

Choosing a Nursing Home Checklist

1

Licensing: Ensure the nursing home is licensed and registered with the respective authorities.

2

Cleanliness: Check if the nursing home is clean and well maintained.

3

Reputation: Look for reviews or ask for recommendations about the nursing home.

4

Staffing: Ensure there is adequate staffing and that patient to staff ratio is good.

5

Location: Make sure the location of the nursing home is accessible and close to family members for ease of visitation.

6

Policies: Understand the nursing home's policies and regulations prior to admission.

7

Specialized care: If your loved one has specific medical conditions, verify if the nursing home provides specialized care.

8

Cost: Get a detailed breakdown of the costs and what is included.

9

Room Set-up: Check if private or shared rooms are available and ensure it's comfortable.

10

Services: Determine what services are provided such as meals, medical care, physical therapy, etc.

Activities: Look for a facility that offers activities and social interactions that could enhance the residents' quality of life.

11

Patient Rights: Make sure the nursing home respects patient rights and freedom.

12

Safety Measures: Look at safety measures in place, like fire alarms, emergency exits, etc.

13

Staff attitude: Pay attention to how the staff interacts with the residents.

14

Medical appointments: Understand how the nursing home handles transportation for medical appointments.

15

Meal quality: Ensure the home provides good quality, nutritious and varied meals.

16

Training: Ask about the staff's training, including emergency and medical training.

17

Emergency policy: Understand their process for handling medical emergencies.

18

Facility visit: Visit the facility at different times to check consistency in staffing and level of care.

19

Regulatory history: Research any history of violations, complaints or sanctions by checking with the regulatory body.

20

NOTES
