



*The Foundation*  
for St. Luke's Hospital™



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# THE PHILANTHROPE

The humanitarian investing in our community



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**PHILANTHROPE** is a mid 18th century word from Greek *philanthrōpos*, from *philein* 'to love' + *anthrōpos* 'human being'.

As a small, nonprofit, community-owned hospital in rural Polk County, NC, we survive because of the humanitarian gifts of generous donors—our philanthropes.

Through your goodwill, many in our community are able to realize a better life. And for that, we are forever grateful for your selflessness.

We are currently in the process of raising \$600,000 to bring world-class CT imaging to our rural community by the end of this year. This top-tier GE Revolution Apex CT will be a game changer for our region as it provides new capabilities for our world-class St. Luke's medical providers to offer services such as preventative low-dose CT lung cancer screenings, CT guided prostate biopsies, coronary artery CT angiography (CCTA), and so much more!

When seconds matter, this CT will provide superior image quality of the brain for patients presenting with stroke symptoms and of the heart for someone experiencing sudden chest pain. A whole brain scan can be performed with acute stroke rule out in less than five minutes. Brain tissue of stroke patients can be protected as time is saved between the patient first entering the Emergency Department and treatment being started. For chest pain patients, the unparalleled image quality allows providers to accurately determine if there are heart blockages that require immediate intervention in a Cath Lab or if the patient can stay at St. Luke's for medical treatment.

For patients with long-haul COVID-19 symptoms or respiratory distress, this CT greatly reduces the breath-hold time as the CT rotates faster, diagnoses pulmonary embolisms (PEs) better through the higher resolution chest CT scan, and assists physicians in diagnosing the severity of lung involvement.

For pediatric patients, the need for sedation is greatly reduced as the scan is completed in seconds while also reducing exposure to

unnecessary radiation. Patients with metal hip or knee implants and dental fillings that usually have blurry CT images due to metal artifacts can receive high-definition images as this technology has a built-in metal artifact reduction solution.

Needless to say, this world-class CT has the potential to benefit everyone in our community and enhance the quality of care the St. Luke's medical team is able to provide. You never know when you or your loved one may suddenly experience a medical crisis needing a CT scan. With this GE Revolution Apex CT, you can rest assured that you have available, close to home, right here at St. Luke's, the world's best imaging.

A generous anonymous donor has offered to match up to \$50,000 in donations received before September 30th. This is a golden opportunity for your gift to double! We ask that you please consider being part of this life-saving project today. If you have already given, please accept our heartfelt thanks.

We are inspired by what you've done for others. And because of your benevolence, our community is healthier.

Ben Ellington  
Chair

Amanda Thompson  
Executive Director

## 2022 Board of Trustees – The Foundation for St. Luke's Hospital

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# St. Luke's Men's Health Tune-Up

The first ever Men's Health Tune-Up Event was held at Harmon Field on June 11th and featured a Car, Truck and Bike Show plus a St. Luke's Men's Health Fair. This free community event was made possible by the Ann Jacobs Tom Fund at the Polk County Community Foundation.

Over 100 community members attended the free Health Fair where they received education on a variety of important health and wellness topics such as stroke and heart attack symptom recognition, cardiac disease prevention, mental health awareness, hands only CPR, nutrition, cancer prevention, recommended vaccines, ways to manage chronic pain without narcotics, and body mechanics. PSA tests to check for prostate cancer, skin cancer screenings, and blood pressure checks were provided at no charge to participants.

Thank you St. Luke's providers and staff, Polk County Health Department, Polk County EMS, and State agencies for being a part of this great event. Attendees received a free T-shirt and were entered to win one of the many door prizes. The Foundation wishes to thank the following community businesses for donating door prizes: Advance Auto Parts, Beneficial Foods Organic Grocery, Carolina Chiropractic Plus, Carquest Auto Parts, Columbus Service Center, Durand's Auto Detail, Food Lion, Green River Cycles, Mill Spring Farm Store, O'Reilly Auto Parts, Pierce Tire and Service Center, Spinx, and Tractor Supply,

From classics to new, there were 57 vehicles registered in the Car, Truck, and Bike show. The community enjoyed getting to view the wonderful selection and then voted for their personal favorite in each category.

"We thank everyone for coming out to attend this wonderful event and the over 50 volunteers that made the event possible. We look forward to holding more community health events in the future thanks to the generosity of the Ann Jacobs Tom Fund at Polk County Community Foundation," shared Amanda Thompson, Executive Director of The Foundation for St. Luke's Hospital. ∞



People's Choice for Favorite Car: Rick Hefner and his 1967 Triumph TR4A.



