

# **NARCAN<sup>®</sup> Directions** *for an Opioid Emergency*

— K A N S A S   C I T Y —

**MEDICAL SOCIETY & FOUNDATION**

## Step 1: LAY

- Lay the person on their back and tilt the head up.
  - Check for slowed breathing, unresponsiveness, or sleepiness.
    - Yell Wake UP
    - Shake person gently
    - If person is not awake, go to Step 2
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## Step 2: SPRAY

- **Hold** the nasal spray device with your thumb on the bottom of the Narcan™ plunger
- **Insert** the nozzle into either NOSTRIL
- **Press** the plunger firmly to give the 1st dose  
*1 nasal spray device contains 1 dose*

## Step 3: Call

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- **Call 911** after giving **1st** dose

## Step 4: WATCH & GIVE

- **WAIT** 2-3 minutes after the 1st dose to give medicine time to work
- If the person wakes up: Go To Step 5
- If the person does not wake up:
  - **CONTINUE TO GIVE** doses every 2 – 3 minutes until the person wakes up
  - It is safe to keep giving doses

## **Step 5:**

# **STAY**

- STAY until the ambulance arrives: even if the person wakes up
- GIVE another dose if the person becomes very sleepy again

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**If a person is not responding or breathing normally, have someone get an AED and begin CPR.**



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