

Gentle reminder: When the lights have been lowered, please use this time for silent reflection. The 5:30 PM Vigil and 8:30 AM Sunday Masses are livestreamed.



Welcome to the
Church of the Ascension
14TH SUNDAY IN ORDINARY TIME
July 5, 2026

For the Healing of the Nations

For the healing of the nations, Lord, we pray with one accord; For a just and equal sharing of the things that earth affords. To a life of love and action, help us rise and pledge our word.

Lead us now, Lord, into freedom, from despair your world release; That redeemed from war and hatred, all may come and go in peace. Show us how, through care and goodness, fear will die and hope increase.

You, creator God, have written Your great name on humankind; For our growing in Your likeness bring the life of Christ to mind: That by our response and service earth its destiny may find.

Glory to God

Mass of Renewal

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen, amen.

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THE LITURGY OF THE WORD

FIRST READING

Zechariah 9: 9 – 10

The prophet foretold the coming of the Savior and king who would proclaim peace to all the nations of the earth.

PSALM 145/ I will praise your name forever,
my king and my God, my king and my God.

Text: Based on Psalm 145:1-2, 8-9, 10, 11, 13-14. Refrains © 1969, 1981, 1997, ICEL. All rights reserved. Used with permission. Music and verses text © 2003, Scott Soper. Published by OCP. All rights reserved.

SECOND READING

Romans 8: 9, 11 – 13

Paul wrote that the Spirit of God lives in all who are Christ's. They should live not according to the flesh but in God's Spirit.

GOSPEL ACCLAMATION

GOSPEL

Matthew 11: 25 – 30

Jesus invited the people, saying "Come to me, all you who labor and are burdened, and I will give you rest."

HOMILY

PROFESSION OF FAITH

NICENE CREED

I believe in one God, the Father almighty, Maker of heaven and earth, of all things visible and invisible.

I believe in one LORD Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, Begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven (**A SLIGHT BOW**) and by the Holy Spirit was incarnate of the Virgin Mary and became man. (**PLEASE RISE**)

CONTINUED

For our sake he was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the LORD, the giver of life, Who proceeds from the Father and the Son, Who with the Father and the Son is adored and glorified, Who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

UNIVERSAL PRAYERS

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PRESENTATION OF THE GIFTS

Freedom Reigns

Verses

Michael Larson



1. Where the Spir - it of the Lord is, there is free - dom.
2. If you're tired and thirst - y,



1. Where the Spir - it of the Lord is, there is free - dom.
2. If you're tired and thirst - y,



1. Lift your eyes to heav - en, there is free - dom.
2. Give your all to Je - sus,

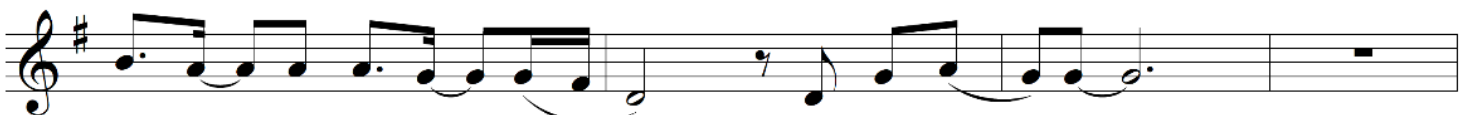


1. Lift your eyes to heav - en, there is free - dom.
2. Give your all to Je - sus,

Refrain



Free-dom reigns in this place, show-ers of mer-cy and grace,



fall - ing on ev - 'ry face there is free - dom.



Je-sus reigns in this place, show-ers of mer-cy and grace.



fall - ing on ev - 'ry face there is free - dom.

14TH SUNDAY IN ORDINARY TIME

COMMUNION ANTIPHON [II]

Steve Angrisano, Sarah Hart, and Curtis Stephan

The image shows two staves of musical notation in G major (one sharp) and 3/4 time. The first staff begins with a repeat sign and contains the lyrics: "Come to me, all who la - bor and are bur - dened,". The second staff continues with the lyrics: "and I will re - fresh you, says the Lord." The music consists of quarter and eighth notes, with some rests and a final double bar line.

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COMMUNION SONG(S)

Prayer of Saint Francis

Make me a channel of your peace. Where there is hatred, let me bring your love. Where there is injury, your pardon Lord. And where there's doubt, true faith in you.

Make me a channel of your peace. Where there's despair in life let me bring hope. Where there is darkness, only light, and where there's sadness ever joy.

O Master, grant that I may never seek so much to be consoled, as to console, to be understood, as to understand, to be loved, as to love, with all my soul.

Make me a channel of your peace. It is in pardoning that we are pardoned, in giving of ourselves that we receive, and in dying that we're born to eternal life.

This Is My Song

This is my song, O God of all the nations, a song of peace for lands afar and mine. This is my home, the country where my heart is; here are my hopes, my dreams, my holy shrine; but other hearts, in other lands are beating with hopes and dreams as true and high as mine.

My country's skies are bluer than the oceans, and sunlight beams on cloverleaf and pine; but other lands have sunlight too, and clover, and skies are everywhere as blue as mine. O hear my song, thou God of all the nations, a song of peace for their land and for mine.

This is my prayer, O LORD of all earth's kingdoms; thy kingdom come; on earth thy will be done. Let Christ be lifted up 'till all shall serve him, and hearts united learn to live as one. O hear my prayer, thou God of all the nations; myself I give thee; let thy will be done.

Text: 11 10 11 10 11 10; Vss. 1, 2: Lloyd Stone; Vs. 3: Georgia Harkness © 1964, Lorenz Corporation. All rights reserved. Used with permission. Music: Jean Sibelius, 1865–1957.

REPOSITION OF THE BLESSED SACRAMENT **Bread of Angels**

Bread of angels, we've received you; with us now abide.
Precious Jesus, manna of ages, with us now reside.
Though unworthy, we've received you, sacrament
divine. Bread of angels, accept our praises, let your
glory shine!

English text, Curtis Stephan. Latin text, Panis angelicus by St. Thomas Aquinas, 1227-1274. Music and English text © 2002, Curtis Stephan. Published by OCP. All rights reserved.

SENDING FORTH

America the Beautiful

O beautiful for spacious skies, for amber waves of grain,
For purple mountain majesties, Above the fruited plain!
America! America! God shed his grace on thee,
and crown thy good with brotherhood from sea to shining sea.

O beautiful for pilgrim feet, whose stern,
impassioned stress, a thoroughfare for freedom beat
across the wilderness! America! America! God mend
thine every flaw, confirm thy soul in self-control, thy
liberty in law.

Text: CMD; Katherine L. Bates, 1859-1929. Music: MATERNA; Samuel A. Ward, 1848-1903.