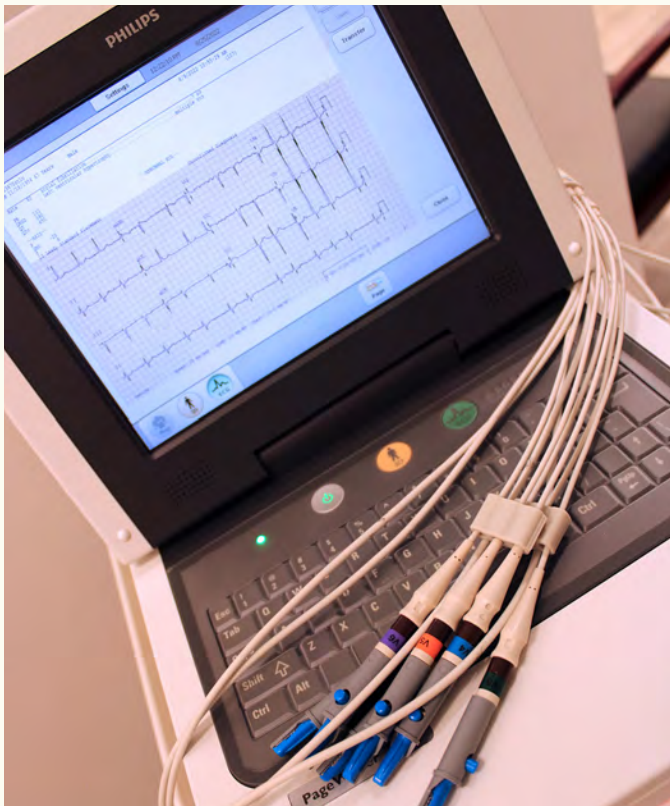
People's Choice for Favorite Truck: Mark Henson and his 1969 Chevy C-10



People's Choice for Favorite Bike: Chris Gilman and his 1936 Harley Davidson VLD




## Grant for New EKG Machine



The Foundation for St. Luke's Hospital was the recent recipient of a \$12,000 grant through the Perry N. Rudnick Endowment, a component fund of Community Foundation of Henderson County, to purchase a new state-of-the-art electrocardiogram (EKG) machine for the St. Luke's Emergency Department.

An EKG is a routine non-invasive test that records the electrical activity of the heart. An ECG is a routine test ordered for individuals with known cardiovascular diseases (CVD), chest pain, shortness of breath, and helps detect undiagnosed CVD.

"With the recent addition of St. Luke's Cardiology, having the latest diagnostic tools is key to our Emergency Department's care of cardiac patients. This new EKG Machine gives us the ability to wirelessly send EKGs directly to our cardiologist and to the patient's chart. This is just another way St. Luke's is improving our level of care to better meet the needs of the patients we serve," stated Gary Brown, St. Luke's Emergency Department Director.

Thank you to the Perry N. Rudnick Endowment for allowing us to purchase this technology that will improve the quality of patient care and the efficiency of hospital staff. 

# The Lavender Room: A New Relaxation Space for St. Luke's Staff



The Foundation for St. Luke's Hospital recently received a \$5,000 grant from the Polk County Community Foundation to create a St. Luke's staff relaxation room called the Lavender Room.

Amanda Thompson, F-SLH Executive Director, shared, "St. Luke's staff have worked incredibly hard caring for our community throughout the pandemic. We recognized the potential of staff burn out from the increased workload and we desired to create a relaxing breakroom where staff could pause for a quiet moment and re-charge."

Polk County Community Foundation awarded the generous funding to show their appreciation for the efforts of St. Luke's Hospital staff. The Lavender Room consists of a massage chair, aromatherapy, music, art, adult coloring books, and a space for stretching exercises.

Tammy Phipps, St. Luke's Patient Financial Counselor, has enjoyed visiting the room before going home after a long workday. She shared, "I'm having knee



Lavender Room Ribbon Cutting at St. Luke's. Pictured L-R: Ben Ellington, F-SLH Board Chair, Don Hofmann-SLH Board Chair, Michelle Fortune, SLH CEO, Sherry Carter-PCCF Board Chair, Sara Bell- PCCF CEO, and Amanda Thompson- F-SLH Executive Director

replacement soon and by the end of the day, I no longer have a pep in my step. I enjoy the massage chair, calming atmosphere of the room, the sound of ocean waves, and the fireplace flicker on the TV screen."

