

— K A N S A S C I T Y —

MEDICAL SOCIETY & FOUNDATION

NARCAN® Directions *for an Opioid Emergency*

Step 1: **LAY**

- Lay the person on their back and tilt the head up.
- Check for slowed breathing, unresponsiveness, or sleepiness.
 - Yell Wake UP
 - Shake person gently
 - If person is not awake, go to Step 2

Step 2: **SPRAY**

- **Hold** the nasal spray device with your thumb on the bottom of the Narcan™ plunger
- **Insert** the nozzle into either NOSTRIL
- **Press** the plunger firmly to give the 1st dose
1 nasal spray device contains 1 dose

Step 3: **Call**

Call 911 after giving **1st** dose

Step 4: **WATCH & GIVE**

- **WAIT** 2-3 minutes after the 1st dose to give medicine time to work
- If the person wakes up: Go To Step 5
- If the person does not wake up:
 - CONTINUE TO GIVE doses every 2 – 3 minutes until the person wakes up
 - It is safe to keep giving doses

Step 5: **STAY**

- STAY until the ambulance arrives: even if the person wakes up
- GIVE another dose if the person becomes very sleepy again

If a person is not responding or breathing normally, have someone get an AED and begin CPR.