

TERM TIMETABLE

	MON				TUES				WED				THUR				FRI				SAT				SUN				
Lanes	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lanes
6.00AM									Pool Opens at 6am																				6.15AM
6.30AM																													6.45AM
7.00AM																													7.15AM
7.30AM																													7.45AM
8.00AM																													8.15AM
8.30AM																													8.45AM
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10.00AM																													10.15AM
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11.00AM																													11.15AM
11.30AM																													11.45AM
12 NOON																													12.15PM
12.30PM																													12.45PM
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8.30PM																													
Lanes	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lanes
	MON				TUES				WED				THUR				FRI				SAT				SUN				

All times are subject to change without prior notification, please check noticeboards for pool bookings.

Key		Hydricise		Swimming Lessons		Back In Motion
		Senior Aqua		Paragon Physio		Lanes Available
						Booking

Term Timetable - Current

Lane Availability

		1	2	3	4 (handrail)
Monday					
Whole Pool	6.00am - 9am				
Half Pool	10.00am - 11.30am			unavailable	
Half Pool	12.00 - 2.00pm	unavailable			
3 Lanes	2.00pm-3.00pm	unavailable			
Whole Pool	3.00pm - 3.30pm				
Whole Pool	6.30pm - 7.30pm				
Tuesday					
Whole Pool	6.00am - 9.00am				
Half Pool	9.00am - 12.00noon	unavailable			
Whole Pool	12.00noon - 1.30pm				
Whole Pool	2.30pm - 3.30pm				
Whole Pool	6.30pm - 8.30pm				
Wednesday					
Whole Pool	6.00am - 9.00am				
Half Pool	10.00am - 11.00am	unavailable			
Half Pool	12.00noon - 1.00pm	unavailable			
3 Lanes	1.00pm-3.00pm	unavailable			
Whole Pool	3.00pm - 3.30pm				
Whole Pool	6.30pm - 7.30pm				
Thursday					
Whole Pool	6.00am - 9.00am				
Half Pool	9.00am - 12noon	unavailable			
Whole Pool	12noon - 1.30pm				
Whole Pool	2.30pm - 3.30pm				
Whole Pool	6.30pm - 8.00pm				
Friday					
Whole Pool	6.00am - 9.00am				
Half Pool	10.00am - 11.00am	unavailable			
Half Pool	12.00noon - 1.00pm	unavailable			
Whole Pool	1.00pm - 3.30pm				
Whole Pool	6.30pm - 8.00pm				
Saturday					
Half Pool	12.30pm-1.30pm			unavailable	
Whole Pool	1.30pm - 2.00pm				
Sunday					
Whole Pool	7.30am - 8.30am				
Whole Pool	11.30am - 12.30pm				
3 Lanes	12.30pm-2pm				unavailable
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