

Athlete Code of Conduct



This Code of Conduct, along with the USA Swimming Code of Conduct, remains in effect for all team-related activities, including practices, meets, events, travel, and any other activities associated with the program. Additionally, anyone, who acts in a manner that would interfere with the activity objectives listed below, will be subject to return home (at the expense of the individual involved) as well as other possible punishments including future status with the club. Note that ALL members involved with a team activity (Coaches, Athletes, and Chaperones) must be members in good-standing with USA Swimming.

- All team members are expected to behave in an exemplary manner. The reputation of the Quince Orchard Swim Academy, the coaching staff and athletes, is dependent on your behavior.
- The coaching staff holds the final word on any rules, regulations, or disciplinary action throughout the team activity.
- I will respect and show courtesy to my teammates and coaches at all times.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my teammates.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- The consumption or usage of any illegal substance of any kind will not be allowed. In addition, any team member found or suspected to be in the presence of others (regardless of team/sport affiliation) partaking in any of the above activities will be subject to the same punishments and probable expulsion from the team.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's administrative team.