily Chronicles talk
1:00 Courtyard walk/social
2:00 Hydration station/Simple C Activity
3:00 Food Creations
4:00 Whiteboard games
4:30 Sing Along dinner songs
Spring Begins

21
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 BINGO
11:30 Daily Chronicles talk
1:00 Ladder Ball
2:00 Hydration station/Matinee movie
4:00 Would you rather?
4:30 Sing Along dinner songs
6:00 Simple C activities

22
9:30 Melody in motion
10:00 Hydration station/Belin Methodist church service
10:30 Crafting creations
11:30 Daily Chronicle talk
1:00 Catholic Communion
2:00 Hydration station/Simple C Activity
3:00 Bocce ball
4:00 Simple C activities
4:30 Sing Along dinner songs
6:00 Chicken Soup for the Soul stories

23
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Find the Tulips
11:30 Daily Chronic Talk
1:00 Spring sun-catcher craft
2:00 Hydration station/Simple C Activity
3:00 Monday Manicures+Music
4:00 True or false?
4:30 Sing Along dinner songs
6:00 Evening exercises/stretching

24
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Putt-putt golf
11:30 Daily Chronicles talk
1:00 BINGO
2:00 Hydration station/Simple C Activity
3:00 Crafting creations
4:00 Reminiscing
4:30 Sing Along dinner songs

25
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Garden Club
11:30 Daily Chronicles talk
1:00 Lawn Darts
2:00 Hydration station/Simple C Activity
3:00 Scenic Drive
4:00 Card sharks- Match game
4:30 Sing Along dinner songs

26
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Armchair travel to Hawaii
11:30 Daily Chronicles talk
1:00 BINGO
2:00 Hydration station/Simple C Activity
3:00 Hawaii Happy Hour/Uks perform
4:00 Hawaii fun facts/Trivia
4:30 Sing Along dinner songs
6:00 Evening exercise/stretching

27
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Corn hole
11:30 Daily Chronicles talk
1:00 Courtyard walk/Social
2:00 Hydration station/Simple C Activity
3:00 Talent show/Show and Tell
4:00 Coloring creations
4:30 Sing Along dinner songs

28
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Carolina cup watch party
10:30 BINGO
11:30 Daily Chronicles talk
1:00 Balls Toss
2:00 Hydration station/Movie Matinee
4:00 Conversation starters game
4:30 Sing Along dinner songs
6:00 Simple C activities

29
9:30 Melody in motion
10:00 Hydration station/Belin Methodist church service
10:30 Whiteboard games
11:30 Daily Chronicle talk
1:00 Catholic Communion
2:00 Hydration station/Simple C Activity
3:00 Corn hole
4:00 Simple C activities
4:30 Sing Along dinner songs
6:00 Chicken Soup for the Soul stories
Palm Sunday

30
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Ladder Ball
11:30 Daily Chronic Talk
1:00 Spring Coloring creations
2:00 Hydration station/Simple C Activity
3:00 Monday Manicures+Music
4:00 Coloring creations
4:30 Sing Along dinner songs
6:00 Evening exercises/stretching

31
8:30 Breakfast table hello
9:00 Daily Chronicle/Walk
9:30 Melody in motion
10:00 Hydration station/Simple C Brain joggers
10:30 Ring Toss
11:30 Daily Chronicles talk
1:00 BINGO
2:00 Hydration station/Simple C Activity
3:00 Easter card making craft
4:00 Ice Breakers
4:30 Sing Along dinner songs

March 2026

The Harbor