

Gentle reminder: When the lights have been lowered, please use this time for silent reflection. The 5:30 PM Vigil and 8:30 AM Sunday Masses are livestreamed.

Welcome to the Church of the Ascension



22ND SUNDAY IN ORDINARY TIME

August 30, 2026

When the lights have been lowered, take a moment to ponder the following questions to quiet your mind and open your heart:

- Who or what do I want to thank God for in my life?
- What sins do I need to confess and seek forgiveness for?
- What struggles and burdens do I need to surrender to the Lord?
- What assistance do I need to face the challenges of the coming week?

This Day God Gives Me

This day God gives me strength of high heaven, Sun and moon shining, flame in my hearth, Flashing of lightning, wind in its swiftness, deeps of the ocean, firmness of earth.

This day God sends me strength as my guardian, might to uphold me, wisdom as guide. Your eyes are watchful, your ears are list'ning, your lips are speaking, friend at my side.

God's way is my way; God's shield is 'round me, God's host defends me, saving from ill. Angels of heaven, drive from me always, all that would harm me, stand by me still.

Text: 55 54 D; ascr. To St. Patrick, 372-466; adapt. By James D. Quinn, SJ, b. 1919 © 1969, James D. Quinn, SJ. Reprinted by permission of Selah Publishing Co., Kingston, NY. Music: BUNESSAN; Trad. Gaelic Melody; © 1990, OCP Publications.

Glory to God *Mass of Renewal*

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen, amen.

THE LITURGY OF THE WORD

FIRST READING

Jeremiah 20: 7 – 9

Jeremiah only reluctantly spoke God's prophetic word. He tried to hold back, but the word burned like fire in his heart.

PSALM 63/ My soul is thirsting for you, O Lord, thirsting for you, my God. My soul is thirsting for you, O Lord, thirsting for you, my God; thirsting for you my God.

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SECOND READING

Romans 12: 1 – 2

Paul urged the Romans to offer their bodies to God as a living sacrifice and not to conform to this age but to be transformed by God.

GOSPEL ACCLAMATION

GOSPEL

Matthew 16: 21 – 27

Jesus said, "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it."

**Please remain standing until the
Book of Gospels is fully enthroned.**

HOMILY

PROFESSION OF FAITH

NICENE CREED

I believe in one God, the Father almighty, Maker of heaven and earth, of all things visible and invisible.

I believe in one LORD Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, Begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven (**A SLIGHT BOW**) and by the Holy Spirit was incarnate of the Virgin Mary and became man. (**PLEASE RISE**)

For our sake he was crucified under Pontius Pilate, He suffered death and was buried and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

I believe in the Holy Spirit, the LORD, the giver of life, Who proceeds from the Father and the Son, Who with the Father and the Son is adored and glorified, Who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins, and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYERS

PRESENTATION OF THE GIFTS

See Us, Lord, About Your Altar

1. See us, Lord, about your altar, Tho' so many we are one;
Many souls by love united In the heart of Christ, your Son.
2. Hear our prayers, O loving Father, Hear in them your Son,
our Lord; Hear him speak our love and worship As we sing
with one accord.
3. Once were seen the blood and water: Now are seen but
bread and wine; Once in human form he suffered, Now
these gifts himself enshrine.
4. Wheat and grape contain the meaning: Food and drink he
is to all; One in him we kneel adoring, Gathered by his
loving call.
5. Hear us yet: so much is needful In our frail, disordered life;
Stay with us and tend our weakness Till that day of no
more strife.
6. Members of his Mystic Body, Now we know our prayer is
heard, Heard by you because your children Have received
th'eternal Word.

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PLEASE REMAIN SEATED AFTER THE SONG

22ND SUNDAY IN ORDINARY TIME

COMMUNION ANTIPHON [I]

Steve Angrisano, Sarah Hart, and Curtis Stephan



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COMMUNION SONG(S)

Come, Follow Me

Refrain: Come, follow me and live; do not be afraid. Believe and trust in me; your faith will give you strength. Leave all your fears behind you; let your heart be free, for I will be your guide. Oh, come and follow me.

1. Come, follow in these footsteps; I'll lead you gently home.
No shelter, food nor money will you need upon this road.
2. Come, walk across the water; place all your faith in me.
Cast all your doubts behind you to the wind and raging sea.
3. If you remain within me, my words remain in you.
Whatever you may ask of me, that is what I will do.

Taste and See

Refrain: Taste and see, taste and see the goodness of the Lord. O, taste and see, taste and see the goodness of the Lord, of the Lord.

I will bless the Lord at all times. His praise shall always be on my lips; my soul shall glory in the Lord for he has been so good to me.

Glorify the Lord with me. Together let us all praise his name. I called the Lord and he answered me; from all my troubles he set me free.

Text: Psalm 34; James E. Moore, Jr., b.1951, © 1983, GIA Publications, Inc.

REPOSITION OF THE BLESSED SACRAMENT

Bread of Angels

Bread of angels, we've received you; with us now abide.
Precious Jesus, manna of ages, with us now reside. Though
unworthy, we've received you, sacrament divine. Bread of
angels, accept our praises, let your glory shine!

English text, Curtis Stephan. Latin text, Panis angelicus by St. Thomas Aquinas, 1227-1274. Music and English text © 2002, Curtis Stephan. Published by OCP. All rights reserved.

SENDING Sing of the Lord's Goodness

Sing of the Lord's goodness, Father of all wisdom, come to him and bless his name. Mercy he has shown us, his love is forever, faithful to the end of days.

Refrain: Come, then, all you nations, sing of your Lord's goodness, melodies of praise and thanks to God. Ring out the Lord's glory, praise him with your music, worship him and bless his name.

Praise him with your singing, praise him with the trumpet, praise God with the lute and harp; praise him with the cymbals, praise him with your dancing, praise God till the end of days.

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