



## Hypersexuality Prevention Policy

Date Adopted:	Date of last review:	To be reviewed next before/on:
March 2026	New Policy	September 2026

Phoenix AcroDance Academy (PADA)

Purpose: To ensure that all children and young people at PADA participate in dance in an environment that is safe, age-appropriate, and free from hypersexualisation in any form.

### 1. Policy Statement

PADA is committed to providing a dance education that protects the physical, emotional, and developmental wellbeing of every child. We do not hypersexualise children under any circumstances. This includes choreography, costuming, music, lyrics, studio culture, and performance environments.

### 2. What PADA Defines as Hypersexualisation

Hypersexualisation refers to adult sexual themes, behaviours, or aesthetics imposed on children.

2.1 Choreography: Movements that mimic adult sensuality or sexual acts; grinding, thrusting, twerking; adult-themed storytelling.

2.2 Costuming: Excessively revealing clothing; lingerie-style aesthetics; costumes emphasising body parts.

2.3 Music & Themes: Explicit or suggestive lyrics; adult romance or nightlife themes.

2.4 Environment: Pressure to look older; exposure to inappropriate media; adult aesthetics normalised.

### 3. Why This Matters

Hypersexualised behaviour in children is not developmentally typical and may indicate exposure to inappropriate media, trauma, neurodevelopmental conditions, or sensory-seeking behaviours.

## 4. PADA's Preventative Measures

4.1 Choreography Standards: Age-appropriate, artistic, expressive, free from adult themes.

4.2 Costuming Standards: Appropriate coverage, safe movement, age-appropriate aesthetics.

4.3 Music & Theme Standards: Clean lyrics, themes appropriate for children and young people.

4.4 Studio Culture: No encouragement of adult aesthetics; body confidence without objectification.

## 5. Recognising Concerning Behaviour

Sexualised movements, inappropriate touching, or intense interest in sexual topics are treated as safeguarding concerns.

## 6. Responding to Concerns

Stop behaviour calmly; record concern; inform DSL; communicate with parents; seek professional guidance where needed.

## 7. Parent Partnership

Parents are encouraged to monitor media exposure, discuss boundaries, and collaborate with PADA.

## 8. Review Cycle

This policy is reviewed annually or sooner if guidance or concerns arise.

Phoenix AcroDance Academy staff are responsible for the implementation of this policy and for ensuring that it is reviewed annually and updated as required. **Next Review: September 2026**

Signed R. Walker Date 15/03/26

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