

HELPING PEOPLE TRANSITION INTO A PURPOSE-FILLED LIFE

# REFOCUS >>>

## ON RETIREMENT WORKSHOP



### THE PURPOSE

This workshop is designed for pre-retirees and retirees to look at life in a new and exciting way. In a world filled with apathy, loneliness, confusion, and increasing complexity, this workshop will take participants back to the foundational principles of identity, purpose, relationships, and the impact they are called to make in this world.

### COMING IN 2026!

January 8, 15, 22, 29

Marian Room | 9:00 AM to 10:30 AM

Cost: \$30 Per Person Paid by Cash or Check in the Parish Office

(Cost includes a 40% discount provided by the parish)

Register by Friday, January 2 by scanning the QR code or stopping by the Parish Office.



Max Participants: 30

### WHAT'S INCLUDED:

- 4 Group Sessions with Scott Miller, Certified Professional Retirement Coach
- 1 RRW Workbook Per Person
- 1 Value Card Deck Per Household
- 1 Copy of "Retirement Stepping Stones" by Tony Hixon

### SESSION TOPICS:

- Rediscover Your Uniqueness
  - Who Am I?
- Reorient & Repurpose
  - Where Am I Going?
- Social Connections
  - How Will I Get There?
- Leave a Legacy
  - Why is This Important?