

**Date:** September 28, 2026

**Release:** Immediate

Contact: Kimberly Ead  
(802) 229-0591



**Washington County Mental Health Services Enthusiastically Welcomes  
New Director of Community Developmental Services, Monica White**

*Barre, VT September 28, 2026* — Washington County Mental Health Services (WCMHS) wants to share with the community the appointment of Monica White as the new WCMHS Director of Community Developmental Services (CDS).

This has been a long and focused search for the right leader, and Monica White is a perfect fit for Washington County and CDS. Her experience, skills, and leadership are so well suited to what CDS and WCMHS need right now. Monica is well known in Vermont's developmental disability services circles. She was the Commissioner of the Vermont Department of Disabilities, Aging and Independent Living (DAIL) from 2021 to 2024, after many years as DAIL's Director of Operations. Along with deep knowledge of Vermont's developmental services system, she brings extensive experience with state government, policy, budgets, regulation, organizational leadership, and systems change. Most recently, Monica was Regional Director for Tri-Valley Transit (TVT), where earlier this year she successfully led her staff through the transition of Central Vermont public transit services from Green Mountain Transit to TVT.

Monica brings the right balance of leadership, expertise, and humanity to guide CDS into the future. "I've had the opportunity to work closely with Monica over the years, she is kind, funny, straightforward, and deeply honest. She brings the kind of integrity I want around the table as we make difficult decisions, and the steadiness and kindness that good leadership requires. I'm genuinely excited to get to work with her again and to see where she and the CDS community take WCMHS," said Beth Sightler, CEO.

Monica shared her enthusiasm, stating that: "Serving our community members who have developmental disabilities is such important work, and I am grateful for the opportunity to join the dedicated team at WCMHS in making a positive difference in the lives of our neighbors here in Central Vermont."

#####

*Washington County Mental Health Services (WCMHS) is a nonprofit organization dedicated to providing comprehensive mental health, substance use, and developmental services to individuals and families in Washington County, Vermont since 1967. WCMHS offers a wide range of support and treatment opportunities for children, adolescents, families, and adults. Call 802-229-0591 for immediate assistance with mental health or substance use crises.*