

Theme from 7 Letters	In the Gospels	References
“I am coming soon / suddenly”	“Be on guard... You do not know when the master is coming... Lest he come suddenly and find you asleep” (Mark 13:33–36)	Rev 2:5, 16; 3:3, 11
“Wake up!”	“Stay awake... What I say to you I say to all: Stay awake” (Mark 13:33–37)	Rev 3:2–3 (Sardis)
False teachers & deception	“Many will come in my name... False christs and false prophets will arise and perform signs... See, I have told you beforehand” (Matt 24:4–5, 11, 24)	Rev 2:2 (Ephesus tests false apostles), 2:20 (Jezebel), 3:9 (synagogue of Satan)
Endurance to the end	“The one who endures to the end will be saved” (Matt 24:13)	2:10 (Smyrna), 2:25–26 (Thyatira), 3:11 (Philadelphia)
Tribulation & hatred	“They will deliver you up to tribulation and put you to death, and you will be hated by all nations for my name’s sake” (Matt 24:9)	2:9–10 (Smyrna), 3:9 (Philadelphia)
“Hold fast what you have”	“See that no one leads you astray... Hold fast what you have heard from the beginning” (John’s epistles echo the Upper Room)	2:25; 3:11
Overcoming & reward	“To the one who conquers”	“In the world you will have tribulation. But take heart; I have overcome the world” (John 16:33)
Eating from the tree of life	“To the one who conquers I will grant to eat of the tree of life”	“I am the bread of life... If anyone eats of this bread, he will live forever” (John 6:48–51)
Hidden manna	“I will give some of the hidden manna”	“I am the living bread that came down from heaven” (John 6:51)
Morning Star	“I will give him the morning star”	“I am the root and the descendant of David, the bright morning star” (Rev 22:16)
Abide in my love	“Return to your first love”	“Abide in my love... These things I have spoken to you, that my joy may be in you” (John 15:9–11)
“He who has an ear”	Repeated seven times in Revelation	“He who has ears to hear, let him hear” – Jesus’ refrain throughout the Gospels