Stephanie Postol, Chief Nursing Officer, shared, "Hospital staff are faced regularly with stressful circumstances that impact their emotional wellbeing. Through the generosity of the Polk County Community Foundation, our staff now have a place to go and reset. From a quick massage to yoga, the Lavender Room is equipped to soothe the mind, body and spirit, providing much needed support for our healthcare heroes."

To learn more about The Foundation for St. Luke's Hospital visit: [www.foundationslh.org](http://www.foundationslh.org).



# Women's Ambassador Group Gather at Parker-Binns Vineyard



The Women's Ambassador Group gathered on May 19th at Parker-Binns Vineyard to learn more about St. Luke's new cardiology program. Dr. Evans Kemp, Director of St. Luke's Cardiology, shared with the crowd the exciting new services he is now providing to include medical cardiology, stress echocardiograms, and transesophageal echocardiograms (TEEs). Dr. Kemp is accepting new patients and appointments can be made by calling 828-894-5627. Dr. Kemp also shared how the Foundation's current campaign to bring world-class CT imaging will benefit St. Luke's Cardiovascular Program.

The top-tier GE Revolution Apex CT scanner will be able to perform Coronary Artery CT angiography (CCTA) which the current CT cannot provide. CCTA is a well proven method for detecting significant coronary artery disease (CAD). CCTA is considered a frontline evaluation for patients seen in the Emergency Department and Hospital with suspicious chest pain symptoms, an abnormal stress test, or other concerns for CAD. It is often difficult to take 'pictures' of the heart since the heart is constantly moving with each beat. Therefore, you need technology that can quickly scan the heart to obtain good and reliable pictures.

The Revolution Apex CT features the latest Fractional Flow Reserve Analysis (FFR) technology which is a software analysis of the heart images to determine if a blockage is clinically significant. This analysis will determine if a patient indeed needs to be transferred to a Cath Lab for heart catheterization and possible stents or that the patient can stay at St. Luke's for their care. When time is critical in the diagnosis of a heart attack, this CT will save lives. This 256-slice CT scanner will allow Dr. Kemp and other providers the ability to provide patients with the most reliable information, diagnosis, and decision making for cardiac health. Having this technology as part of St. Luke's Cardiology will truly make us a world class provider for heart health.

The Women's Ambassador Group educates the community, promotes St. Luke's Hospital, and supports The Foundation for St. Luke's Hospital. If you are interested in joining this special group of women at our next event on September 17th, please call 828-894-2693. ➤

# BRINGING WORLD-CLASS to Rural Polk County



## FREE 3D ANNUAL SCREENING MAMMOGRAMS

Made possible by The Ann Jacob Toms Fund at the Polk County Community Foundation.

To be Eligible you must:

- be uninsured
- be at least 40 years old
- have no current breast issues
- be a Polk County, NC Resident
- not have had a screening mammogram within the last 12 months

**We have one goal:** improve your quality of life.

Call for an appointment  
**(828) 894-0990**  
StLukesNC.org



## Save the Date

PALMER & JERVEY ANNUAL GIVING SOCIETY  
DONATION APPRECIATION GALA

November 17th at 6 PM at Tryon Estates

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Members of the Palmer & Jervey Society make annual gifts totaling \$1,000  
or more during our fiscal year from October - September.

You still have time to join this special group  
by September 30th!

# BRINGING WORLD-CLASS CT to Rural Polk County



## In life or death moments **EVERY SECOND COUNTS!**

When your life is on the line, every second counts. And your doctor needs front-line technology to quickly make the most accurate decisions.

**We're raising funds for the new GE Revolution Apex CT Scanner.**  
Please consider making a tax-deductable gift today at:  
[FoundationSLH.org/Scanner](http://FoundationSLH.org/Scanner)

*"Having this technology as part of St Luke's cardiovascular medicine will truly make us a world-class provider for heart health."*

— Dr. Evans Kemp, St. Luke's Cardiology

**(828) 894-2693**  
[FoundationSLH.org](http://FoundationSLH.org)

89 W. Mills St., Suite B  
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This is a wonderful opportunity  
to have your gift doubled.

An anonymous donor will  
match every dollar donated  
up to \$50,000!

**A World-Class  
CT Challenge**  
through September 30th

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