

PEPINO MELON

DESCRIPTION

Pepino, also known as pear-melon, is a fruit native to South America. It is characterized by its oval shape, thin yellow to light green skin with purple stripes. The flesh is crisp and juicy, with a mild, slightly sweet flavor.



PURCHASE GUIDE	CONSUMPTION	STORAGE TIP
Look for a pepino melon with smooth, firm skin and no blemishes or bruising. Avoid pepinos that are soft or have soft spots, as this may indicate over-ripening or deterioration.	Wait until the flesh is creamy or slightly pale green before eating. This versatile fruit can be eaten raw. It goes well with other fruits in fruit salads and smoothies, and can be used to prepare light desserts. It can also be served as a starter with cheese or added to drinks to give them a refreshing touch.	To store, place the pepino melon in your refrigerator's crisper drawer, whole or tightly wrapped if cut. Pepino can be stored in the fridge for about 1-2 weeks, but it's best to eat it quickly to maintain its freshness. Avoid freezing, as this can alter its texture and flavor.