

Gentle reminder: When the lights have been lowered, please use this time for silent reflection. The 5:30 PM Vigil and 8:15 AM Sunday Masses are livestreamed.

Welcome to the Church of the Ascension



5TH SUNDAY IN ORDINARY TIME

February 8, 2026

Table of Plenty

Refrain: Come to the feast of heaven and earth! Come to the table of plenty! God will provide for all that we need, here at the table of plenty.

O, come and sit at my table where saints and sinners are friends. I wait to welcome the lost and lonely to share the cup of my love.

My bread will ever sustain you through days of sorrow and woe. My wine will flow like a sea of gladness to flood the depths of your soul.

Text & Music: Dan Schutte, b. 1947 © OCP Publications

Glory to God

Mass of St. Ann

Glory, glory to God in the Highest. Glory, glory
to God in the Highest and on earth peace
to people of good will.

1. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory. Lord God, Heavenly King, O God, almighty Father.
2. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.
3. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ! With the Holy Spirit, in the glory of God the Father!

Ed Bolduc © 1992, 2011 WLP

THE LITURGY OF THE WORD

FIRST READING

Isaiah 58: 7 – 10

Isaiah prophesied: Share bread with the hungry. Shelter the homeless. Clothe the naked. Do not turn away from your own. "Then your light shall break forth like the dawn."

Psalm 112/ The Just Man

Psalm 112: 4 - 5,8 - 9

Nestor

Cantor first time:

The just man _____ is a light _____ in the
dark-ness _____ to the up - right. _____

1. Light shines through the darkness for the upright; he is gracious and merciful and just. Well for the man who is gracious and lends, who conducts his affairs with justice.
2. His heart is steadfast; he shall not fear. Lavishly he gives to the poor; His justice shall endure forever; his horn shall be exalted in glory.

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SECOND READING

1 Corinthians 2: 1 – 5

Paul's teaching did not come from himself but from the convincing power of the Spirit.

GOSPEL ACCLAMATION

GOSPEL

Matthew 5: 13 – 16

Jesus called his disciples the "salt of the earth" and "the light of the world."

HOMILY

PROFESSION OF FAITH

NICENE CREED

I believe in one God, the Father almighty, Maker of heaven and earth, of all things visible and invisible.

I believe in one LORD Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, Begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven (****A SLIGHT BOW****) and by the Holy Spirit was incarnate of the Virgin Mary and became man. (****PLEASE RISE****)

For our sake he was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the LORD, the giver of life, Who proceeds from the Father and the Son, Who with the Father and the Son is adored and glorified, Who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYERS

PRESENTATION OF THE GIFTS

GOD OF THE HUNGRY

Scott Soper



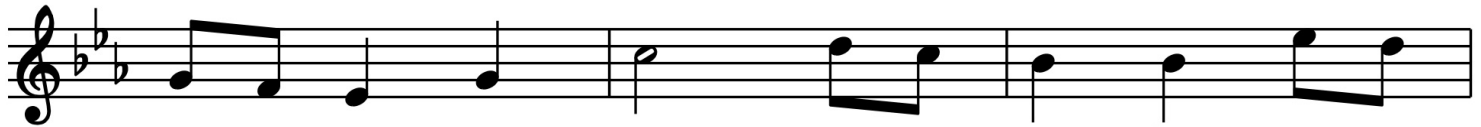
1. God of all the hun-gry mil-lions, God who suf-fers with the
2. God who trav - els with the strang-er, greet-ed by our ap - a -
3. God who loves the sick, the dy - ing, they are pre-cious in your



1. poor, still our greed keeps us from shar-ing with the hun-gry
2. thy, teach us to em-brace all peo-ple; all can live with
3. sight; we will bring them your com-pas-sion, fill their liv-ing



1. at our door. All who thirst will thirst no long - er when we
2. dig - ni - ty. You have bid us clothe the na - ked, bring-ing
3. with your light. God who brings the cap - tive free-dom, free our



1. do as you would do. May we care for all your
2. hope in all we do. May we wel - come all your
3. hearts to love a - new. May we com - fort all your



- 1-3. peo - ple; help us know that they are you.

Text based on Matthew 25:35-40. Text and music © 1989, OCP. All rights reserved.

COMMUNION SONG(S)

The Body of Christ

This is the Body of Christ, beautiful, broken and blessed;
miracle of the greatest of loves, presence of God in our midst.
This is the Cup that he shares, endlessly emptied and poured;
sacrifice made so that we might be saved now and
forevermore.

Refrain: Amen, amen! We are healed by the Bread of life.
Amen, amen! We are one in the Body of Christ. We are one in
the Body of Christ.

This is the Body of Christ, word become flesh by his grace;
miracle of a myst'ry no tongue ever could fully explain. This is
the Blood of the Lamb, gift of a heart open wide; poured from
the Cross to the altar where love comforts and fills and
provides.

This is the Body of Christ, gathered in hope and in faith; bound
by this love, this Body and Blood he offers again and again. All
of the hunger we have, satisfied only by this; so we receive, we
remember, believe and share so that others may live.

I Am the Bread of Life

1. I am the bread of life. You who come to me shall not hunger; and who believe in me shall not thirst. No one can come to me unless the father beckons.

Refrain: And I will raise you up, and I will raise you up,
and I will raise you up on the last day.

2. The bread that I will give is my flesh for the life of the world, and you who eat of this bread, you shall live forever, you shall live forever.
3. Unless you eat of the flesh of the Son of Man and drink of his blood, and drink of his blood, you shall not have life within you.
4. I am the resurrection. I am the life. If you believe in me, even though you die, you shall live forever.
5. Yes, Lord, we believe that you are the Christ, the Son of God, who has come into the world.

Text: John 6; Suzanne Toolan, b. 1927. Tune: BREAD OF LIFE, Irregular with refrain; Suzanne Toolan, b. 1927; acc. By Diana Kodner, b. 1957. © 1966, 1970, 1993, GIA Publications, Inc.

REPOSITION OF THE BLESSED SACRAMENT

The Body of Christ refrain

SENDING FORTH

Lead Me, Lord

Blessed are the poor in spirit, longing for their Lord, for God's coming kingdom shall be theirs. Blessed are the sorrowing, for they shall be consoled, and the meek shall come to rule the world.

Refrain: Lead me, Lord, lead me, Lord, by the light of truth to seek and to find the narrow way. Be my way; be my truth; be my life, my Lord, and lead me, Lord, today.

Blessed are the merciful, for mercy shall be theirs, and the pure in heart shall see their God. Blest are they whose hunger only holiness can fill, for I say they shall be satisfied.

Text: Based on Matthew 5:3–12; 7:7, 13; John 14:6. Text and music © 1987, John D. Becker. Published by OCP. All rights reserved.



Mass Time Change for the 8:15 Mass

Starting February 22, the First Sunday of Lent, the 8:15 AM Mass will begin at 8:30 AM. This will be a permanent change moving forward. Woohoo!

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